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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

Gardening--Fun and Frugal!

By Cyndi Roberts

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by: **Cyndi Roberts**

5. Plant marigolds in your vegetable garden. They will attract insects that eat aphids and other pests.

8. If you have access to them, pine needles make excellent mulch.

"He who plants a garden, plants happiness."

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Growing Fruits And Vegetables The Way Nature Intended Them To Be

By George Hapgood

Why would one want to indulge in organic gardening?

1. Organic gardening is less boring.
2. Less health harming chemicals on the food that you and your family may consume.
3. Less harm to the environment.
4. Cost savings

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