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Feng Shui Fertility: Six Ways to Create More "Baby Chi"

By Kathryn Weber

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Today, feng shui is used for everything from arranging office cubicles to gaining more recognition at work to helping aspiring writers become more prolific. But what if what you want is a baby? When you are trying to conceive, feng shui can be another tool in your fertility arsenal.

Fertility is such a delicate thing because it can be affected so easily. This is where feng shui can come help. Feng shui can help create a more balanced, harmonious - and relaxed - environment for conception to occur.

Obviously, the first place to look at is the home. Perhaps there is some kind of energy blockage. Another consideration is the personal feng shui of the parents. This is the feng shui that is related to gender and birthdate.

Unlike western thought, feng shui for parents places the most emphasis on the father and not the mother. The father must have what is called "descendant's luck." This is where personal feng shui can be called upon to help improve this type of luck.

Renowned feng shui writer, Lillian Too, credits every book to her daughter Jennifer, whom she says was conceived after a feng shui master visited her home and saw that a tree was blocking her front door. The master told her that once the tree was removed she became pregnant.

True to his prediction - and after nine infertile years of marriage - Lillian's daughter was born. This was also what launched her full study and practice of feng shui.

When it comes to enhancing fertility with feng shui, though, it would be wise to address both parents as well as the home. This way, a complete approach will be taken and nothing is overlooked. Fertility feng shui can't create miracles but it can create a positive environment in which miracles can occur.

6 Tips for Improving Fertility Feng Shui

1. ACTIVATE THE DESCENDANT'S LUCK DIRECTION.

The northwest (NW) is the direction of descendant's luck. It is also the direction of "heaven" according to feng shui (and aren't all babies heaven-sent?).

By positioning the man to sleep with his head pointed in the northwest direction, sit at work facing the NW, eat facing the NW, etc., this will activate his descendant's luck.

It might look odd, if necessary, couples should turn the bed so that the man is sleeping with his head pointing NW. If this makes the man's head point toward the door or sleep with his back to the door, then try another method.

Another way to activate the descendant's luck is to install a metal oscillating fan in the bedroom. Placed in the NW corner and turned on during the day, the fan produces a generous helping of descendant's luck in the bedroom. Be sure to turn it off while sleeping, though, or this luck will be scattered and unable to attach itself to the couple sleeping in the room.

2. USE PERSONAL FENG SHUI.

Personal feng shui is a powerful method for creating good descendant's luck. To calculate your personal feng shui directions, go to

Based on the KUA number, you can determine the man's "personal descendant's luck direction." The man should work, eat, and sleep facing this direction if the NW direction does not work for him.

KUA NUMBER

1 South

2 Northwest

3 Southeast

4 East

5 Northwest

6 Southwest

7 Northeast

8 West

9 North

3. REMOVE ANY BLOCKS TO THE FRONT DOOR.

It worked from Lillian Too, so it might work for you. Be sure that there is an open space out the front door and that there is nothing in direction line with your front door, such as a tree, street, or other object. The front door is considered the "mouth of chi" and is where all energy enters the home. Make this area clean, auspicious, and beautiful.

4. ENHANCE THE WEST SECTOR.

The west is the sector associated with the children. For that reason it is best to avoid having fire objects here, such as candles or bright lamps. Earth objects, such as vases are excellent fertility enhancers. Enhance this portion of the house, living, and bedroom with metal objects, such as fans, stereos, or other electronic or metal items.

Lastly, be sure to address problem areas in the west sectors of the home (and the west corner of your bedroom and living room) such as crowded closets or junk rooms. Work at getting these cleaned out to allow new creative (fertility) energy to enter your life.

If there is a bathroom in this sector, make sure bathroom doors are shut and to keep a bright light on in this room.

5. OBSERVE PROPER BEDROOM FENG SHUI.

Bedroom feng shui is extremely important when you are trying to conceive. Beds should never share the same wall as the door, a bathroom, or a kitchen. Televisions, work objects such as computers,

mirrors, plants, and exercise equipment should be removed. Rest and romance should be the only activities in this room.

6. USE FERTILITY SYMBOLS AND ENHANCEMENTS.

Feng shui uses a number of symbols, many of which are thought to enhance fertility. Some of these would include:

Dragons: Placed on the side table of the man's side of the bed, the dragon can add a little extra "oomph" in the bedroom. Make sure the dragon is small, otherwise, it will create too much "yang" energy in the room and make rest difficult.

Elephants: Place a pair of elephants on either side of the bedroom door. Elephants are associated with pregnancy. Or, place one statue of an elephant in the living room. Placed prominently in the bedroom, elephants are said to produce male children.

Double fish: The double fish is a symbol of marital union. Display this in the southwest corner of your bedroom.

Single piece of hollow bamboo: Place this in the north sector of the bedroom to enhance fertility. These are said to aid conception.

Red paper lanterns: hung on either side of the bed, these are believed to bring excellent yang (creative)energy to the bedroom.

When you are trying to conceive, it's always worth taking a comprehensive approach. Fortunately,

feng shui can help you make sure the environment supports your endeavors to bring that new addition to your family.

Kathryn Weber is the publisher of The Red Lotus Letter feng shui E-Zine. For more information or to subscribe, go to

Using a Feng Shui Compass

By Jakob Jelling

What should you look for in a feng shui compass and how should you use it?

A feng shui compass is a very helpful element when it comes to finding out the location and orientation of a house or building. It will allow you to apply feng shui guidelines in an accurate manner since it will provide you with knowledge on the exact orientation your house has.

There are different kinds of compasses, and the most useful feng shui compass you can find is the one which allow you to look at the numbers it shows at the same time than you look at the building and keep aligned with it. Other kinds of feng shui compasses, the most traditional ones, require you to look down in order to watch the numbers they show, and this is not as helpful as if you can watch them while keeping your sight up.

A traditional feng shui compass' name is "Lo Pan", "Lo" has the meaning of "everything" and "Pan" means "bowl", and the correct interpretation of the term means a bowl which allows you to have access to the universe mysteries. This feng shui compass is also known as the traditional Chinese geomantic compass.

The Lo Pan feng shui compass has different concentric rings which provide the information through a magnetic needle. One of the most important rings is the one called "the twenty four directions ring". This ring is the third one and accurately tells you which direction the building faces.

Another important ring you may find in a Lo Pan feng shui compass is the one called pre-celestial. This ring is placed at the center of the compass and provides information about the way chi flows in every specific environment and the realm of that space. This would allow you to find out the right way to improve the chi of that specific place.

As you can see, a feng shui compass is a very important feng shui tool which must be taken into account at the time to professionally apply feng shui within a space. A feng shui compass would provide you with accurate information regarding all the important aspects considered by feng shui and therefore allow you to properly balance and harmonize that space.

By Jakob Jelling

Jakob Jelling is the founder of

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. Please visit his website and learn all the

feng shui tips you'll ever need!

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