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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Garden Swing For Heart And Soul

By Ken Donald

Gardens Swing as a gift I read a description for an American eagle garden swing. The words simply captured me and made me feel that this was the exact gift that I needed for my wife's upcoming birthday – I went out and bought a brand new swing the next day. Not the American eagle though, but a "Santa Fe Rails" Metal Art Railroad Swing. It is strange what happens when you take a seat in it - it is like your mind wanders off in the second you sit back and relax. An amazing gift for your heart and soul.

Garden Swing and quality time The hours me and my wife has spend together since I bought the garden swing has more than doubled. I am not talking about simply spending time in the same room. No I am talking about quality time with each other where the words and thoughts come in abundance out of nowhere. There is no TV or radio to distract any of us. It is just us. I am amazed how calming and relaxing a garden swing is. It is hypnotic.

Garden Swing and being a teenager again Do I need to mention that our relationship has bloomed? It is like being a teenager again. You know, sitting next to a loved one on the porch and you want to kiss her or him. I am in love again. With my wife that is. I am so glad I came up with the idea to buy a garden swing. The best money I ever spend.

You and a Garden Swing How about you? Do you have one of these garden swings on you porch? Do you recognize my description? If you don't own a swing, try one! Take care and happy hunting for your garden swing.

Much more information about

<http://www.garden-swing-e.com>

on this website. See for your self.

Reach Your Soul Goals Now

By Julie Jordan Scott

Reach Your Soul Goals Now C 2005 Julie Jordan Scott Here is a concept which might surprise and delight you, like it did for me. First, I am a big believer in Goals: Setting them, expanding them and allowing them to manifest magically in ways I never imagined taking form as I reach them. The Goals which empower me the most are something I call "Soul Goals." Look at that word, "Soul." Here comes the concept which might surprise and delight you. When you consider a Goal that is filled with Your Soul, look at the letters that stand in the middle of the word, Soul. The letter "O" and the letter, "U". Now put those letters into words. "Oh – You!" Can you remember a time when you bumped into someone you weren't expecting to see and you were so thrilled to bump into them that your heart leapt with joyful celebration? I have done that several times – and each time I do it, my heart says those two words, sometimes paired with other words as well. "Oh, it is you! WOW! Is it? Yes, it really IS you!!" Julia Cameron wrote in *_Letters to a Young Artist_*, "There is one trick to setting goals, I think. And that is to always leave enough room for the divine to enter." When you connect Your Soul to the Divine, this is where miracles are birthed through whatever you create – from there? Celebration, delight and incredible rewards are yours. Your Soul celebrates when we settle into goals which nurture and celebrate your being, that call your destiny into fruition. Your soul celebrates when your goals are coated with authenticity and are a reflection of the gifts you have been given by a divine source. Your soul delights when you choose to focus on what is right, what aligns with you – your soul lights the way when you agree to take inspired, heartfelt action. Today, choose your soul and honor its goals.

Award–Winning–Life Coach, Writer, Speaker, Actor and Director Julie Jordan Scott has created several unique programs for you to discover how to Passionately Say Yes – and reach your Goals, live your dreams now. Check out the Fr*e*e Writing Group

<http://www.5passions.com/passionategoalreachers.html>



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