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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Fighting Asthma – Part 2

By Richard Lowe, Jr.

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by: **Richard Lowe, Jr.**

One week my wife had severe asthma and it would not go away. In fact, we had visited our doctor numerous times for adrenalin shots. These helped in the short term (for a day or so) but the asthma just returned again later. Both of us wanted to resolve this condition on a more permanent basis, as it was becoming very difficult to deal with.

We talked to our doctor, a wonderful man named Dr. Frischer, and he directed us to a specialist. Someone who was familiar with the disease and could help us come up with a permanent handling.

I must admit that my wife did not want to go to this specialist. She didn't say why, she just was not comfortable with him. However, I convinced her, and before long we had pulled up to the doctors office, which was in a little hospital in Paramount, California.

The specialist took one look at Claudia and knew that her asthma was terrible. He had Claudia breath into a tube, then tisked to himself when he saw the result. It appeared that Claudia was not getting anywhere near the amount of oxygen that a normal person received. In fact, her lungs were drawing in about a forth of the normal amount of air – it was pretty bad that day. Which meant, of course, it was the perfect day to see the specialist.

The guy did some more tests, then recommended an allergy panel to determine exactly which substance was causing Claudia's condition. He explained that asthma is usually triggered by something, some particle in the air. It could be dust, pollen, cockroach droppings, cat dandruff or any other small particle.

We agreed and the panel was done. The doctor swabbed her arm with about twenty different substances, explaining that they would swell up into little bumps if anything registered. One substance registered strongly – simple dust. It seemed that Claudia's asthma was caused by dust.

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While we were there, the specialist increased her Prednisone dosage to 60 milligrams. This is an incredibly high dosage of this drug, but based upon Claudia's poor breathing, the doctor felt it was necessary. If you remember from the previous article (part 1), prednisone has the side effect of making Claudia extremely hostile to our poor cat Baby. Well, during the next few weeks that cat had to be guarded night and day by Al and myself to keep Claudia from killing it.

The result of this trip? We finally realized the link between the environment and Claudia's asthma. We decided to be a little more proactive, and purchased some air filters for the living room and bedroom. These helped control the asthma to a certain extent. The other result? Now Claudia was feeling the other major short term side effect of Prednisone – it's very difficult to stop taking..

Richard Lowe Jr. is the webmaster of Internet Tips And Secrets. This website includes over 1,000

free articles to improve your internet profits, enjoyment and knowledge. Web Site Address:

Weekly newsletter:

Claudia

Arevalo–Lowe is the webmistress of Internet Tips And Secrets and Surviving Asthma. Visit her site at

Information On Asthma For Grown Ups

By Roger Thompson

Adults and Asthma

This article talks about Asthma for the grown up and elderly. We know that asthma has many medical implications.

Adult asthma normally comes from one of three conditions. First off, some adults that have had asthma their entire lives or that have had it since childhood are in one condition. In the second, the asthma was there during childhood and then all symptoms of asthma were gone for a period of time and then sometime later in their adult life, asthma has come back. Finally, there are those adults that are first getting asthma during their adult years. In this case, the asthma is almost always brought on by occupational asthma conditions, or poor working conditions or exposure to triggers that over time developed into asthma in the individual.

Anyone that has asthma, including the adult, can find the help that they need in treating and living with it. As you will learn as an asthma patient, there are many types of medications on the market that can be used to treat asthma both in the episodes that you may experience (asthma attacks) as well as in the day to day living arrangements. Those that have had asthma as a child and then had no symptoms of asthma for much of their life only to have it resurface are often the hardest patients to treat. Here, something, possibly contaminants or even infection, has caused the resurgence of the asthma and it is

often a severe case when this happens.

In cases where occupational asthma is the culprit, it is often the asthma specialist's first course of action to determine what the trigger is that is causing the asthma outbreaks. Then, the first treatment for this type of asthma will be to avoid that trigger. Of course, your doctor will help you to determine what that is and will work with you to determine just what can be done to help provide you with relief from your asthma. Even as an adult, it is important to seek out the help you need for asthma.

Roger Thompson writes about asthma, health related issues and jobs for

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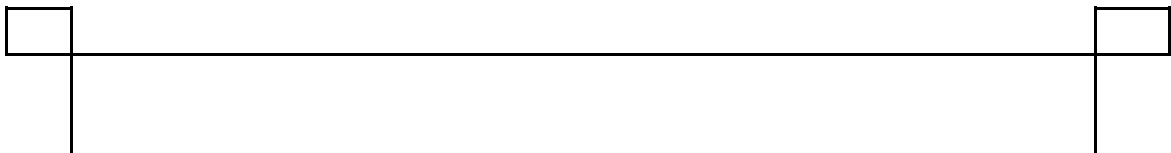
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