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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

Fashion Isn't Just for Skinny People

By Kathryn Finney

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by: **Kathryn Finney**

The Rules

Break out the Heels. Heels elongate your legs, making you look slimmer in the process. Stores like Zappos.com

have a huge selection of pumps and heels.

Loehmanns@smartbargains.com

Please don't abuse the Lycra. Lycra is a privilege, not a fashion right.

Loehmanns@smartbargains.com

The Stores

Elisabeth.com

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Elisabeth.com

by Liz Claiborne is make comfortable and stylish clothing in sizes 14 and

Smartbargains.com

Fashion Isn't Just for Skinny People

. Smart Bargains has a designer plus size fashions from Liz Claiborne, ABS, and more.

LaRedoute.com

. The Parisian online retailer,

LaRedoute.com

, has some of the best plus size fashions

on the web. They are hip, trendy, and extremely affordable.

Oldnavy.com

. Owned by the GAP, Old Navy has cheaper, lower quality versions of the fashions seen

Overstock.com

. This is the best online outlet and a great place to pick up cheap designer items. The

Target.com

. Stop by for toilet paper and leave with an outfit. Too bad the Isaac Mizrahi line only goes up to a size 16.

Kathryn "The Budget Fashionista" Finney is the founder and Chief Shopping Officer of

TheBudgetFashionista.com

, a popular website that provides realistic fashion advice, shopping tips and

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Fashion Hype

By Karen Conroy

Teacher of elementary education for thirty years. Enjoy sun, traveling and

<http://reading.www.fashionbeacon.com>

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