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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Fabulous and Frugal Gifts for Mom

By Cyndi Roberts

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What to do? Mother's Day is just around the corner and there's just no money in the budget for gifts. Not to worry! Just look over this list of inexpensive gifts to buy or make and you'll be all set. These budget ideas with a lot of heart can mean more than 2 dozen red roses to a mom!

1. Bring your mom a bouquet of flowers from your own garden. Use a vase you have saved from a time when you received flowers from a florist or spend a little on a pretty new vase. Tie a ribbon or raffia bow around it and add a card (make it yourself on your computer) and your gift is ready!
2. Buy a single bloom at the florist. The florist in our town will put one carnation, daisy or other flower in a bud vase along with a little baby's breath and add a bow for around \$5.00. And they will deliver.
3. Give your mom an afternoon with you! Not with your kids or spouse along, just you. How long has it been since you spent uninterrupted time with her? Look at old pictures, reminisce, or go window-shopping, whatever. The point is just being together.

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4. Make your mom's favorite dessert and present it to her along with a gift certificate for a homemade dessert once a month. Especially if your mom lives alone, this can really be a treat.
5. If your mom is elderly or lives alone, give her the gift of a Saturday spent doing things around her house. Such as washing her windows, changing light bulbs and air conditioner filters, working in her yard, hauling away trash, anything she finds it difficult to do for herself anymore.
6. Gift baskets are always fun for the recipient and

the giver, too. Fill a pretty basket with things you make, cookie mixes, dried herbs, needlework, a mug filled with a couple of specialty tea bags. Line the basket with a lacy doily or napkin, add a raffia bow and you have a great gift any mother will love.

7. If a card is just all you can do this year, make it really special. Have everyone in the family write a little note; toddlers who can't write yet can draw a picture.

With a little imagination, you can create a gift your mother will be elated to receive! And she'll wonder what you'll come up with next year!

Life began with waking up and loving my mother's face.
– George Eliot, English novelist

Cyndi Roberts is the editor of the bi-weekly newsletter "1 Frugal Friend 2 Another", bringing you practical, money-saving tips, recipes and ideas. Visit her online at <http://www.cynroberts.com> to subscribe and receive the Free e-course, "Taming the Monster Grocery Bill".

Perfect Gifts For Mother's Day

By Francesca

Mother's day is almost here and I urge you to start thinking about unique gift ideas for your mom. There is only one day each year when we can really thank our mother for all the effort and love she has given to us. Lets do it right. Lets give her the perfect gifts for mother's day.

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I know many people that join the birth day gift for mom with the mother's day gift. Don't do it. She deserves the two gifts. And you could always find a gift to buy her. After all, she is a woman.

My first suggestion would be to put aside for a few moments the tax and gift cost. Try to think your mother wants or what she needs. No body knows your mother better than you. For example, my mother loves everything related to cats. She has a huge cat collection of cats statues and I get her a new one each year - I admit cat lover gifts are easy to find.

If you have figured out what your mother would like as a mothers day gift, decide on your budget and start searching for it. Start looking for the best gift as early as possible. This way, you will be able to make a comprehensive market research and buy the best gift at the best price.

If you haven't thought of a specific gift to buy for mother's day, do one of the following, and I guarantee you will find a gift for your mom:

1. Search for gift ideas in online gift stores. Try searching for: "gifts for mom" or "personalized unique gifts"
2. There are several gifts which will always be perfect gifts for mother's day. These are Jewelry, picture frames, bath spa gift baskets, designer diamond pendants, american express gift cards and visa gift card.

Our experts have a made a research to find the best online gift store. Find the results on

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