

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Evening Wear Shopping Tips

By "Bridget P. Allen"

Don't let shopping for that special evening dress intimidate you! With a little help, you can start early and find the perfect dress for evening out. Here's how:

Decide on the formality. Is it cocktail or evening attire? Cocktail and evening attire is dressier - think little black dress. Long dresses are reserved for formal black-tie affairs.

The most important feature of your new dress is its style and color. Not every dress works for all body types. Dress to flatter your figure. If you aren't sure what is your best asset, ask a friend or salesperson.

Once you know the type of dress, now choose a style. Instead of going trendy, select a dress that reflects classic, timeless elegance. Here are some styles to choose from.

Halter Dresses are one of the sexiest formal looks around. Several versions exist including a tie-behind-the-neck look. Straps vary in size, width and fabrics. A halter dress draws attention to the upper half of the body including the face, shoulders and bust line. This is great to draw unwanted attention away from the hips and legs. Skip the necklace and opt for earrings when wearing a halter dress.

Cocktail dresses are the most versatile for special occasions. Most opt for the little black dress which is the most popular look for a cocktail. Today, jewel-tones, bright and rich fabrics do well for a short evening dress. Most cocktail dresses can be easily accessorized with pearls, diamond, gold and silver. If you want to hide wide hips, opt for a dress that is strapless or has cap sleeves.

For simplicity, nothing beats a sheath dress. They are flattering with clean lines to keep the dress from overwhelming your figure. The sheath dress can be dressed up or down as the situation dictates. The jacket dress provides more coverage without the fuss of a wrap. The matching dress and jacket is perfect for anniversaries and weddings.

Evening Wear Shopping Tips

Not every figure looks best in a one piece dress. For those hard-to-fit bodies, a dressy separate can do the trick. Choose one special piece and mix it with a solid piece for that special occasion. Off the shoulder dresses instantly shows off lots of skin but not in areas that make you uncomfortable. Accentuate the look with a great necklace piece or brooch.

Bridget Allen has worked for many years in the fashion industry, at a senior level, and she has written an amazing totally free fashionista minicourse that will thrill, entertain, and most importantly educate you about what you absolutely need to know about fashion. Get the free course " Fashionista Essentials" now at

<http://www.i-stylish.com>

5 Tips to Wardrobe Shopping

By Barbara Myers

5 Tips to Wardrobe Shopping by Barbara Myers

Shopping can be a pleasure or a chore. However you look at it, use these five tips to be an effective and organized shopper.

1. Dress well. In order to spend less and buy wisely, dress up in comfortable clothes. It's the same concept as going to the grocery store on a full stomach.
2. Shop with a plan. Know exactly what you need and how much you can spend. Write it down. Create a budget.
3. Keep an ongoing list of needs in your closet. As you dress each morning, make notes of specific items you need to complete outfits such as a wider, brown belt or a white tee with a v-neck.
4. Before you make a purchase ask yourself, "Does this match my wardrobe in terms of color, style and price?
Is this on my needs list? How versatile is this item? How many ways can I wear it?"
5. Shop first at high-end mass merchants, outlet malls, and off-price stores for basics such as tees, shirts and pants. You'll then have more money for seasonal updates such as jackets or accessories.

Barbara Myers is a professional organizer and author of "Manage Your Wardrobe System." Enjoy a free tips booklet and e-zine to help you take control of your time by organizing your life. Visit <http://www.ineedmoretime.com>



This Free E-Book has been brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!