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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Embracing Change

By Daniel N. Brown

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I love Jesse Duplantis! He is on TBN every Monday night and if I don't get a chance to tune in I'll tape his show and watch him later.

If you got a chance to see him the other night, you will recall he was talking about embracing change.

Most people that I know hate change. They despise it with a passion. Jesse says people hate change because they are insecure and they are afraid of themselves.

Change is the only thing that is constant. It's gonna happen! The question is not even when? Things are always changing. Jesse says to embrace it. But not only that, but prepare for it. This way, you will be ahead of the curve instead of behind it.

Do you realize that if there is something in life that is stagnant, it's in the process of dying?

Question: What is the next step after ripe? Answer: Rotten. We are either moving forward in life or we are in the process of decay. Did you know the only difference between a rut and a grave is the dirt in your face?

If you truly want to enjoy the abundant and prosperous Christian life you must embrace change. Life is all about change and there is no escaping it.

Who wants to experience a life without a challenge anyway? Be honest. How bored would you be with nothing to strive toward? For me personally, I love change. I get bored easily with the same ole, same ole. Lord, give me something new!

I believe people are the most happy when they are working toward a goal. That's why it is said that success is not a destination to be reached. Success is the journey! And along the journey there will be change.

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God wants you to prosper! But you will not prosper sitting around fearing the inevitable, which is "change." It's coming. Don't wait for it! Go after it before it comes after you! Be ahead of the curve instead of behind it. Seek change, expect it, prepare for it and prosper.

Daniel N. Brown is the publisher of the "Living the Abundant and Prosperous Christian Life" Newsletter. A free weekly publication that teaches how to live the abundant and prosperous Christian life. Receive a free copy of Dan's 14 page report entitled, "5 Biblical Keys to Outrageous Prosperity," when you sign up. www.secretplaceonline.com

Change Your Attitude, Change Your Life

By Mike Moore

If we are the products of our attitudes then it is important for us to examine our attitudes, both positive and negative, to discover the impact they are having on our lives. This is even more important if we are determined to maximize the potential that is ours, a potential which, in the vast majority of us, remains grossly underdeveloped.

Positive attitudes release a power to achieve that will astound you, while negative attitudes severely hamper our becoming the people we are capable of becoming. It become the central task of anyone interested in actualizing their enormous potential to become involved in the process of attitudinal transformation.

Attitudinal transformation takes time, effort and determination but it can be done. Don't expect perfection, just progress. It took a long time to develop negative attitudes and it will take time to transform them. It is also important not to concentrate on more than one or two negative attitudes at once. If you overload your agenda for change you run the risk of becoming discouraged and giving up.

Once you have identified the negative attitude you wish to transform, commit yourself to the process of becoming conscious of that attitude cropping up throughout the day. You will be surprised at how quickly you will become aware of your target attitude. When you are focussed on the attitude, visualize it leaving your body and flying off into the great beyond. Now replace it with a positive attitude and give yourself the suggestion that from now on this will be your dominant thought pattern. Whenever your old negative attitude creeps back into your mind engage this process of thought replacement. Soon the new attitude will become dominant and you will find yourself enjoying its positive power in your life.

Be gentle with yourself when you fall back into the old pattern of thinking. Believe that the change you desire will come more frequently and it will. It might help to remember that human beings use between 2 and ten percent of their mind's potential so you have a huge reservoir of unused potential to help you over any periods of discouragement.

Don't forget to continue to use humour to keep your spirits up and put the entire process in perspective. HUMOUR MAKES GOOD THINGS HAPPEN.

This is an excerpt from Mike Moore's book EMBRACING THE MYSTERY

Embracing Change

Mike Moore is an international speaker on humor and human potential

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