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Evening Full Of Fun And Laugh

By Rehan Husain

Lively music is one of the most important instruments for a successful party. A Teen- Age loves

listening to music. It is also an effective instrument to turn on a shy kid. Let us have a look on how music can make an evening full of fun and laughter.

Boys enjoy this next game because it not only gives them plenty of action but also calls for noises with their vocal chords. The lads were arranged in little circles of three all about the room. A chosen leader gave directions such as "traffic to the right," at which call the little circles turned to the right and kept turning until the leader said, "traffic to the left," when they quickly shifted and started turning to the left.

When the leader called, "beep beep," all the players quickly formed a new circle with two other people. As they did this they all blew their "vocal" horns. While the circles were being changed, the leader stepped in and the boy left over became the new leader. The interest in this game is increased if there is some lively music being played at the same time.

Next the boys played a "Life-Saver Relay." Each player was given a toothpick which he gripped firmly between his front teeth. The group was then divided into two lines. The first player of each team was given a Life Saver which he hung on the toothpick in his mouth. At the word "Go" he transferred the Life Saver to the toothpick of the second line without the use of hands. Of course, the team finishing first was declared the winner.

We had planned the approximate time required for each game so the entire evening would be filled. No time was allowed to drag between games. For refreshments we served the boys' standby ice cream and cake. After refreshments the man of the house took all the guests home.

If your boy is at this difficult age don't hesitate to let him have a party. Plan a full evening of "boisterous" games like those mentioned above and I'm sure that both you and the boys will thoroughly enjoy the party. There was no damage to the house that a vacuum cleaner couldn't repair the next day.

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Five Ways to Sharpen Your Sense of Humor and Improve Your Relationships

By Mike Moore

Humor has long been considered one of the most effective tools to judge the quality of any relationship. If there is laughter present you can be sure the relationship is a healthy one. When the laughter ceases the relationship is on the down slide. If you want to have more fulfilling relationships you might want to consider sharpening your sense of humor as a great place to start.

Here are five ways to improve your sense of humor and improve your relationships in the process.

1. Begin to cultivate an atmosphere of humor and laughter in your relationships by focussing on the funny things in life and enjoying the laughter they evoke. Soon you will be seeing humor all over and enjoying it fully.
2. If you don 't laugh as much as you used to and want to correct the situation start associating with humorous, fun loving people and avoid the downers.
3. Learn to laugh at yourself. If you don't you leave the job to others. So many people are unable to laugh at themselves because of their own insecurities and fears. We are afraid to look foolish in the eyes of others and appear to be incompetent. It is important to realize that we all make mistakes and when we do a good laugh makes the mistake seem trivial and human.
4. Collect cartoons and jokes and put them on display on the fridge or the bulletin board for all to see and enjoy. Make sure to avoid racist, sexist or filthy humor. There is plenty of good clean humor to go around without resorting to these. Remember that there is a difference between dirty and earthy humor. I personally like earthy humor. I don't appreciate dirty material.
5. Use humor to neutralize conflict in your relationships. When things get tense use self deprecating humor to lighten things up. I remember one evening having an argument with my wife, Carol. In the heat of the moment she said something totally out of character. She said something hurtful. In my surprise I looked at her and said, " Carol, when you say things like that you stoop to my level." She started to laugh and so did I. It wasn't long before things were back to normal.

Evening Full Of Fun And Laugh

Remember that a sense of humor is learned, not inherited. You can sharpen your sense of humor if you really want to. When you do, you will find that your relationships become richer and more rewarding and that people find you more attractive and fun to be with. This alone makes improving your sense of humor worth the effort.

Mike Moore is an international speaker/ writer/ cartoonist on humor, motivation and human potential. Visit him at

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