

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Fun In The Sun... Enjoy A Caribbean Vacation

By Jim Grayson

The Caribbean consists of a large number of beautiful islands in the Atlantic Ocean. The Caribbean is proving to be one of the most sought after vacation destinations in the world. With clear blue skies, crystal clear waters, heavenly sea food and superb hospitality presented by the hosts, your Caribbean vacation is something that you will cherish all your life.

Some of the most sought after destinations in the Caribbean are Barbados, Trinidad & Tobago, British Virgin Islands, St. Kitts and St. Nevis and Antigua. All these islands have great treats for tourists in the form of reasonably rated hotels and excellent sites to offer. In the following paragraphs we will give you a gist of the islands mentioned above so that you can plan your vacation accordingly.

Barbados

Barbados proves to be a great getaway for the tourists with its clean and pink sandy beaches. The island has a rich cultural heritage and a wide choice of sight seeing options to choose from. Cricket is the most sought after sport here. The southern coast of the island has a couple of night spots and reasonably priced hotels. The east coast is distinguished with quiet beaches and the ocean is comparatively calmer than on the west coast of the island.

Trinidad and Tobago

Trinidad and Tobago are the southernmost islands of the Caribbean. They lie just a few miles from the Venezuelan coast. The population of the islands is diverse and come from different countries like India, Europe and Pakistan. The people like to play calypso music, enjoy eating and they are usually warm towards their guests. Trinidad is one of the most visited destinations in the Caribbean. Tobago is also very peaceful and beautiful and has a wide number of forests and sandy white beaches. The visitors can enjoy activities like swimming, snorkeling, hiking and bird watching.

The British Virgin Islands

Fun In The Sun... Enjoy A Caribbean Vacation

The British Virgin Islands consist of the islands of Tortola, Virgin Gorda, Anegada and Jost Van Dyke. The Islands have a large number of shops and the pure waters are a treat for the tourists who enjoy activities like swimming and snorkeling. There are a lot of hotels and restaurants to choose from.

St. Kitts and Nevis

The St. Kitts and Nevis Islands are in the northern part of the Eastern Caribbean. St. Kitts is 68 square miles while Nevis covers a distance of 36 square miles. St. Kitts offers a combination of volcanic mountains, beautiful white sand beaches and green rain forests. The capital of St. Kitts is Basseterre. Basseterre has a lot of rich historical architecture and has a good amount of shops and cafes. Nevis is popular for its natural beauty, various plantations and amazing beaches. Charlestown is the capital of Nevis. It is an old Caribbean town has a variety of dining and shopping options to choose from.

Antigua

Antigua is a British Island. It was formerly a British colony and it has still retained its British tradition. Antiguan people play a lot of cricket. Tourism has expanded ten fold in recent years and Antigua is one of the most visited islands in the Caribbean. Antigua is preferred by tourists from all over the world. The island has 365 of the most beautiful beaches and supports activities like swimming, snorkeling and diving. Yachting is also a very sought after activity in the sea.

In addition to the islands mentioned above, the Caribbean offers a lot more exciting islands for you to visit. You can visit the Caribbean islands websites to learn more about the islands and also explore lodging and dining options.

The author makes a living in the field of research and if you have found this article useful, try clicking on his specialist resource sites,

<http://www.caribbean-vacation-review.info>

and

<http://www.caribbeanrestaurant.info>

. For other more general information on this topic and others, try

this site

<http://www.instant-knowledge.com>

.

Visit The Caribbean Islands

By Analeese Burnabaker

There are many wonderful and beautiful places to visit in the world. If you are blessed enough to get frequent vacations then you are well aware of the fact that it can be hard to choose what kind of vacation to go on and where to spend your days away from work. Do you want to vacation somewhere warm or somewhere cold? Do you prefer a bit of an isolated vacation or do you like the busyness of being surrounded by many people? As my family and I have been vacationing for the past few years, we have determined our favorite spot that we just cannot get enough of: the Caribbean islands.

I knew the Caribbean islands were something special the first time we took our children there. There was a magic and a wonder in their eyes upon seeing the water that even Disney World didn't evoke the year before. Our kids were absolutely hooked on the sheer beauty of the Caribbean islands. I didn't mind the relaxed pace or the daily agenda of just being by the water and swimming if we felt like it.

One of the great things about the Caribbean islands is the variety of locations and feels there is to choose from. If you are looking for an island with a lot of activity, you can find it in the Caribbean islands. If, however, you are looking for a quiet and secluded feel for your vacation, it is not hard to find a Caribbean island that fits your needs. Few places in the world offer such flexibility for any kind of vacation. You can stay on a Caribbean island that offers a lot of tourist attractions or you can stay somewhere that only offers the beach. It's up to you.

Another obvious thing to love about the Caribbean islands is the sheer beauty that surrounds you. I have never been to a place more beautiful in all my travels. From the moment we stepped off the plane we were struck by just how full of beauty the Caribbean islands were. The water held a variety of shades of blue and green. The sand was nearly angel hair white and the sky was bright blue and full of sunshine every day. The landscaping was immaculate and I have rarely seen as green of grass and plants. The Caribbean islands are simply unmatched for this kind of beauty.

So, if you're looking for a great place to vacation, look no further than to the Caribbean islands. You can experience any kind of vacation you want to, but all in the midst of the beauty and wonder of the Caribbean islands. What could be better than that?

Analeese Burnabaker loves to visit the Caribbean islands. As a travel consultant, she also loves to encourage others to visit there too. See

<http://www.finecaribbeanislands.info>

for more.



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!