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Gardening Your Personality: The Greens Of Growth

By Kirsten Hawkins

Many gardeners are the nurturing type: just like Mother Nature. People say they have "green thumbs" because they can make anything grow. Is your personality the growth type? Are you the kind of person who wants to see others grow and develop? If so, you probably love to be around children and, though you are exhausted at the end of the day, you feel like it is all worth it if you have helped other people. So is there green in your garden?

It seems to be a silly question: is there green in the garden? Most people think that green automatically appears in the garden. Leaves and stems are almost always green. But green can also be used as an accent color itself, though it's often overlooked - just like the nurturing individual - a teacher, a preacher, a farmer. These nurturers are vital to the world, but often go overlooked.

Why does the color of a garden even matter? Many psychologists have studied the effects of colors on the human psyche for years. Colors both reflect our current emotions and elicit certain emotions from us. In other words, if you feel happy, you may wear your yellow shirt to work. Yellow is a happy color. If you look on the walls in the doctor's office, they are most likely blue or some other calming color. Green is a color of growth and nurturing. Used in the garden, can give those feelings liberally.

Many people focus on the brightly colored flowers - the reds, yellows, and oranges, but they overlook what a simple green can do for the garden. The next time you go to the greenhouse to pick out flowers for your garden, take a moment and consider this. It's important because the garden - and your whole house - should reflect your personality. If you are the nurturer, let the green come out and show the neighborhood that this is your sanctuary.

When it comes to greenery, use it liberally in the garden. It's difficult to have too much green. Using green in the garden has a two-fold effect. First, by filling the garden with a green backdrop, the other colors will stand out more vibrantly. If you set off a firework in the middle of the day, it's rather unimpressive. But if you place it on a dark backdrop, it will light up the sky. Green in the garden helps to accomplish this. Green also has a second effect. It gives the appearance of a lush, healthy garden. It's nice to see the different flowers in a garden, but if you fill in the areas between them with some greenery it makes the entire landscape seem to jump to life.

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So when it comes to your garden, does your loving and nurturing side come to the front? Can your neighbors see the effect of your green thumb? With the careful placement of some green plants, you can bring your garden to life and make it an extension of yourself. After all, you spend a great deal of time, effort, and money in the garden. Shouldn't it reflect part of you?

Kirsten Hawkins is a food and nutrition expert specializing the Mexican, Chinese, and Italian food. Visit

<http://www.food-and-nutrition.com/>

for more information on cooking delicious and healthy meals.

What's in Store for National Home Gardening Club Members?

By Nicky Pilkington

The National Home Gardening Club offer many benefits to its members.

It is said to be the largest home gardening organization with paid membership. For a nominal fee, various benefits are available.

If you choose to become a member the National Home Gardening club, you will be entitled to the following perks.

1. Members can enter competitions to win free gardening products such as gardening accessories, tools, and other gardening supplies.
2. A coupon will be given to members to claim a free gardening shears.
3. Members can also access a free trial subscription of the Gardening How-To Magazine.
4. They may be eligible to test and keep gardening tools such as pruning shears. These are some of the products tested by members in the past two issues of the Gardening How-To magazine:
 - Honda Harmony Lawn Mower
 - Miracle-Gro Garden Weed Preventer
 - Sunflower Garden
 - Cobra Head Precision Weeder and Cultivator
 - Preen 'n Green
5. Members can enjoy a free directory of public gardens, which contains information about lush gardens, arboretums, and conservatories throughout the US.

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6. They can interact and talk about tips, ideas and methods with other members.
7. Members can obtain gardening and landscaping tips and plans for the completion of various gardening projects.
8. They have access to the members-only gardening website.
9. Members can also preview gardening books, gardening videos, etc.

Indeed, the for-members-only benefits are that grandiose. They are all for the gardening enthusiasts to grab.

After the 30-day trial, you can continue your membership for only \$1 per month.

Many garden-lovers think this is a small price to pay for all these privileges.

Find out more about gardening at

<http://aboutgardening.org>



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