

Find The Love of Your Life in One Easy Step!



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Find The Love of Your Life in One Easy Step!

By faceuptoit-youcan.com

"Find The Love of Your Life in One Easy Step!"

Step One – Look in the mirror. What do you see? You see your perfect match for a partner. If you want a lasting relationship, find someone who is similar to you, similar facial features and personality.

Notice what you have in common with your friends, similar interests, plus similar facial features. Have you ever notice couples who have been together for a long time, they take on each others' features. It is true, "Birds of a feather, stick together."

Opposites may attract, but they don't last. The more you have in common, the less adjusting you will have to do.

Thin faced men or women need more coaxing than broad faced individuals. Approach your partner's traits for a lasting relationship.

In dating a person with a turned up nose ask for help. A hook nose likes to spend money. If your partner has no visible upper eyelids, they are analytical. They can figure things out for you.

If your partner has a round face, take him/her out to dinner. Don't keep them standing. A square face is very business minded. Don't keep them sitting. Ask questions of them. Remember everyone needs a cheer leader.

Broad faced individuals have strong personalities; wink, pat, stroke, scrub back, etc. They will be happy. Never advise, remind or suggest. The long faced person likes to be in control, they are charmers. Let them take the lead.

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Triangular faces (broad jaw line – pointed forehead) have out-going personalities. Make sure you can keep up with them. They are energetic, vigorous, active, restless.

Blunted triangular faces (wide large forehead – pointed chin) are refined intellects with integrity. They appreciate quality and quiet evenings.

Remember, you have to be a friend before you can be a sweetheart or lover. Adjust your reactions to the situation and the reactions of your partner/spouse.

Once you have found the love of your life, I have a new dynamite report, "Secret Tips To Please Your Lover!" that will have your partner eating out of your hand. Plus a surprise bonus report too hot to talk about. Complete details are at;

<http://www.faceuptoit-youcan.com/19tips.html>

Unconditional Love

By Judi Singleton

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Unconditional love

In this journey in life we often are called upon to love others

unconditionally. How does one do that? I feel it starts with loving

yourself unconditionally. Now about two years ago I made a commitment

to myself to be authentic. How is that connected with my journey in

learning to love myself? Well, it is definitely the first step in

loving myself. I had to ask myself if I placed conditions on myself of

how I would behave to be able to receive my own self love? Of course I

did, some times my expectations were not apparent but they were there.

I would love myself when I lost ten pounds. I would love myself when I

succeeded in my business. I would love myself when you fill in the

blanks. I am sure you have a lot of those expectations of yourself in

your life too.

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Next I had to take the risk to be open and vulnerable to who I really was with no preset expectations and still unconditionally love myself. This took getting to know myself in a whole new way. It meant loving the dark and light sides of me. We all have dark sides but it sure was easier not to look at the dark side. Then I was suppose to love the dark things I saw in myself, yeah sure. That took a bit of doing but with practice one decision at a time I am doing it. I can also say at this point that it is not easy but it is getting easier everyday. I had to learn to love myself because I existed not because of what I do or how I behave. I began to allow myself to be who I was not what others expected me to be. In short I began to show warmth, caring and concern for myself. It is always easier to overlook others faults and forgive them for not living up to my expectations but it was harder with myself as I am my own worst critic.

Now I am still working on these issues daily many of the expectations I have for myself are not rational. They are filled with perfectionism and I will love myself when. But I am learning to love myself for just who I am. This has cause a real change for me in my self esteem and self worth. Because I love and approve of myself I now am able to take full responsibility for all my actions. I can now accept the rewards of being me and the consequences. This feels really good. Loving yourself unconditionally frees you to unconditionally love everyone else in your life.

About the Author: Judi Singleton publishes To The Universe a list of Jassmine's Journal you can join

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