

Fun, good drink, great food, interesting places, pretty ladies – on a

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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

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**By Richard Zastrow**

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A great place to go: Plovdiv! Once you're here, just follow the crowds and you'll find yourself in the midst of great convivial Bulgarian hospitality ... excellent food and drinks, lively music, beautiful girls and ... well, you get the idea. It is just not possible to mention one or two favorite clubs, restaurants or bars. The biggest crowds are on the wide pedestrian shopping street in the city's center, but on every side street you'll find charming restaurants with great food and prices that will stretch your dollars farther than you ever thought possible. A friend and I had a great dinner of salads, potatoes and meat plus coffee and beverage for \$3.50 USD total. In two years, I have experienced very few disappointments in Plovdiv. You won't go wrong at the restaurants in the hotels, but you will miss a tremendous opportunity if you fail to set out down a side street and let your nose lead you to a great "mehana" (barbecue) and your ears will find the way to good entertainment. Our early "beer festival" gets underway next week and it's gonna be great!

The Plovdiv markets are bursting with the first of this year's locally-grown produce. Last week we enjoyed beautiful sweet juicy strawberries at the peak of perfection! Fresh strawberries, sprinkled with a little sugar and cold, thick Bulgarian yoghurt! MMMMmmm! And now the dark red (black) cherries are just beginning to appear. The Plovdiv region is the heart of all Bulgaria's fresh produce; our restaurants are never lacking for fresh fruits and vegetables to serve. Grown here, the produce is fresher and less expensive ... it is no wonder that food quality and prices in Plovdiv restaurants is better than any other city in Bulgaria.

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Take a tour of Plovdiv at Plovdiv City Guide; there are more than 300 photos of this modern, yet ancient city. Plovdiv's history goes back 6–thousand years! Thracian ruins are preserved for scholarly or casual examination. Hotel rooms are cheap and plentiful; \$48 per night in standard modern hotels right in the heart of the city.

Plovdiv gave a great reception to Pope John Paul II at the end of May; he was more enthusiastic and lively during his meeting with our young people than at any other time during his latest East European tour.

His visit in Sofia (our capital) was not at all the same. There is truly something special about Plovdiv.

We offer a free newsletter to those interested in learning more about our unique city. You may

subscribe on the web site.

Richard Zastrow, Manager  
Plovdiv City Guide

<http://plovdivcityguide.com>

None

## **Gentlemen Dream Lifestyle in Southeast Asia**

**By Paul Thusius**

SINGLE GENTLEMEN DISCOVER LOVING FUN IN ASIA

Divorced or lonely gentlemen, don't feel blue, keep reading this Great News for You!

The single gentleman of love for asian ladies have found paradise in Southeast Asia.

They have discovered love and retirement in their tropical paradise.

In Southeast Asia, especially the Phillipines, there is some good hearted ladies waiting for a respectable gentleman.

Meeting these charming ladies is fun, a lot of FUN!

So if you have just split up or haven't been dating for a while, relax as you are in a good position.

You are free to date whoever you like, that's something to take advantage of while you CAN.

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You will be in a relationship again sometime and not be able to experience the variety of women you can right NOW!!

The Phillipines is a Goldmine for single men. It would be insane to ignore the potential and availability of women here.

So don't go thinking that you are desperate or strange for going to Southeast Asia.

Many single gentlemen go to Southeast Asia. It is the best value and effective way for meeting women today.

There are thousands of lovely ladies in the Philippines who really want to give their heart to a nice gentleman who will respect and care for them. You will get over boiled with much affection and dedication in return.

Life is FUN and EXCITTING with Filipino ladies!

There are thousands of friendly ladies in the Philippines.

Paul Thusius administers the

.



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