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Exploring the Universe with Dr. Norio Kaifu

By Gayle Olson

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During 1998 we were fortunate to attend a dinner hosted by the Japanese Chamber of Commerce and Industry of Hawaii, featuring a lecture by Dr. Norio Kaifu. Professor Kaifu is the director of the Subaru Telescope, National Astronomical Observatory of Japan (NAOJ) and has held the position as vice president of the International Astronomical Union (IAU) since 1997. A specialist in radio astronomy, infrared astronomy and interstellar matter, Dr. Kaifu has published some 100 papers on astronomy in addition to 15 popular science books. Before joining the Subaru in 1990, he was a director, a professor and an associate professor at the Nobeyama Radio Observatory, and a senior research associate in the Faculty of Science at the University of Tokyo. As an amateur backyard astronomer we were delighted to learn of the possibilities this new telescope will bring to the exploration of universal knowledge.

Dr. Kaifu shared his views about the design of the new telescope, cylindrical in shape, rather than dome, it can be more optimal for wind resistance. The 8-meter diameter glass mirror is only 8 inches thick and has taken six years to construct and polish. The mirror is controlled by two Fujitsu parallel computers, with the largest memory capacity in the world with 261 supporting structures. 100 times per second the computer adjusts the mirror to counteract the atmospheric turbulence, which we see as twinkling stars. The mirror can be controlled by the computer by each second, to obtain the best view of the deeper universe. Mauna Kea was chosen as a location for the new Japanese telescope because of the stable weather and easy access.

What will the new telescope discover? Astronomer's will be using the telescope to study the history of our galaxy and answer questions as to how life was created in the universe. New planets may be discovered, possibly including planets which support life. They will be looking as far as possible into deep space and looking back in time. Light from the most distant objects have been travelling for billions of years, they may even be able to catch sight of the end of the universe. The Subaru will be beneficial to the science of astronomy as all data will be shared with astronomers worldwide. The economic spinoffs and technology have greatly enhanced the Island of Hawaii.

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Challenge the Universe ... Demand your Desires!

By Edward B. Toupin

There have been so many times in my life where I have run into a series of obstacles that never seemed to stop. I could handle each and every one, but after a while, I would grow weary and want it all to come to an end so I could return to a reasonable life.

Over the years, I've learned that I can't just hope for positive change, I have to demand it and act on it. This approach is has nothing to do with affirmations or affirm-actions. It consists of simply telling the Universe what I want and having it show me the signs that all is well.

Many people feel that they are victims of their god and the Universe; however, we are our own gods. We are our souls, our essence, and our spiritual deity. In the end, we allow ourselves to become victims of ourselves, our beliefs, and our own inability to accept responsibility for our actions.

Putting a challenge to the Universe opens the ears of the multitude of other entities that exist to begin placing situations in motion to achieve your desires, if it is for the overall good. You can fight it and continue down your path, but it will be a hard won fight.

At one time, I was at my lowest possible point in my life. At that point, I challenged the Universe for 10 positive events in my life to show me that this all wasn't just a waste of time. In a matter of two weeks, things began to unfold in front of me. Now, I challenge the Universe often and I work with it to manifest my desires and achieve my goals.

Whatever you desire, you can manifest by issuing a challenge to the Universe, your god, or whatever deity you worship. But, in the end, you are only challenging yourself to achieve those things in your life that you desire.

Edward B. Toupin is an author, publisher, life-strategy coach, counselor, Reiki Master, technical writer, and PhD Candidate living in Las Vegas, NV. Among other things, he authors books, articles, and screenplays on topics ranging from career success through life organization and fulfillment. Check out some of his recent print and electronic books as well as his articles covering various life-changing topics!

For more information, and to find out about his upcoming title on book publishing, e-mail Edward at etoupin@toupin.com or visit his site at

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