

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Fun & Healthy Halloween Treats

By Sherri Allen

Fun & Healthy Halloween Treats by Sherri Allen

- * Small bags of pretzels or chips
- * Mini-bags of microwave popcorn
- * Fruit-Roll Ups
- * Fruit juice snacks
- * Small packages of nuts or sunflower seeds
- * Individually wrapped beef jerky or Slim Jims
- * Snack-size graham crackers, animal crackers or Goldfish crackers

You could even consider non-food items. Here are a few:

- * Stickers -- kids love stickers
- * Halloween (or other cool, colorful) pencils
- * Plastic whistles
- * Spider rings
- * Brightly-colored toothbrushes or flavored dental floss

Be creative and help the children in your neighborhood have a healthier Halloween!

www.sherriallen.com

Healthy Treats For Little Trick-Or-Treaters This Halloween

By Susanne Myers

Dried Fruit

Roasted Nuts & Seeds

Trail Mix

Juice Boxes

Stickers

Dollar Store Toys

Enjoy healthy meals any night of the week. We make it easy with the Healthy Menu Mailer at

<http://www.healthymenumailer.com>

– Try It FREE Find out how you can make your child's Halloween costume - fast, easy and no sewing involved.

<http://www.ilovehalloweencostumes.com>



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!