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For Love of Ghosts

By Robbin Renee Bridges

I was thirteen years old when I saw my first ghost. It was at my maternal grandmother's funeral. It

was a sunny summer morning. Here in North Carolina the mortuary puts a tent over the gravesite to protect the mourners from the summer sun and sudden rain showers. I was sitting on the front row with my parents. The preacher was giving grandmother's eulogy. It was hot, and I was ready to have the service over with.

I was looking up at the preacher when I noticed a young blond woman standing beside one of the tent poles. She was smiling as she listened to the eulogy. She looked familiar to me. As I was looking at her, trying to figure out who she was, a breeze moved the branches on a tree behind her. That's when I realized that I was seeing "through" her. She was transparent. She appeared solid enough that I hadn't noticed until the branches moved behind her.

I quickly elbowed my mother. But as I did that, the pretty blond ghost turned her head towards me. She smiled, placed a finger to her lips, and shook her head "no" as she made a "shhhh" sound, and then she faded away.

Later at the house, I looked through some old family photos. The picture of grandmother when she was twenty-one years old looked exactly like the apparition at the funeral. Yes, grandmother was enjoying her eulogy.

And so began my fascination and love for ghosts.

Down through the years I've seen so many of them and felt the warmth of their presence that I can't help wanting to shout it from the rooftops. They're beautiful, and they won't hurt you! They reach out to you and wrap you in a blanket of comfort and serenity. Their only desire is to assist you, and love you, and tell you that the afterlife is a place of joy and spiritual progress.

Oh, sure, there are some that are downright embarrassed by their low estate, but those undeveloped souls aren't able to appear to anyone in the physical realm without help.

For Love of Ghosts

A ghost's appearance is slightly luminous. Its light seems to create swirling patterns as if it were some sort of plasma. When you see a ghost, you might even think that he or she is an angel. I've made that mistake too, but angels have a different demeanor. Angels radiate a sense of power and authority. I always have a feeling that I should kneel and bow my head in reverence when I encounter an angel. But they are quick to inform that they do not want adoration. Service is their goal, their joy, and their privilege.

Unlike angels, ghosts were once like you and me. They were people living in physical bodies. But now they are free from their physical cage, and they are delighted with their freedom. They enfold friends and family that are still in the physical body. They look forward to the day that their loved ones are born into their world of beauty, radiance, joy, and love.

How can you know that you are in the presence of a ghost? Perhaps you may see a faint glow in the darkness. Sometimes you'll only see their beautiful eyes with lashes that flit like butterfly wings. Maybe

you will smell a sweet, soft fragrance almost like baby powder. Possibly you will feel a touch as if someone dropped a silken scarf on your naked flesh. Perchance you'll hear a soothing whisper in your ear. These are indeed messages from someone who loves you beyond the veil.

And if you are really blessed, you may find yourself standing in the presence of your beloved one. They linger near you because your bond of love enables them to assist you with insight and intuition. If God permits, you may see their apparition. They will appear similar to the way you remember them but with the glow of health and happiness. The apparitions are translucent with rays of light shimmering like a corona around them.

This ghostly apparition is actually a transfiguration of your loved one. You will feel no fear, only love and happiness. It is my hope that you will be visited.

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Robbin Renee Bridges, a chaplain and grief counselor for more than thirty years, is the author of numerous published articles and the landmark book, "A Bridge of Love between Heaven and Earth: Self-Induced Contact in the Afterlife." For more articles about death, ghosts, and the nature of the souls in the afterlife visit

<http://www.spirit-sanctuary.org>

Real Ghosts, Ghost Hunting, and Quantum Physics

By Robbin Renee Bridges

One of the benefits of a lifetime of afterlife communication is that I know a lot about ghosts ... what they are and what they're not. For instance, they're not "caught between worlds." And they don't need us to help them "move on." They're exactly where they're supposed to be. You don't honestly think that

For Love of Ghosts

God, the Creator of the Universe, would leave their eternal fate in your and my hands, do you?

You CAN say that they are "earthbound," but that's because their consciousness never left the earth. And when you die, yours won't either. We're all right here together forever. That's just the nature of the afterlife. Yes, knowing the laws of the afterlife can make these things a lot clearer.

Lately, I've been researching what folks believe about ghosts and hauntings. I've investigated the investigations. Repeatedly I've read, "We don't use ouija boards, séances, mediums or occult methods." Yet it's common for ghost researchers to accept, as an underlying condition of their investigations, the erroneous claims of psychics, mediums, and channels.

I'm referring to such concepts as "caught between worlds," "unfinished business," "earthbound souls," and ghost children in distress. At the same time ominous warnings urge vigilant caution in case non-human demons and malevolent entities are encountered. Oh, and don't forget the Hollywood expression, "Go to the light." Scientific research can't be conducted properly on a foundation of superstition.

Let me tell you some things that are true about ghosts. Actually there are only two kinds of ghosts: real and not-real.

The real ghosts are everywhere. They're in your home, in your car, in your school, and in your dreams. Ghost researchers call these interactive ghosts. I call them soul-ghosts, or disincarnate souls. I don't care for the term, disembodied because they do have a body. We just can't see it for the same reason that we can't see sound waves and ultraviolet light. They're outside the range of our sentient boundary.

Soul-ghosts are interactive. They reach out to you, and you feel no fear ... absolutely none. They envelop you in a blanket of warm fuzzies. Real ghosts can be mistaken for angels. This isn't a paranormal experience. It's a supernatural and spiritual experience.

The not-real ghosts seem to be everywhere too, but only for people that believe they exist, or at least believe that they might exist. They rarely bother unbelievers. Ghost researchers call the not-real ghosts ... residual ghosts. These ghosts seem to defy the Law of Conservation of Matter and Energy because they pop in and out of existence like virtual particles. The appearance of this type of ghost can be explained by quantum physics. From the Copenhagen Interpretation, which states that nothing is real until you look at it, to the holographic theory of the universe, all ghosts abide by the laws of quantum physics.

People that experience residual ghosts say that they seem to be caught in a time-loop replaying the same scene over and over. The above mentioned physics also apply to residual ghosts but with the addition of Schrodinger's equations. For every "now" that we experience, a positive wave flows into the

future and a negative wave flows into the past like concentric ripples created by a rock thrown into a pond.

The fact that some people experience residual ghosts is due to normal functions of human

For Love of Ghosts

consciousness. Although some might rather think of it as a "glitch." Residual ghosts are unusual and fascinating experiences with natural causes.

Briefly, a few more types of not-real ghosts are poltergeists, demons, and shadow people. Abnormal psychology applies to poltergeists and demons. The physiology of the eye accounts for shadow people.

So, what's the truth about ghosts? Do they exist? Yes, of course they do. Can the scientific method be used to investigate them? Yes, they use measurable amounts of energy. Can you record their voices and photograph ghosts? Yes, but one needs to be alert to pattern recognition tendencies.

The science of ghost investigation has the potential to make a huge difference in a society still tormented by superstition and fear. You have the equipment. You have the rationale. And you have the compassionate desire to help others.

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