

Focus on your future vision!

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By James Winston

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Unfortunately, most people will never develop a strong future vision for their lives. They will never admit to themselves, or anyone else, what their dreams really are, and they won't put a deadline on those dreams and transform them into goals. Thus, most people will never even begin to harness their true potential. What they don't realize is if they are not focused on their futures – if they are not consciously creating their lives – then they are living accidentally, not intentionally. They are merely reacting to life. When you have faith in your future vision, it creates resilience: when things do not go your way, you will be able to pick yourself up because your future vision will be stronger than your setbacks. Doing the particular things you need to do to move toward that future vision will become automatic, a habit. It is close to the certainty of religious faith – the comforting, assuring feeling that whatever happens will happen, but in the end, you will succeed. It helps me to surround myself with photos and reminders which keep my future vision and goals on my mind. This is another simple yet powerful strategy. Remember that everything we experience in the 'real world' is merely an external manifestation of what has already happened in your mind. That is where the relatively well known maxim, "If your mind can conceive it, you can achieve it" comes from. And it is true. In your mind, you see, anything is possible. So nourish your mind with positive uplifting images... it's worked wonders for me!

James Winston–Motivational Counselor<http://getfit.blogspot.com>

How Clear is Your Vision?

By Liane Wood

Wouldn't it be nice to know that there is a way to get what you want? Whether it's in business or your personal life, this article will clearly show you the steps you need to take to achieve your goals.

I heard it said once that vision without action is only a dream, but action without vision is a nightmare. In my first article, The Road To Success – A.C.T.I.O.N., I discussed action. So today, I'd like to discuss

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vision with you.

The first thing you need to do is to establish what your vision is. In order to accomplish goals, it is very important to be focused. To be focused, there must be something to be focused on.

The reality is the future is coming whether we're ready for it or not, and those who don't create the future they want will have to endure the future they get.

What does your future look like? Take some time and think about what you would like your future to look like. Write your ideas down. Once you have some ideas to work with you can begin developing a plan to create your future.

For example, let's say you are currently employed outside of your home on a full time basis and your vision is to be able to work from home. Now that you have defined your vision it becomes much easier to develop a plan to achieve that vision.

Part of your plan should include research to find out if your vision is realistic or a pipe dream. So using our example of wanting to work from home, you would begin researching options that would provide you with an income from your home. The more research you do, the more focused your vision will become, and the more likely you are to succeed.

Depending on what your vision is, you may get overwhelmed by the size of the task ahead of you. Remember these sayings, the way to eat an elephant is one bite at a time and Rome wasn't built in one day.

The next step is breaking the task down into manageable chunks that you can handle.

Completing this step is crucial. Many people give up at this step and get lost in what I call "action avoidance strategies". What are action avoidance strategies? Here are a few of them: Analysis Paralysis Procrastination Denial Lack of Good Reasons to Complete the Task Fear of the Unknown

Now, once you are 70% of the way to being ready to begin, start moving forward. If you wait until everything is perfect to begin working towards your vision you will never start. The other 30% will unfold as you move forward and this allows you to select, reflect and correct your plan along the way.

Intentions + Action = Results

It's imperative to move out of the planning stage and into the action stage if you want to create your future and accomplish your vision.

Get a big vision and then go after it!!

Liane Wood is a stay at home mom and the owner of

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How Clear is Your Vision?

Vision – The foundation of success

Are You Seeing a Vision?

Aim for the Future ... but don't get ulcers waiting for it to happen!

Instant Relaxation Anytime Anywhere

Super Six PHP Scripts

How to Gain and Retain More Customers

24 Prophecies fulfilled in 24 Hours

One Million a Year

ScrollPops



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