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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Family Friendly Business–Part 1

By Cynthia Fox

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Following my passion for handcrafting candles and soaps in business has taken a new turn for me. I am choosing to combine my passions with more focus on customer service and growing the business to make this a family friendly business. By this I mean, having paid staff on site to provide care and mentoring for employee's children. I am not talking about hiring someone just to give them a job. Rather people with a real heart for children. This will enable a mom to take a break and nurse her child or attend to whatever the need may be. could be as nice as having lunch with her child. I will be overjoyed if couples decide to work here. But am very grieved at single mothers, struggling so hard to find consistent child care with providers who truly have child's interest a theart. And providers that they can afford. The seperation of the family grieves me as well. I come from a place of moms being keepers at home, raising kids, and not in the slightest bit unfulfilled. I've also been on the other side—due to circumstances a single mom has to provide and needs a way to do so without compromising her relationship with her children and the child's well–being. Maybe you think I am idealistic. But I believe this is going to work. Watch and see.

Even couples have a difficult time when faced with working and child care issues. The cost is a difficult hurdle all by itself. I don't believe sales or production will be hampered in any way. Rather I believe they will be boosted. I believe this has a lot to do with the peace that comes when my employees know their children are there there and in excellent hands. They can take a break and go spend time with them and so much more.

I was greatly inspired by Sandy Maine who owns Sunfeather Soap company. She talks about a family friendly businesss in her book, Creating An Herbal Body Care Business. She maybe doesn't go as far as I am. But she still encouraged me to dream big.

Of course there are those who work to get a break from their kids. Maybe they get too stressed being with them all day or for other reasons.

Part 2 coming soon. You can read and sign up online at www.the–lighted–garden.com

Owner of business, The Lighted Garden & website www.the–lighted–garden.comI have owned and operated handcrafted candle & soap making business since 1998. The business has grown tremendously. We are now a major supplier of candle and soap making supplies worldwide. In addition, The Lighted Garden supplies florists, and other retailers with gift items, florals and more. I

have begun to make the newsletters I send to customers and subscribers available to the general public as well.

The Beagle – Friendly Loyal And Loving

By Dakota Dog

A small to medium sized dog, the beagle weighs between 20–28 lbs and is 12" to 16" in height. Sometimes referred to as the English Beagle, this breed is energetic, friendly and loyal both as a family companion and hunting dog.

Coat colors accepted by the AKC are orange and white, lemon and white, red and white or tri-colored. Black, white and tan tri-colored coats are the most common. Their medium length coat is smooth, hard and close. It requires minimal brushing and only needs washed occasionally.

Friendly, loyal, loving and playful are all qualities that make them excellent family pets. Homes with other dogs, pets and children can all welcome the Beagle as part of the family. They require minimal socialization and actually enjoy the companionship of other pets and their family. A very energetic breed, the beagle needs a home that will give them plenty of play time, exercise and regular walks. When outside they should be in a fenced in yard and a leash should be used for walks as they have a tendency to explore and follow scents. They make good watchdogs as they will let you know if someone is at the door by barking, but they are naturally friendly with strangers, so don't expect them to be good guard dogs.

Originating in England, this scent hound was bred for hunting rabbits and quails. They would often hunt in packs or pairs, but can also hunt well alone as well. They have an excellent sense of smell which makes them good at tracking and as narcotics dogs. Today they are mainly seen as companion dogs in the United States, but they are also used as hunting dogs.

A breed with such a friendly, loving nature is perfect for just about any family dynamic. Because of their high energy level and need for regular exercise, they work best with active families or those that have a yard where they can have plenty of time to roam and run. If you are looking for an affectionate breed that enjoys family companionship and loves to play, then the Beagle is the perfect dog for you.

Learn more about the Beagle at

or to talk with other

dog lovers visit us at



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