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**Fashion Tip: Don't Make These Fashion Mistakes**

**By Sheila Dicks**

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1. Wearing the Wrong Colours

To look your best wear clothing colours that will complement your skin. Wearing the wrong colors will make your skin appear sallow and lines and wrinkles will be more evident. The right colours will make you look more vibrant and healthy.

2. Wearing too much makeup

Too much makeup will make lines appear deeper and will create a harsh look. Keep makeup light for day and a little darker for evening. See a professional if you are unsure of makeup application techniques.

3. Wearing Clothes that are too small

Wearing clothes that fit too tightly will make you appear larger. Buy clothes by fit not by size.

4. Chipped nail polish

The idea of nail polish is to make your nails appear nicer. Chipped polish just brings attention to poor grooming.

5. An old-fashioned hairstyle or messy hair

Your hairstyle creates a first impression. From your hairstyle people will assume your education level, status, age etc. This doesn't mean the judgments are correct - they happen instinctively. Make sure it doesn't happen to you. Visit your hairstylist regularly.

## Fashion Tip: Don't Make These Fashion Mistakes

### 6. Messy Shoes or wrong shoes for your outfit

Take care of your shoes they complete your look. Also pay attention that your complement your outfit.

### 7. Roots that show

If you colour your hair make sure you keep it maintained regularly.

### 8. Bras and bra straps that show

When wearing sleeveless tops make sure you wear a racer back bra. Don't wear bras that fit too tightly or don't have good support.

### 9. Mismatched hose

Match your hose with your shoes or with your pants or skirt.

### 10. Wearing inappropriate clothes

When in a working environment make sure that your clothes are not flashy (unless you are in a creative field) do not wear short skirts, (more than 3 inches above the knee) sleeveless tops, plunging necklines, stilettos, too much jewelry, leather pants or skirts, or anything that shimmers.

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Sheila Dicks is a wardrobe and image consultant who teaches women how to look slimmer by dressing to suit their body type. Visit her at

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e-book Image Makeovers and get How to Build a Wardrobe free.

## **Career Opportunities In Fashion**

**By Catherine Lee**

There is nothing easy about the life of a fashion designer. As with any "luxury" career, such as one in the world of sports or music, or haute cuisine, very few actually have what it takes to succeed and make a name for themselves.

For each successful fashion designer that makes it in the highly competitive world of fashion design such as Armani, Lauren or Herrera, there are literally hundreds of thousands that don't make the grade. However, the good news is that there are many other avenues in the fashion design world open for those who have a talent to lend and a desire to work hard.

## Fashion Tip: Don't Make These Fashion Mistakes

Most people who are serious about the area of fashion design show an aptitude and leaning towards fashion early in life. They have an eye for fashion. They have sewn a few garments and counseled their friends on fashion. Some may not be able to actually design fashion, but they can put together a look and have an ability to see the newest hottest fashions coming down the pike.

For those serious about a career in fashion attending a fashion design school is a must. Fashion design is definitely a career where you start from the bottom and work up to the top.

Fashion design schools round out and can clarify for a student their particular area of fashion expertise. Most high paying jobs in the fashion world such as fashion merchandiser or fashion coordinator require education and experience. A year BA degree from an accredited fashion school is the first requirement. To work in fashion merchandising or marketing some require along with the BA in fashion a Masters in Business Administration or MBA.

There are many fine fashion design schools to choose from. Some of the most revered fashion design schools are Wood–Tobe–Coburn School of Fashion Design in New York City and the International Academy of Design and Technology located in Montreal, Quebec.

Once you have obtained the required fashion design education the real work starts. This is obtaining the necessary experience, which will require perseverance and hard work.

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