

Follow this 3 minute routine before applying makeup

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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

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By Alicia Caldelas

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For a fresh and bright face

1. Start by applying cleansing milk on the face and neck with your fingers. Gently massage with your fingers in an outward and circular motion for a few seconds. Wipe off with a damp piece of cotton wool or splash water on your face, to get a perfectly clean face. Pat dry with a clean towel to dry the face.

2. Follow up with a toner. To remove the greasiness which appears on the face after the use of cleansing milk, you definitely need to use a toner. Put a few drops of toner on a piece of cotton wool and apply it on the face and leave it on. It contracts muscles, refines pores, absorbs all the oil and grease immediately, leaving behind a fresh, radiant skin. Use it to see the immediate difference it makes to your complexion!

3. Finally, use a moisturizer with your finger tips on your skin to make it soft, smooth and glowing. It also provides longer wear for make up. It takes care of your skin by not only putting back your skin's lost moisture but also preventing further moisture loss. It also helps in the next application – the foundation, which spreads more easily if applied over the moisturizer, making the foundation blend smoothly with the skin.

So, remember to follow this routine twice a day – before makeup and to remove makeup at the end of the day.

Writer for ultimate-cosmetics.com – Find lots of makeup and beauty tips here with loads of information on skin care and skin disorders. Also you get to learn about aromatherapy and various homemade beauty recipes. If you wish to reproduce the above article you are welcome to do so, provided the article is reproduced in its entirety, including this resource box and LIVE link to our website.

THE ART OF MAKE UP!!

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By Garima Jain

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Like fashion, make-up trends keep changing. But, the basic human desire to apply colors to decorate the face has remained constant. Trends in makeup are actually indicative of the beauty ideals of the times. The 'Natural Look' of today, for instance, reflects the universal swing towards nature and all things natural. For the real art of make-up refer

Applying Make-up

Knowing what is just right for you is the key to applying make-up. You have to take so many aspects into consideration... your age, your skin tone, type and texture, your facial features, the clothes you will be wearing, your plus and minus points. The best thing about today is that you can play around with colors, and cosmetics to achieve the look that suits you best.

Step by Step Make-Up

Foundation: Choose your foundation according to your skin type. Learn how to apply perfect foundation here at

Eye-Brows: Rightly shaped eyebrows are a must! Eyebrows shape the whole makeup. If you wish to define the eyebrows, use light feathery strokes of your eyebrow pencil. At

find how to get a perfect eyebrows!

Eyeshadow: This is the most important part of your eye-makeup, because it can help to recontour the eyes and emphasis to them. Learn tips on applying eyeshadows at

Eyeliner: After applying eyeshadow your next step is to apply a eyeliner. For learning how to apply eyeliner, refer

For wide set eyes, emphasize the

inner corners of the eyes. For close set eyes, emphasize the outer corners, keeping the inner corners highlighted.

For a complete guide on eye-makeup and learning the makeup tricks (

) and makeup tips (

), look here at

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