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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Fibroid Tumor Symptoms – What Are Leading Symptoms Of Fibroid Tumors?

By Olinda Rola

Fibroid tumor symptoms are often blamed on other causes. Sometimes, the symptoms of fibroid

tumors are not even noticed, while other times the quality of life is affected every day. Fibroid tumors are non–cancerous growths that form in the uterus. Fibroid tumors often grow in groups, and they can be as small as a pea or as large as an egg or even a grapefruit. Fibroid tumors afflict nearly 80% of North American women. About 40% of women will develop fibroid tumor symptoms during perimenopause, which is the age before menopause.

Here are the leading symptoms of fibroid tumors:

1. Pain – especially lower abdominal pain or pain and irritation in the bladder area. The pain can come and go or it can be somewhat constant. And pain with sexual activity can happen if the fibroid tumors grow in proximity to the vagina or become large enough to cause the vaginal walls to protrude.
2. Pressure on the bladder or lower abdomen – this pressure can result in having to urinate often. Also, you can feel a sense of urgency to urinate before you normally would expect to have to go. In rare cases, one can lose the ability to urinate.
3. Menstrual cycle problems – heavy bleeding or painful periods, sometimes bleeding between periods. Women with fibroids sometimes have periods that last 8 days or longer. If frequent or heavy bleeding occurs, the excessive blood loss can result in an anemic condition.
4. Increase in waist size and shape – even though there is no significant weight gain, your clothing no longer fits around the midsection.
5. Pressure on the rectum – the result is constipation and/or the development of hemorrhoids.
6. Depression, irritability – constant pain can wreak havoc with ones state of mind.
7. Infertility and pregnancy complications – a fertilized egg cannot implant in the uterus if that wall is already occupied by one or more fibroids leading to miscarriage. When fibroid tumors are found near

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the fallopian tubes, the passage may be partially or totally blocked. This usually means that the egg cannot come down and the sperm cannot go up, so the egg and the sperm can never meet and pregnancy cannot occur. When a fertilized egg does implant in the uterine wall with a fibroid tumor located near the implantation site, the fibroid may continue to grow, demanding both space and nourishment needed by the fetus. The result may be miscarriage.

Fibroid tumor symptoms are the #1 reason women in their thirties or forties have hysterectomies in the USA each year. 1 in 4 women will have complaints serious enough to seek medical treatment for the symptoms of fibroid tumors.

Fortunately, only about 1% of fibroid tumors are malignant. Physicians with patient health in mind will advise that hysterectomy should be performed only in the event of malignancy or other life-threatening condition such as heavy uncontrolled bleeding. That means far too many hysterectomies and removal of the uterus are used as a fibroid tumor symptoms treatment. Some women with fibroids have no

symptoms of fibroid tumors other than the fibroid itself. Other women will have one or more of the symptoms listed above.

Why do fibroid tumors develop? There are several known factors that cause fibroid tumor growth and fibroid tumor symptoms in women. And instead of submitting to hysterectomy surgery, there are effective alternative treatments for symptoms of fibroid tumors. Learn as much as you can about this common medical condition affecting so many women today.

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<http://www.safemenopausesolutions.com>

– a popular website on womens health. For

information on fibroid treatments that work, visit

<http://www.safemenopausesolutions.com/uterine-fibroids.html>

to learn more.

Menopause Help For Menopause Signs Symptoms

By Olinda Rola

Menopause help is possible for menopause signs symptoms when you understand the main underlying causes for symptoms of menopause. Menopause help IS available online since millions of

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women experience menopause signs symptoms each year.

First, here are the most common symptoms of menopause:

· Anxiety and depression · Endometriosis · Fibroid tumors · Foggy, fuzzy thinking and memory lapses · Hot flashes and night sweats · Inability to handle stress · Irregular menstrual cycles · Light or heavy menstrual flow · Lumpy or tender breasts · Mood swings · PMS · Sleep problems · Vaginal dryness · Water retention and bloating · Weight gain

To obtain menopause help for menopause signs symptoms, understand female hormones, the menstrual cycle and how hormone imbalance happens. In a healthy menstruating woman, estrogen is the main hormone produced for the first 10–12 days following the previous menstrual flow. Ovulation then signals the female body to produce progesterone, which occurs for the next 12 or so days. Progesterone and estrogen levels will drop at around day 28 if there's no pregnancy, and menstruation begins.

However, if there is no ovulation, progesterone cannot be produced that month. This is called an 'anovulatory cycle' and is a typical occurrence today for women in their 30's and 40's. Without ovulation and progesterone production, the woman then has an excess of estrogen, a deficiency of progesterone and definitely needs menopause help.

And once ovulation no longer happens at menopause and after, progesterone levels fall to virtually zero. At the same time, estrogen is still being produced, leading to hormone imbalance, menopause signs symptoms and the need for menopause help. If the woman has had a hysterectomy, surgical menopause means the woman no longer produces progesterone. Besides the problems created by missed ovulations or hysterectomy, excess estrogen is also obtained from other sources such as birth control pills, household chemicals and pesticides, foods that have been sprayed and construction materials used in homes.

Physicians refer to the hormone imbalance condition of excess estrogen in the body as "estrogen dominance". Symptoms of estrogen dominance include low sex drive, bloating and weight gain, headaches, mood swings, irregular periods and excessive menstrual bleeding. If unopposed estrogen in the female adult increases beyond what is desirable and healthy, you will definitely experience menopause signs symptoms. On the other hand, when your hormones are balanced, you will no longer need menopause help since you feel alert, energetic and ready to take on the challenges of everyday life. How can a woman tell if the menopause signs symptoms being experienced are because of hormone imbalance? An easy way is to take the online test provided by a leading women's health clinic for menopause signs symptoms. It takes just a few minutes and is free. Learn more about your health, premenopause and menopause symptoms, what the symptoms are telling you and what to do about it based on your answers to important questions. Read more about menopause help, hormone imbalance and physician–recommended natural treatments for eliminating menopause signs symptoms.

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Read more about menopause help and take the hormone health test at

<http://www.safemenopausesolutions.com/womens-health-clinic.html>

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– a website of

health articles for women.



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