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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Face Check Up**

**By Kathy Thompson**

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Mirror, Mirror on the wall, who's the healthiest of them all? Here is your handy-dandy checklist for a healthy you. Discover how your face reveals your health.

- \_\_\_1. If you see 12 bloodshot lines in the whites of the eyes, your internal organs are getting weak.
- \_\_\_2. If the lines in the white of the eyes end in small spots, there is hardening and stagnation in the circulation of the blood. \_\_\_3. If the pupil of the eye is a yellowish color like mucos, it is due to the malfunction of the gall bladder.
- \_\_\_4. If the pupil of the eye is a black shade, it shows trouble in the kidneys.
- \_\_\_5. If the pupil of the eye is a purple or green shade anywhere on the eyes, it is very dangerous.
- \_\_\_6. If the pupil of the eye is a dark brown shade, it shows that the internal organs are becoming harder and inflexible.
- \_\_\_7. If there is a horizontal wrinkle across the groove under the nose, there is weakness in the sexual organs.
- \_\_\_8. If the lips are swollen, the digestive tract is swollen, and there is a tendency towards constipation.
- \_\_\_9. Baldness is a sign that the internal organs are becoming weak.
- \_\_\_10. Skin that has a reddish tinge is a sign that the heart is overworked.
- \_\_\_11. Brownish skin areas is generally a sign of trouble in the liver and gall bladder.

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- \_\_\_12. Yellow skin areas indicate problems with the pancreas, liver, and gall bladder.
- \_\_\_13. Greenish skin is seldom seen, but if it is on the sides of the face, it could indicate lung cancer or too much sugar. It could turn the skin to blue or purple, a very dangerous sign.
- \_\_\_14. Purplish color on the nose may indicate a very expanded heart and high blood pressure.
- \_\_\_15. Black spots or dots are associated with kidney problems.
- \_\_\_16. A crease on right earlobe can indicate heart problems.
- \_\_\_17. For lung problems, look to the nose for any discoloration.
- \_\_\_18. For spleen problems, check for any discoloration on the inside of the eyes just below the eyebrows.
- \_\_\_19. For kidney problems, check for any discoloration just under the eyes.

Remember, these are only signals that MAY occur. Consult your doctor for any concerned areas.

Kathy Thompson is a Writer, Speaker, Profiler, who helps people succeed in their lives with her FREE weekly ezine; "Face Up To It – You Can." For a FREE sample send a blank email to;

. Or contact Kathy at;

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With 8 years of teaching and 15 years in Toastmasters, Kathy Thompson really enjoys writing and speaking. She has a B. S. in Business Communications and has taught her programs around the country at various businesses and Adult Education Centers.

She writes and speaks about Health, Personal Communications (writing & speaking), and her unique specialty of "Face Reading" has brought her plenty of media attention.

Kathy's goal is to help you be all you can be and reach your potential. Reach her at:  
writing4u@words4-u.com

## **Glossary Of Poker Terms – Part 2**

**By Eric Madsen**

Call: When a player matches the prior bet on the table, that action is termed the call.

Cap: The last permitted raise in a betting round is called the cap. We allow three raises beyond the

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initial bet in limit games. The third raise is the cap.

**Check:** If there is no bet on the table and you do not wish to place a bet, that action is termed a check. You may only check when there are no pending bets.

**Client:** The term for the software that you download to your computer, allowing you to interact with the poker room's servers.

**Collusion:** A form of cheating where two or more players attempt to gain an unfair advantage by sharing information. We do not tolerate cheating.

**Community Cards:** Face up cards on the table that are shared by all players are termed community cards. Texas Hold'em and Omaha always have community cards. In stud games, a community card is dealt in place of the last down card when too few cards remain in the deck for each player to receive a down card.

**Dead Blind:** In a situation where you have missed your blinds and wish to re-enter the game before your turn to post the big blind. You must post both blinds and the small blind is termed a dead blind, meaning it does not count towards calling a bet.

**Dead Hand:** A hand no longer in the game.

**Door Card:** The first face-up card dealt with the two down cards in 7 Card Stud games.

**Down Cards:** The face-down cards dealt to a player.

**Drawing Dead:** This describes the situation when a player is trying to draw a card to complete a hand when there is already a hand that will beat it, even if made.

**Drop:** To drop your hand when you decide not to go further with your hand; to return your cards to the muck. Same as fold.

**Face Down:** Dealt cards that are not visible to other players.

**Face Up:** Dealt cards that are visible to all players.

**Fifth Street:** The term for the fifth card in 7 Card Stud and the fifth board card in Hold'em.

**Flop:** In Texas Hold'em, the set of 3 face-up community cards; the first three cards on the board, all dealt at the same time.

**Flush:** Any 5 cards in one hand that are all the same suit.

**Fold:** Withdraw from further participation in the current hand. Also see drop.

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**Forced Bet:** A mandatory bet. In certain games, a player is required to bet, having sat-in the game. Also see bring-in.

**Four of a Kind:** A great hand ... all 4 of one rank. For example, 4 Tens.

For more poker information go to

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