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Explore The Camel Trail In Cornwall

By **WebCottages**

Are you mad about cycling? Recent studies show that you are not alone. In fact, cycling is

becoming increasingly popular in the UK, with Cornwall being named as one of the most idyllic places to experience a cycling holiday. So, why are so many people taking to two wheels?

The most obvious answer that springs to mind is that people are cycling to keep fit and help the environment. A closer look, however, reveals something else: an increase in cycleways and routes. Over the last decade people and charities alike have been working hard to ensure that Britain become a cycle-friendly nation. Not only providing cycle lanes that run alongside roads but also traffic free cycleways. One of the most well-loved cycleways which has come to life in the last few years is the Camel Trail in Cornwall.

The British countryside certainly doesn't get much more breathtaking than the wonderful Cornish landscape and the Camel Trail presents the perfect place to begin an exploration of the fruits Cornwall has to offer. The Camel Trail is a well-loved cycleway, which spans a wonderful piece of Cornish countryside over a distance of 17 miles from Padstow to Poley's Bridge. With approximately 350,000 users per year the Camel Trail is loved by locals and holidaymakers alike as an idyllic way to appreciate Cornish beauty at its best. Established as a cycleway in 2001, this cycleway follows the path of a disused railway line which was built in 1834 and linked London to the south west part of the country.

Cyclists who are intending to use The Camel Trail will find that they are able to hire their bikes from a variety of cycle shops along the cycleway and throughout the general area; including Padstow, Wadebridge and Bodmin. From this wonderful cycleway you will be able to discover a whole host of wildlife and enjoy the wonderful scenes as they unroll before your eyes. Furthermore, if you choose

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The Camel Trail for your cycling holiday in Cornwall you will have the time to explore all the little villages and towns along the way.

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Favourite British Scenic Drives: St Just To St Ives

By Steven Cronin

The barbed Atlantic winds screamed at me relentlessly, penetrating the bones and drowning the songs of seabirds. Cape Cornwall stood defiantly in the face of the mighty Atlantic Ocean, sculptured over time by driving currents, wind and rain.

Cape Cornwall lies in the far west of county Cornwall, deep in the south–westerly reaches of England. Standing sentry against the intensity of the Atlantic, Cape Cornwall guards the town of St Just from the worst of the elements.

St Just is the last major town in England before the shipping graveyard of Land's End and its treacherous stretch of rugged coastline. A delightful little town, St Just is just minutes from the ancient monument site of Carn Gluze on the Penwith Heritage Coast.

Travelling north from St Just along the B3306, you soon descend a steep gradient before passing through the sleepy little village of Botallack. A little further is the enchanting Pendeen, home to the old Geevor Tin Mines, offering a glimpse of days gone by and unenviable working practises.

Pendeen Watch stands at the head of the shore, embedding you amongst the jagged Cornish coastline at the mercy of the elements and Atlantic Ocean. The South West Coast Path provides opportunity to explore more of the seacoast.

The coastal road continued northeast through Morvah village and the excellent coastal observation post Gurnards Head, before the panorama broadened to incorporate a vast expanse of land slowly descend as it approached the sea.

Vibrant coloured plants and shrubs blanketed the ground as they raced across the decline towards the towering cliff tops, stopping suddenly at the edge to observe the high seas. A fusion of scents emanated from the vast array of flowers swaying in the ocean breeze.

The narrow road continued to twist and turn slowly through the pretty Cornish countryside. The monopoly of fields and shrubs rescinded upon arrival of Zennor. Calm and peaceful, this serene village

seemed the perfect antidote to the rigours of modern day city living.

A steep downhill gradient preceded the final approach to St Ives with its tight cobbled streets and busy harbour. The land began to rise again as the town neared. Tantalising glimpses of St Ives Bay and a glut of sailing vessels suddenly emerged between breaks in the houses.

The steep descent through cramped streets became a battle of wills with pedestrians; everybody fought for the same space. A fortunate place in the harbour car park left me gazing into the Atlantic. The wind had now relented; all was calm again.

Steven Cronin owns the City Breaks website featuring city break special offers from luxury hotels to budget accommodations. For more information please visit

<http://www.sargas.co.uk>

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