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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Free Clinics Medical Treatment**

**By Aurel Radulescu**

Many individuals work full-time with no benefits, cannot afford medical insurance on their own or simply are unable to find a job that offers medical care. For many, free clinics are their only chance for medical treatment. Available to both children and adults, free clinics are located throughout the United States and commonly found in largely populated cities. Smaller, local free clinics are found in virtually every area and are the only forms of medical treatment for some children and their families.

The lack of medical insurance is a problem that affects many workers. When an unfortunate event arises, such as a sudden illness or injury, it can wipe out a family's savings instantly. While free clinics primarily offer general care and not surgical procedures, they are essential in helping the patient to determine if more extensive medical treatment may be required. In addition to testing, free clinics may also provide check-ups, immunizations and other common medical procedures.

The best way to locate free clinics is to inquire with the local health department as to the nearest facility. As patients can expect, free clinics are very busy. As such, appointments are typically recommended if at all possible. In the case of an emergency, free clinics may be able to assist a patient or may direct them to the nearest emergency care facility. Early appointments are preferred with patients calling ahead at least one week in advance in order to confirm treatment. In the case of a sudden cold or flu onset, some free clinics have the ability to accept patients on a walk-in basis. This is completely dependant upon the schedule and the number of patients with appointments, but there is always the possibility of receiving treatment as a walk-in patient.

The treatments provided at free clinics are often those conducted by qualified medical students, who are under close supervision by a licensed medical doctor. In exchange for the educational experience to students, a number of medical schools provide free clinics to patients without medical insurance or the income to afford paid medical care.

The information in this article is to be used for informational purposes only. It is not intended to be used in conjunction with, or in place of, professional medical advice. Patients who feel that they require ongoing care, which free clinics may not be able to provide, should consult their nearest hospital or medical center for proper diagnosis and treatments of their ailment.

If you are looking for a

Houston clinic

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Chicago clinic

,

Cleveland clinic

or just a clinic in your city, state

or country you can find it with [AZClinics.com](http://AZClinics.com)

## **Tips To Chiropractic Consultation**

### **By Mark Peoples**

Most people are wary about complementary and alternative medicine or CAM because of the flak it received from medical organizations. However, all is well now between the two camps and even medical doctors now prescribe CAM for therapy. The most popular CAM providers at present are chiropractors, chiropractic practitioners, and chiropractic clinics. They are also the most prescribed CAM treatment providers. Not surprising because the treatment chiropractors, chiropractic practitioners, and chiropractic clinics provide are not based on wooly assumptions. The treatments are based on basic and rather medical principles.

The work of chiropractors, chiropractic practitioners, and chiropractic clinics are based upon a fundamental principle. It states that a body has self-healing properties based on spine alignment and nerve flow. Simply put, diseases and pain are caused by interruption in the nerve flow due to misalignment of the spine or "subluxation." A body can heal itself when the spine's alignment is corrected. These corrections are very different from traditional medical procedures and can be very disconcerting if you don't know what to expect. Though these CAM providers are trained and certified individuals, it won't hurt to have a clue before you visit.

Initial consultations usually involve interviews about your medical history and experiences with treatment procedures. Chiropractors, chiropractic practitioners, and chiropractic therapists will take the time to brief you about the different services they provide. They will also explain the principles behind the treatment. This is your chance to ask questions and clarify your doubts about the treatment. As professionals, chiropractors will not perform any treatment, unless you are absolutely sure about going through the procedure. If all goes well, your chiropractor will require you to undergo a full physical examination. Expect basic tests like X-rays and spine examination. Your chiropractor will base his treatment plan on your exam results.

When you finally go for treatment, do not be surprised to see another chiropractor. Sometimes, treatments may require professional assistance. Chiropractors, chiropractic practitioners, or chiropractic therapists may perform an adjustment or two. Dubbed as manipulation treatment, this involves manual therapy. Through applying pressure and massage techniques in your spine, the chiropractors, chiropractic practitioners, and chiropractic therapists will correct your spine. This may include the application of sudden but controlled force to joints and bones. Call their attention if you feel pain, only minor discomfort should be felt during the treatment procedure. Treatments are usually broken in several sessions. You may have to undergo a series of treatments to fully get the benefits of chiropractic treatment.

For more valuable information on Chiropractic Medicine, please visit

<http://www.chiropracticmiami.com>



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