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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Find Your Remedy

By Julie Jordan Scott

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Too often these days we are programmed to believe there is constantly a travesty a foot. We are a heartbeat away from disaster, a breath away from destruction and a step off of the course to devastation.

The natural tendency with this sort of message being portrayed as truth would be to simply give up. To turn ourselves over to victim status, seeing that disaster, destruction and devastation are life's warped rewards.

Instead, look towards one of America's most highly favored entrepreneurs from the past, Henry Ford. Mr. Ford said these words: "Don't find fault, find a remedy."

In other words, instead of looking at the garbage and clucking your tongue, find a solution to the garbage problem. No, don't hold a bureaucratic committee meeting about this piece of garbage or delegate the solutions elsewhere without forethought, spend time in the nitty gritty space of creativity: problems and solutions. Predicament and resolution.

In Napoleon Hill's classic work, "Think and Grow Rich", one of Andrew Carnegie's Secrets of Success is called "Master Mind" which was defined "coordination of knowledge and effort, in a spirit of harmony,

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between two or more people for the attainment of a definite purpose." How a Master Mind works, in simplest terms, is to use the brainpower of those people you choose to surround yourself with to create successful conclusions together.

Not a group of people put together by happenstance or job title or accident, a Master Mind is purposeful both in its make up and its structure.

To the group, members bring forward their challenges. Each participant brings along their own fresh ideas,

their history and their knowledge of what works. Instead of bringing a chisel marked "what is wrong" they bring forth a laser beam embossed "Remedies, Priorities, and Focused Action towards Mutual Success".

Sound idyllic?

Sounds practical!

And it continues to be the way of the most successful people today.

If you do not have a Master Mind group of your own, do a quick inventory of your friends, associates, trusted colleagues and people you admire in the community. Invite a few of them to meet with you to see if there is a match of interests and energy.

This one simple change may be the one to make all the difference in the world for you. As Basketball Coach Rick Pitino said, "Change is what keeps us fresh and innovative. Change is what keeps us from getting stale. Change is what keeps us young."

The secret to your success is to be found in your Master Mind. If it is not happening in your current Master Mind group, assess what changes need to be made. Perhaps it is the people, perhaps it is the format or leadership.

Remember, the opening words from Henry Ford, "Don't

find fault, find a remedy."

Julie Jordan Scott is a Success Coach, Writer, Speaker & Radio Host. Subscribe to DailyPassionActivator now via email: <mailto:DailyPassionActivator-subscribe@Yahoogroups.com> or via web <http://www.5passions.com/subpage.html>

Finding A Home Remedy For Snoring

By Alan Schill

Home remedies are terrific for many things, but did you also know that there are home remedies for snoring? They are natural, safe and, best of all – they are free. If you are looking for the perfect home remedy for snoring, you are at the right place.

Sleeping on your side is a terrific home remedy for snoring. Research shows that individuals who sleep on their back snore more often than side sleepers. Another good home remedy for snoring is to sleep on two pillows instead of one. The additional few inches of elevation may help you to breathe better through the night, which may help you to say goodbye to snoring altogether.

If you are an allergy sufferer, there may be a home remedy for snoring that you can use to also help eliminate your allergy symptoms. When airway passages become restricted, which is often the case with allergies, snoring is a possible result. Breathing steam from hot running water is a home remedy for snoring that is also great for opening the nasal passages and improving breathing. In addition, ridding your home of airborne allergens with the use of air filtration units can help to get rid of many airborne allergens.

Many snoring sufferers, who are searching for the perfect home remedy for snoring, turn to anti-snoring aids for help. The Sleep Genie is one such device, which is doctor recommended. While comfortably supporting the jaw with its nylon lycra blend, the Sleep Genie holds the mouth closed to prevent snoring. The best part is that this anti-snoring device requires no medication, no invasive surgery and does not hinder the wearer's movement during the night.

Another home remedy for snoring is weight loss. A combination of diet and exercise will not only help you to lose weight and lessen the chances of snoring, but will also promote a healthier lifestyle overall. Obesity is one of the leading causes of snoring, so consider shedding those unwanted pounds and your snoring habit in the process.

This article is intended for informational purposes only. It should not be used as, or in place of, professional medical advice. Before beginning any treatment for snoring, please consult a doctor for a proper diagnosis and remedy.

A new anti-snoring scientific breakthrough is rapidly changing the lives of ex-snorers... because the first night you use it, it stops snoring! Visit

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