

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Eight Tips for Working for Someone Else After a Home-Based Business

By Susan Dunn

Eight Tips for Working for Someone Else After a Home-Based Business by Susan Dunn,

MA, Emotional Intelligence Coach & Consultant

It's harder to succeed in a home-based business than the Internet hype might have you believe. If you've decided to go back to work for someone else after some months or years at home, it can be quite an adjustment. Not only must you give up the dream, but you have to accommodate to some real changes.

If not always lucrative, the advantages of working from your home, and for yourself, are legendary, and the adaptation to a 9-5 (ha!) can be monumental.

Here are some ways to prepare yourself:

1. Use the week before to get caught up on household repairs, errands, and groceries. Get up and go to bed on the new schedule.
2. Assemble a workable wardrobe. Gone are the jeans and flip flops. Check on the dress code at your new office, as you may be out-of-touch. Then assemble a wardrobe that's comfortable. If you haven't worn heels all day for a while, don't try it the first day. You don't need blisters! Wear loose-fitting but smart-looking clothes, and layers. The temperature in the office is sure to be different. Bring a sweater you can leave at the office.
3. Do something about your hair. If the joys of home employment included scrunchies or a do-rag, some changes are in order. Get a haircut if need be, or a new hairstyle.
4. Think about your diet. They say every new job is worth 10 lbs, and you don't need that. Whether it's eating lunch out, "Wednesday is Breakfast Taco Day," or the jar of KitKats on the receptionist's desk, you're going to be tempted. Be prepared!

Eight Tips for Working for Someone Else After a Home-Based Business

5. Brush up on your people skills, aka Emotional intelligence. While homeworkers often lament the loneliness of working at home, you may have forgotten what it's like to be with others, and accommodate to other wills. Just as you prepare your child before they head for a birthday party, go over your "manners."

6. Get caught up on your rest. It's not that you weren't working hard and long hours at home, it's that it's going to be different. This is stressful. Resist all urges to party like there's no tomorrow on your last days at home, and rest up instead. You may be entering one of the many understaffed offices in the work place today.

7. Talk to your family and friends. You have a big adjustment coming, and you need support and encouragement. If you don't ask for it, you won't get it. And be specific!

8. Manage your attitude. If your home-based business failed, or failed to live up to your expectations, or simply wore thin, put it behind you. Don't attribute it to anything personal, permanent or pervasive. Focus on what's good in the new situation - structure, camaraderie, a steady paycheck, benefits, and a simpler tax return. There are many successes you've had and will have, and a positive attitude will help you make a success of your new job.

©Susan Dunn, MA, Emotional Intelligence Coach and Consultant, <http://www.susandunn.cc> . Coaching, business programs, Internet courses, teleclasses and ebooks around Emotional Intelligence. [Mailto:sdunn@susandunn.cc](mailto:sdunn@susandunn.cc) for FREE ezine. I train and certify EQ coaches. Email for info on this affordable, fast and effective program with no residency requirement.

Start a Home Based Business

By Darrell Knox

What would it be like to start a home based business? Many people wonder this on Sundays as they dread the beginning of the next work week. The only real problem, and what prevents most people from starting a home based business, is belief that it can be done.

Most people are not cut out for a home based business. This is why most people work for someone else. If we all had home based businesses we'd have no one to serve our meals at restaurants or sing to us at concerts!

So be glad that YOU are looking into starting a home based business because if you choose wisely, there is a lot less competition than there is at a local job fair these days!

The internet makes it very, very easy and inexpensive for people to start a home based business these days. There are thousands of legitimate, valid home based business opportunities out there. And, of course, there are a lot of scams to beware of.

Eight Tips for Working for Someone Else After a Home-Based Business

The best rule to live by is this: If it sounds too good to be true, it absolutely, definitely, positively IS!

Anyone who tells you that you can get something for nothing is a crook. Someone who says "we do all the work" is lying to you. Anyone who tells you that to start a home based business you need thousands of dollars and it should go to them for the privilege, is yanking your chain.

Working for yourself is actually a lot harder work than working for others. Why? Because once you taste success, and you realize that all you have to do to get more sales and make more money is work a little harder, most people work a little harder!

Why, again? Because when you start a home based business, you control your destiny! You get 100% of the profit from all your hard work and you have no boss and no one to answer to. This is an incredible feeling of freedom and peace to 99% of the people who experience it.

No successful home based business person (and there are quite literally thousands of them on the internet) will tell you what they do is "easy." But they WILL tell you they love what they do and would never trade it for anything else.

Whether you end up selling information, services, or hard goods, the one thing to keep in mind when starting a home based business is that you must love the subject, product, or service. You are going to be married to the business for awhile when you start out and you definitely don't want to quit from boredom just before you were about to make some great money!

I have seen this happen many times and it's a sad thing! If you are the kind of person who can motivate yourself and work hard, then start a home based business today and get out from under the thumb of your employer!

Darrell Knox is a writer and entrepreneur with 15 years of home business and marketing experience. Newsletter at

Website:

Start a Home Based Business

Why invest in a home business?

Home Based Business Opportunity

Earn Money Online. The best home based business on the Internet

5 TIPS for Home-Based Business Entrepreneurs

Write Around The World FREE!

Home Remodeling Secrets

GET PAID TO SHOP AND ENJOY FREE HOLIDAYS! – By Avril Harper

Build Your Own Mail Order Empire

Gate Crash into the Interior Design Industry.



This Free E-Book has been brought to you by Natural-Aging.com.

**[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**