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Facts About Schizophrenia Research

By John Conrad

Schizophrenia, a brain illness, a mental disorder, is considered one of the top 10 causes of disability worldwide. Because of that, many studies are about what cause schizophrenia. It is an important disease of our days, and gain more and more interest with every day. Many connections were tried with many and various diseases, many theories felled apart and many seems that might sow something that could give us hope.

The problem is that to make this studies is important to have a large area of research, many patients to study, many trained personal, special medical centers that must be very well equipped with high class technology machines, in conclusion involves many, many people and money. And most important of all, it needs a long period of time to do such studies, because the illness evolves very slow.

Schizophrenia is similar in several autoimmune illnesses and disorders like multiple sclerosis and amyotrophic lateral sclerosis. Like the autoimmune diseases, schizophrenia is not present at birth but develops during adolescence or young adulthood. It comes and goes in cycles of remission and relapse, and it runs in families. Because of these similarities, scientists suspect schizophrenia could fall into the autoimmune category.

The studies are telling that the patients with autoimmune diseases such as interstitial cystitis, Sjogren syndrome, celiac disease, thyrotoxicosis and acquired hemolytic anemia had a 50% higher risk of schizophrenia.

Some scientists think genetics, autoimmune illness and viral infections combine to cause schizophrenia. The genes of people with schizophrenia may tell the immune system to attack the brain after a viral infection. This theory is supported by the discovery that the blood of people with schizophrenia contains antibodies (immune system cells) specific to the brain.

By now, nothing is secure, but the research are continuing.

Visit my

Schizophrenia

website for more information on this subject. Also, don't forget to check out the

Symptoms Of Schizophrenia

page.

Stigma Still Getting In The Way Of Treatment

By News Canada

(NC)—Mental illness is something that many people still talk about in hushed voices. Those afflicted are frequently embarrassed about their condition, worrying that they will be seen as 'weak' or that others will somehow think less of them. Unfortunately this stigma often stands in the way of open dialogue and understanding. As a result, many sufferers go untreated and/or are subjected to ridicule and discrimination.

Given that so many suffer from mental illness, it's ironic that so few are willing to openly discuss it, and that many still considered the affliction to be 'abnormal'. Here are some more mental health eye-openers:

Major depression is now the world's leading cause of disability

The treatment success rate for schizophrenia is 60 percent, 65 percent for major depression, and 80 percent for bipolar disorder. This compares favorably to rates for heart disease of only 40 – 50 per cent

Stigma and fear still prevent many from seeking out appropriate care.

The media and popular culture continues to discriminate against people with mental illness by painting them as crazed and dangerous, or focusing on isolated violent incidents. The facts, however, prove otherwise. For example, those who suffer from schizophrenia are no more prone to violent behavior than any other member of the general population.

Early intervention and identification of mental illness can help prevent decades of suffering for both patients and families.

For more facts about mental illness and how a book called "Catch a Falling Star: A Tale from the Iris the Dragon Series" is helping parents identify and understand early onset mental illness visit

www.iristhedragon.com

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News Canada

Facts About Schizophrenia Research

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