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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Effective Ways You Can Use In Battling Candida Infection

By Charlene J. Nuble

Candidiasis is an infection caused by the over-growing of the fungus called Candida albicans.

These fungus normally grows in the stomach but harmful if found in other parts of the body. This infection is also known as thrush or yeast infection.

Normally it is found in the human stomach as it aids in digestion. If it is found in some parts of the body, it could be a serious sign or symptom of the disease. These are the body parts where Candida albicans could be found:

1. In the male genitals specifically in the prepuce of the uncircumcised man.
2. In the vagina, this is called vaginitis or vaginal irritation.
3. Fold of the skin where diaper is placed, this is called diaper rash.
4. In the oral cavities, this is called oral thrush.

Yeast are normally found in the human body, but it becomes abnormal if it overgrows on a certain parts where it should not even be there. Most women experience yeast infection in their life as Candida albicans can be found on the vagina due to over production of yeast. In pregnant mothers, the use of antibiotics and diabetes can be a cause of candida infection.

You will know if you have candida infection if you will note the following signs and symptoms. In the vagina, you will notice a whitish gray discharge. That sometimes look like cheese or smells like beer or baking soda.

To determine the presense of candia, you can use potassium hydroxide (KOH). A piece or a skin scrap of the affected area is then placed on the slide to be viewed over the microscope. A small amount of KOH is dropped over the slide, the KOH is dissolved by the skin leaving the microorganisms unharmed. You will be seeing the pores of the Candida albicans over the microscope. If it is present in huge numbers, it will suggest yeast infection.

You may then have to rub your skin with a sterile swab. It must also be rubbed over the cultured medium, which will be incubated in a few days. Colonies of yeast may develop which gives a concrete idea of the presence of the disease in the body of the tested specimen.

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Home remedies can treat this infection effectively. You can use the following guidelines to be able to get rid of candida infection:

- The most effective treatment for yeast infection is acidophilus. Acidophilus comes into many forms, such as tablets, caplets, liquid, ointment form and powdered. You can take the treatment orally or topical. Acidophilus ointments are also effective in treating the infection. The duration may take two weeks for your infection to vanish completely.
- You can also use boiled guava leaves as an antiseptic wash for your infected vagina. It has antiseptic properties that effectively removes the bacteria that grow in the skin of your vagina.
- You can also use garlic together with tea tree oil, as it is also a powerful treatment for yeast infection.

This information will be a great help for you to eliminate the infection of yeast in your body. Knowledge about the disease is the most effective tool in treating the infection.

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Charlene J. Nuble 2006. For answers to All your frequently asked questions about candida, please go to:

<http://www.candidaanswers.com/>

Yeast Infections In General And For Baby's (Thrush) And Mothers.

By Pieterneel Van Giersbergen

The traditional cure for yeast/ candida with Nystatin is often not successful. Antibiotics makes thrush and yeast infections worse. Still we want to cure our yeast infections and thrush with a remedy, which has no side effect and is successful in battling yeast/ candida infections (thrush). Thrush is showing up in baby mouths as small white spots and are difficult to remove. Thrush often goes hand in hand with a diaper rash.

Having a baby and having a yeast/ candida infection either when you breast feed or when the baby has thrush (yeast infection in the mouth) or in your digestive system or/ and the female parts yeast/ candida infections are in the rise. There is a simple home test you can do. The candida, yeast spit test. See yeast infection on my website for more information.

Avoid sugar and white flour products. These ingredients are nutrition for yeast and will feed the yeast/candida.

Add acidophilus and or kefir to reestablish a good intestinal flora.

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Avoid stress, stress diminishes your immune system and infections have more changes to manifest in your body.

For babies add some Oil of Oregano on the baby's feet. When you have sore nipples massage the Oil of Oregano on the nipples and take it internally 3–6 drops every 3–6 hours depending on the severity of your infection and do not forget to take acidophilus and or kefir. Oil of Oregano is very strong and needs to be supplement with friendly bacteria which grow in your intestines.

For the diaper rash...try to leave the diaper off as possible for a little while and you of course massage the bottom with Oil of Oregano.

A nice side effect of Oil of Oregano is that it makes your breath smell like Oregano but people will associate it with eating Pizza.

Pieterneel has been an R.N for over 25 years. She develops natural products and writes original articles on preventive health . Her site on natural health products has over 120 articles common sense healing.

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