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**Menopause, Andropause And Other Hormone Imbalances**  
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**Embellished Resumes – A Real Problem**

**By Sarah Hightower**

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Take the jobseeker in Alabama who, knowing that his IQ was far above average and that in the course of his life had learned valuable skills allowing him to function at a very high level, embellished his resume by adding a doctorate that he had never earned. And knowing that because he had never graduated from college or earned a degree he was forever kept away from the best jobs and the highest salary. So it seemed only a little white lie to add Phd., to the academic credentials on his resume. After all he could talk the talk and walk the walk in his defense industry specialty.

The gentleman was so wrong - in any high security position a background check will be a priority and he, of course, did not survive his. Now, he may have had a good job for a short time, but because of this indiscretion, could be forever ruined in that industry. Fortunately for him, his employer did recognize his value and decided to keep him on and send him to school. This story has a happy ending but it is certainly the exception rather than the rule.

The truth is, lying on your resume is just plain stupid, and ranks right up there with the other 10 most stupid things people do in their lifetimes. In fact, lying at any time is the single act that gets most people in the most trouble – trouble in work, in relationships, trouble everywhere.

If you have weaknesses in your work history, references, or credentials before you lie about it consider that a skilled resume development specialist can assist you in highlighting what you can do, have done, and will do well for an employer. That same specialist can assist you in ways to overcome other weaknesses on your resume such as age and termination.

All employers are looking for the right person to solve a particular problem. Your job is to convince that employer that you are the right person - most employers know that there are very skilled job seekers out there, not all of them with impeccable credentials, and will be willing to overlook certain weaknesses if everything else is in place.

I had the opportunity to work several years ago with an attorney who was let go from a very high-level state government position because a lie he had told on his application 20 years prior had surfaced.

## Embellished Resumes – A Real Problem

None of us want that kind of skeleton to come back and cost us our jobs.

A job application is a document that may never go away, they can remain on a persons record the entire length of their work life. Make sure that you understand how to fill them out properly. Once again a skilled career specialist can assist you in answering questions on an application in the most positive light without dredging up old issues that you may not want to deal with today. Employers will almost always hold an employee responsible for entries on an application regardless of the circumstances.

The bottom line is don't lie about your ability, background or credentials, certainly paint the best possible picture of yourself, but don't go over the line - it just isn't worth it.

### About Chandler Hill Partners

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Today, the success of Chandler Hill Partners comes from the experience, people, technology, and consistent methodologies available to the organizations and the individuals who trust us with their employment needs.

Our sole determination is helping individuals and organizations achieve their employment goals.

With more than 40 locations nationwide, Chandler Hill Partners is the nation's leader in career advancement and job search, providing a wide range of services for job seekers and employers.

Whether you're a CEO or a mid-level professional, Chandler Hill Partners combines solution-oriented services with today's leading technologies to deliver the most effective and fastest job search cycle. Call Chandler Hill Partners Today!

### **Why You Only Really Need Four Sample Resumes**

**By Roger G Clark ( BSc )**

#### **Why You Only Really Need Four Sample Resumes by Roger G Clark ( BSc )**

Any job seeker looking for sample resumes usually doesn't have to look very far. A multitude of sites today are offering free sample resumes on the internet in addition to the avalanche of books that are released each year touting resume examples. With this kind of information overload it can be quite easy for the unsuspecting job seeker to become mired down in sample resumes, moving from one to the next in their pursuit of the `ultimate' professional resume example that will land them the job of their dreams.

That is not to say there are not certain guidelines and tips a job seeker should follow, but there is not a free resume example in the world that will get you the job you want. Only your skills, experience and

determination will land you the job you seek.

Sample resumes do serve a purpose and that is to assist you in placing your information on a resume in the manner that will best market your skills and experience to the employer. In order to do that, you do not need to surf thousands of web pages or study an entire library of books on sample resumes. You simply need to understand the purpose of each of the four basic types of resume and current resume guidelines.

### **Functional Sample Resumes**

In a sample functional resume, the focus is on your skills rather than your work history. This type of format is great for individuals who may not have remained at jobs for long periods of time or for individuals who have held numerous jobs. This type of resume can also work well for individuals who are changing careers and want to shift the focus from their work history and what they may have done in the past to their skills and what they wish to do in the future.

### **Chronological Sample Resumes**

In a chronological resume, the focus is on work history, giving a clear indication of where you have worked and how long you worked there. This type of resume is good for individuals who have had a stable work history and are looking to stay within the same career field.

### **Combination Same Resumes**

In a combination resume, the benefits of the chronological and the functional resumes can be combined in order to emphasize specific transferable skills.

### **Curriculum Vitae Sample Resumes**

A curriculum vitae, or CV resume differs from the chronological and functional resume in that it can be a bit longer and contains information the other two resumes do not such as description of papers written, and related professional and association memberships. This type of resume is geared towards individuals who are applying for work in international firms or in academic fields.

### **Resume Guidelines**

In regards to guidelines, sample resumes usually give the same advice.

- Include an objective statement that is clear, focused and concise.
- Do not include personal information such as marital status and age.
- Focus on accomplishments, not activities.
- Above all, be honest.

## Embellished Resumes – A Real Problem

Roger Clark (BSc) has over 25 years experience in career development & recruitment at a senior level through top management positions he has held with major international companies.

Why You Only Really Need Four Sample Resumes

Sample Resumes

Chronological vs. Functional Resumes – Which To Choose?

Four Steps a Recruiter Takes to Trash CVs and Resumes

Resume Success Factors—What Exactly Is A Resume Anyway?

File Resource Meter Software

Refund Plague Mini–Course

Fixer–Upper Fortunes

Ezine Filter and Format software

Cure Bad Breath

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