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**Exposing the Damage: TV and Kids**

**By Mark Brandenburg MA, CPCC**

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There are millions of young children in this country who are being horribly mistreated by their parents.

These parents aren't physically abusing their young children, and they may not even know that they're mistreating them.

The mistreatment?

Millions of kids under the age of two are watching TV in this country. In fact, according to a study by the Kaiser Family Foundation of over 1,000 parents, about 65% of kids under age two are watching TV, and they're averaging over two hours of watching a day.

They're watching even though the American Academy of Pediatrics recommends no TV for kids under age two. They're watching even though this is a crucial period for their cognitive development, at an age when their brains are still being formed.

And the news for these kids just got worse.

Scientists at Children's Hospital & Regional Medical Center in Seattle who studied over 2,500 children found a link between early TV watching and attention problems at a later age.

Specifically, the chances of one and three-year-old kids developing attention problems at age seven increased by 10% for every hour of TV watched each day.

The information from these two studies creates a chilling picture of what's happening to millions of toddlers in this country. It's unfair, immoral, and unjust, and it needs to be addressed.

But you won't see an outcry from the mass media

giants in this country. You see, we live in the country where "Why TV is Good for Kids" appeared as the cover story in Newsweek Magazine in 2002. The same Newsweek Magazine that's owned by the Washington Post Company, which owns a sprawling cable company and six broadcast stations around the country.

No, you won't hear too much about these important studies from the Time-Warners of the world. Bad for business, you see.

But if you're the parent of a young child, you need to know this information.

There are about nine million children who take prescription medication for ADHD in this country. The number of kids who take ADHD medication has been doubling every two years. And while TV certainly isn't the culprit in all of these cases, the link between the number of attention problems and the amount of TV watched is undeniable.

The days of the "harmless" argument for TV and kids needs to be put to rest. Parents need to be educated about the very real possibility of causing future attention problems with their kids.

And young kids across this country need to be given a fighting chance.

Mark Brandenburg MA, CPCC, coaches men to be better fathers and husbands. He is the author of "25 Secrets of Emotionally Intelligent Fathers" <http://www.markbrandenburg.com/father.htm>. Sign up for

his FREE bi-weekly newsletter, "Dads, Don't Fix Your Kids," at <http://www.markbrandenburg.com>.

## **Understanding Kids With Cerebral Palsy**

**By Low Jeremy**

Do you have a kid with Cerebral Palsy? Do you want to know how to care for kids with Cerebral Palsy?

If you answered yes, continue reading this article in order to have a much clearer view about the disorder.

Cerebral Palsy is a kind of brain damage that usually occurs before, during, and after birth. This condition will often last a lifetime and there is really no cure for this condition. There are available therapies and medications that can make life a lot easier to patients with Cerebral Palsy.

However, since this disability affects the brain, there is no cure for this condition. So, you have to know how to adjust and care for these children in order to make their life and also yours a little bit easier.

There are several kinds of Cerebral Palsy that can be characterized by loss of motor skills or loss of nerve functions. Some severe cases of Cerebral Palsy will make all limbs useless.

There is no clear cause of Cerebral Palsy. But in some cases, Cerebral Palsy can be caused by medical malpractice during the birth of the baby. Insufficient health care or mishandling the baby can cause brain damage to infants even if they are still on the womb. With this, you can file a lawsuit against the doctor or the health institution to get the proper compensation you need in order to cope with Cerebral Palsy kids.

Kids with Cerebral Palsy require special care and a lot of money for medical treatments and therapies. If you don't have the financial capability, you can always seek help with charity organizations that specializes in Cerebral Palsy kids. These organizations can help you with financial and emotional needs. They will be more than willing to help you with your situation.

If you think Cerebral Palsy in your kid was caused by medical malpractice, you can always seek the help of Cerebral Palsy attorneys. These people specializes with Cerebral Palsy cases and can really help you get the compensation you need in order to get the financial support that you will use in order to treat your children or at least make their lives more normal.

Children with Cerebral Palsy also need education. There are some schools that are specially made for kids with Cerebral Palsy that knows how to care and educate these kinds of kids.

You can easily inquire in the internet about the special educational program and enroll them in the school.

Some Cerebral Palsy kids have difficulty in speech. These special schools can really help with the

development of your child's growth even if he or she has Cerebral Palsy.

Always remember that there are ways to make your kid's life a bit easier to live and also yours if your kid has Cerebral Palsy.

This content is provided by Low Jeremy. It may be used only in its entirety with all links included. For more information on cerebral palsy, what causes it & where to get advice, please visit



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