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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Gaining Wisdom

By David DeFord

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Motivation isn't enough

Much good can be accomplished if we have the right motivation. This motivation often spawns from a defining moment that triggers us to say, "Enough!"

However, motivation alone will not always get us to our goals—vision, planning, action, and discipline must be employed.

Skill-building

Imagine setting a goal to double your income in five years. There are many paths to achieving that goal—new job, start a business, write a book. You could choose dozens of actions to get yourself there.

Most likely, you'll need to learn and build new skills. You will, at least, need to improve and broaden your existing skills.

Balanced learning

To enhance our opportunities, we can spend our entire lives building our learning and wisdom.

Study a variety of subjects. Don't confine yourself to one area of learning. If you have good knowledge in several areas, you can adapt your career to meet the market demands.

Through balancing your study, you also become a more engaging conversationalist. You'll also better understand world events.

Building a library

Business philosopher Jim Rohn suggests that we should leave three important things behind for our families:

- our life in pictures
- our life written in our journals, and
- an abundant library

Gaining Wisdom

Building a library is a wonderful labor of love. We not only build up ourselves, but also our families as we build our libraries.

Areas of study

Rohn also suggests some sections for your library:

- History
- Philosophy
- Biographies and autobiographies
- Law
- Fine literature

- Accounting
- Economics
- Culture (Art, music, dance)

I would add the following sections:

- Spirituality
- Business
- Personal development

As we build our skills, seek balance in our learning, and build great libraries, we position ourselves for success in all areas of our lives: our personal lives, our family lives, our spiritual lives, our business lives, and our financial lives.

Balanced success through balanced learning.

Related Quotes:

"Formal education will make you a living; self-education will make you a fortune."

Jim Rohn

"Learning is the beginning of wealth. Learning is the beginning of health. Learning is the beginning of spirituality. Searching and learning is where the miracle process all begins."

Jim Rohn

"Never begrudge the money you spend on your own education."

Jim Rohn

"To earn more, you must learn more."

Brian Tracy

"None of us...knows enough. The learning process is an endless process. We must read, we must observe, we must assimilate, and we must ponder that to which we expose our minds."

Gordon B. Hinckley

dedicated to helping ordinary people achieve extraordinary success in all areas of their lives. He promotes success through integrity. He is developing a website at www.OrdinaryPeopleCanWin.com and a free weekly e-zine. To subscribe, go to: <http://postsnet.com/app/campaigner/trk/trk2.jsp?cid=241268&rid=240819&ctd=209270263<p=7&gen=0&fmlinkid=84873712>

Weight Gaining

By Armen Hareyan

I learned about gaining weight when I heard the question of a skinny girl asking, "how does someone gain weight." First I came to surprise because gaining weight is not something that people want to have around you. On the other hand we hear that everyone is asking each other for tips on how to lose weight.

Weight Gaining

This article does not intend to provide the reader with good and healthy ways of gaining weight. The intention is informative and is raise an awareness about the fact of how many people are interested to gain weight.

I promised her that I will do research on how to gain weight and on gaining weight without hurting your health.

I was surprised to see that in this age when the majority around us are searching for various weight loss programs, there are so many who are looking for ways to gain weight.

The data provided by

shows that in May of 2004 the number of searches that were

conducted for "gain weight" was 20514. 16810 searches were done by using the term "weight gain." Slightly differently, "gaining weigh," were searched 5621 times. This does not include the pregnancy category because that number is 4858.

The conclusion is that to our surprise there are many in various countries and cultures among us that are interested in weight gaining.

will attempt to bring more articles on this topic that

would serve the weight gaining information needs of our readers.

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Armen Hareyan is the Publisher of

that publishes free health care articles
on many subjects of human health.

Weight Gaining
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