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Five Ready Signs To Start Potty Training

By Janice Caller

Starting new things for your child sometime difficult, but you still have to do it. Potty training is one phase that your child has to go through. So, find out when is your child ready for potty training. Here are those five ready signs:

1. Takes Off Own Clothes

Let's face it. The first step to becoming dry begins with your toddler's ability to recognize he has to go to the bathroom. The second step is his ability to pull down his pants, or lift up her dress. The third step is actually going to use the potty. If your child begins insisting on taking off his clothes then he probably is ready to begin training for the potty.

2. Talks about Using the Potty

He may say, "I want to use the potty." Or, he may just point to it and sit down. Either case he is showing an extreme interest in the little chair. Well, what do you do if he's interested in sitting; maybe he'll be interested in using it. You never know unless you try. Hey diapers are expensive why spend more on them if you don't have to.

3. Does a Potty Dance?

There are some children doing potty dance? Does your little one have a routine? Does he stomp, turn, twist, and grab his groin like Michael Jackson? If he does, then that's his potty dance. He's ready, ready, and ready if he has his own version and he dances it whether there's music on or not.

4. Shows an Interest in the Bathroom or Toilet

This is the big koruna of all ready signs. The big earthquake so to speak. If your child is curious about the bathroom or toilet, then he's ready to learn how to use it. Is he curious about how it flushes? Well, that's because he wants to know how that giant white chair works. Why does it make that sound? It's a noise like no other. He's not being bad when you have to drag him out of the toilet. He wants to know what the toilet is. He wants to know how it works. He is ready, ready, and ready for potty training.

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5. Stays Dry Overnight & During Naps

This is a hard readiness sign to understand. If your child is staying dry overnight and at naptime that is the sign that he is ready for potty training. In any event, your child is ready if he displays this sign.

Now, does your child exhibit any two of these ready signs? If so, then get ready to do your potty training. You will never know those signs if you are not pay attention to their reaction.

Janice Caller, author of "A Parent's Guide to Toddling, From Diapers to the Pot." She successfully potty trained her four children. Visit her Website [PottyTrainingGuide.com](http://www.pottytrainingguide.com) at

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5 Important Points For A Successful Potty Training

By Adwina Jackson

Potty training should not be an exasperating moment for both the parent and the child. As a parent, you know it's not easy to potty train your child. Sometimes it's even more frustrating for the child himself. You need to learn important things that are necessary to obtain a successful potty training.

These things include whether your child is ready to potty trained, which time is the best to begin it, and the most fun way to potty training. Read the details below:

1. Pre-Potty Training

Before starting to potty train your child, it's best to get to know about the things that can make potty training successful. You can call it pre-potty training, which means finding out and recognizing the signs whether your child is ready for the training or not. These signs include:

- The ability to hold urine for long periods of time
- The ability to follow 1–2 directions at a time
- Knows when urination or bowels movements are about to start

When he shows these signs, it means you may start the training now. During this time -or better earlier- you need to set up a plan for the training process. Though there are some different opinions of how to potty train, it's important that you choose the best method most effective for you, your child, and the family.

2. Knowing When Your Child is Really Ready for Potty Training

It can be difficult to find out when is the best time to potty train your child. It is as if the child who has the decision for it. Generally, children are ready to begin potty training between the ages of 18 and 24

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months. You'll know when they are ready because the signs will be there.

These are some of signs to look for:

- shows an interest to use the toilet
- tries to imitate other people in the house using the potty
- is able to tell you that they need to go potty or tell you they went already
- is able to pull their pants up and down by themselves

When they show the signs, it's time for you to begin introducing them to the potty. It's important to get a comfortable potty chair for your children so that potty training becomes a fun activity for them.

3. Start a Night Potty Training When Your Child is Ready

After you've finished your child's day potty training, you can try to introduce him to the night training. This process can happen quickly for some children and more slowly for some others. Don't push them to do it, as potty training should not be frustrating. Letting him stay dry during the night could be a harder effort for parents. As the first step, tell your child that he is allowed to wear a diaper or pull-up during night sleep, but take him first to the bathroom and let him to potty. Tell him to not to drink too much water before sleep. Putting the potty in his bedroom is also a very good idea, in case he needs to use it when he wakes up in the middle of the night.

4. Make Potty Training Fun

Making the training fun is easy if you can take some time to be creative. Children love things that are fun and interested to them. One of the tips to create a fun potty training is by using Potty Training Doll. It is a drink & wet doll, which can be used to help make toilet training fun and easy by demonstration.

5. Important DON'Ts in Potty Training

Make sure your child is well supported during the training. You should also maintain a positive attitude toward him if you want to ensure success. Here are some of DON'Ts in potty training your child:

- Don't start the training before he's ready.
- Don't put too much pressure on the child.
- Don't try it in a stressed environment.
- Don't yell at the child or punish him if he makes mistakes.

Hopefully those points are effective for you and your child. Enjoy your potty training experience!

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Adwina Jackson is a working mother of a gorgeous young boy. Join her free e-mail guides about Easy Potty Training Tips at

<http://insparenting.com/reports/potty-training.php>

Visit her daily blog now where

you can get helpful parenting stories and tips on:

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