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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

From Ancient China And India: East Meets West In New Anti-Aging Cream

By Jean Bowler

It is interesting to see how scientists are combining ancient knowledge with the latest scientific breakthroughs to create truly effective anti-aging skin care products.

This article will examine Avon's Anew Alternative Night Cream, a wonderful combination of modern science and ancient wisdom from the Far East. It combines high-tech tetrapeptides with a unique blend of ancient Eastern herbs to reverse facial sag.

I can personally attest that within one month my chin line was more defined, my skin tone more even and my neck noticeably firmer.

The active ingredients, described in detail below, work to: protect the skin from inflammation caused by viruses, bacteria and fungi; improve circulation to speed repair and invigorate the skin; and control the body's inflammatory response (as your own hormones did in younger days). Indian Himalayan Herb Protects

Extracts of the Himalayan neem tree, often called Nature's drugstore, have been used medicinally for at least 2,500 years. The tree is prized for its antiviral, antibacterial and antifungal properties. Anew Alternative contains extract of the neem tree's flower (*Melia Azadirachta*) to prevent skin inflammation.

Chinese Herb Invigorates

The benefits of Szechuan lovage root extract (*Ligusticum Chuanxiong* Root Extract) were first documented in the Shennong Bencao Jing published in 500 A.D. (representing a compilation of herbal information believed to be 5,000 years old). The Bencao Jing is the earliest extant Chinese pharmacology tome and is still widely referenced today. Lovage root extract is known to invigorate blood and improve circulation. When applied to the skin, lovage root extract not only speeds healing but also improves skin tone.

Tetrapeptides Control Inflammation and Allow Skin to Heal

Finally Anew Alternative contains palmitoyl tetrapeptide-3. Tetrapeptides actually reverse skin sag by reining in the skin's inflammatory response.

In our younger years, the inflammatory response is a good thing. It is the body's way of walling off an injured area and preventing spread of infection. When its work is done, hormones shut off the inflammation.

However, as hormone levels decline with age, inflammation runs rampant. Older, hormone-depleted skin takes longer to heal and eventually doesn't completely heal at all.

I find it very interesting that once you understand how skin care anti-aging ingredients function, you begin to realize that we are not just talking cosmetics and vanity, but that many such treatments can actually result in a better quality of life.

In the case of Anew Alternative with its combination of ancient herbs and modern tetrapeptides, the result is skin that heals better and is less prone to infection.

As another example, in the case of pentapeptides, the result is thicker skin that forms a stronger barrier against infection. Pentapeptides stimulate the growth of new collagen beneath the surface of the skin and plump out wrinkles from within.

Pretty amazing stuff.

For more on effective skin care, visit

<http://www.ageless-beauty.com/antiaging-skin-care.html>

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Jean Bowler was a ballet dancer and instructor, a teacher, a personal trainer and a cosmetics consultant. She is editor of Ageless Beauty -

<http://www.ageless-beauty.com>

Anti Aging Skin Care Popular Methods

By Oliver Turner

While exploring the scope of anti-aging skin care treatment, the most commonly asked question is 'What skin renovation medicines have so far proved to be effective'? Collecting right information regarding the anti aging treatments flooding the marketplace is the best strategy to adopt anti aging skin care techniques that suit your aging skin.

To regain your eternal beauty and to get back your youth, go with the anti aging skin care

supplements. Anti aging cosmetic products can dramatically improve your look by nourishing you from inside. And that is a natural procedure. No need to go for a painful surgery. Anti aging skin care products can drastically change the way you look and can make you feel young. You can challenge the aging process with anti aging skin care medicines that provide life to your dry or oily skin. You can really stall the ageing process for a few more years with anti aging skin care treatments and enjoy the excitements of youthful life. Try to select anti aging products that will alleviate your rough and dry skin and provide sufficient hydration. Make sure that your anti aging skin products get promptly absorbed into your skin and produce immediate results. Check out whether your anti aging product is hypoallergenic and non-photo toxic. Be careful about damaging your skin instead of repairing it.

Anti aging supplements will rectify the health of your internal system as well as take proper care of your sensitive and wrinkle prone skin. Anti-aging skin care cosmetics usually contain active anti aging components that support the skin's natural ability to remove free radicals, age spots, and chemical toxins that obstruct healthy skin, and improve your skin agility and elasticity. A good quality anti aging product can reduce skin drooping and wrinkling. Anti aging skin care supplements works in complete harmony with the body, supplying and balancing the necessary anti aging dietary requirements thus making your skin glow and look young for a long period of time.

We have made the most comprehensive research on the subject of anti aging skin care products. Find the results only on

http://www.leandernet.com/Anti_aging/Anti_aging.php

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