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**Menopause, Andropause And Other Hormone Imbalances**  
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**Gentian Violet: An Effective Treatment For Thrush**

**By Charlene J. Nuble**

What is gentian violet?

Gentian violet sounds like something that is very sophisticated but actually it is not. It certainly is not a color but rather gentian violet is just a quite popular treatment for thrush. Thrush occurs because of infections on the skin or mucous membranes inside the mouth and may infect both infants and adults.

People at special risk for developing thrush are the following: newborn babies, denture users, adults with diabetes or other metabolic disturbance, people undergoing antibiotic or chemotherapy treatment, drug users, people with poor nutrition and people with an immune deficiency. These people or the people around them, whichever is applicable, should be extra observant so that any signs or symptoms of thrush can be detected and then treated right away otherwise the condition has a chance of worsening.

It is a belief of many that gentian violet is the most effective treatment of nipple soreness for breastfeeding mothers. The mothers who have used gentian violet can attest that relief is rapid so meaning it usually works right when you need it meaning as soon as possible but make sure that the dosage is right. To be discussed in the paragraphs to follow are some of the suggestions to people who use and about to use gentian violet for thrush. These next items will indeed be very useful to gentian violet users.

Gentian violet can be messy so timing, though not everything in this case, of the application of this treatment is essential. Most mothers prefer to doing the treatment just before they get a good night's sleep because during those hours they can keep their nipples exposed thus no need to worry about staining their clothes while the application is in progress.

The effect of the gentian violet for thrush is sort of immediate and in most cases thrush is one hundred percent gone by the third day if not then consider applying affected areas for a few more days. If problem persists then it is time to consult your doctor.

If baby is irritable while being nurse by a mother who uses gentian violet for thrush then the mother should stop using the gentian violet immediately and then go see a doctor instead for other possible

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suggestions for the treatment of the thrush.

There are other ways to cure thrush but gentian violet is still the one thing that people readily look for when thrush occurs. In this case there is a need to make sure that it is the genuine gentian violet for thrush and not some rip off medicine that you have in hand. This is so because some people are questioning the credibility of gentian violet and some attribute the failed times of gentian violet to fake products that do not have same ingredients as the real gentian violet.

These are just some of the things that users of gentian violet for thrush should be aware of. The notes are just easy to remember. It is now possible for you to recall how and why gentian violet should be used for thrush. If unfortunately one day you wake up and discover that you have thrush then you can use the information in this article for your own good. Otherwise you can always provide the information

you have read to a very worried mother whose kid has thrush but who knows nothing about gentian violet.

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Charlene J. Nuble 2006. For answers to All your frequently asked questions about thrush, please go to:

<http://thrush.candidaanswers.com/>

### **Treat That Oral Thrush Now!**

**By Charlene J. Nuble**

These days there are many kinds of diseases that are just dismissed by people as if they are not important. Discoloration, spots or rashes in any part of the bodies are deemed as irregularities but are not really candidates for urgent treatment. One such occurrence that can turn into diseases is oral thrush. Some people may not even know that what they or their loved ones have is oral thrush but oral thrush and all other kinds of thrush can spread to other parts of the body not originally affected if not treated.

Oral thrush is usually described as white to cream colored or yellow spots in certain areas of the mouth. These spots are also slightly raised so it can be felt as a small bump. People who have oral thrush normally feel no pain in the area underneath the spots and might even have the urge to scratch it off. If you scrape off the said spots, they leave small wounds that bleed slightly.

The earlier description is true in most cases but for adults, thrush can also cause an uncomfortable burning sensation in the mouth and throat. Some of the causes of thrush for adults include the simple of reason to stress or an even deeper problem that is an underlying disorder.

Oral thrush treatments for infants should include a period of waiting may be appropriate. It is highly

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advisable to go to the doctor. During the early stages, it is not really a life and death situation but start to worry when the condition does not resolve in two weeks in which case an oral thrush treatment from a doctor will come in handy. As for preventive oral thrush treatment or tips, it is a must to always sterilize bottle nipples or pacifiers and to wash, in hot and soapy water, toys that baby frequently chews on.

On the other hand oral thrush treatments for adults though largely similar to infants have some factors that are not really applicable to infants. The older victims of thrush are capable of trying to investigate for themselves the condition that caused the thrush and do something about it. They can actually do a sort of preventive oral thrush treatments or procedures to avoid the thrush from recurring. As soon as the condition that caused the oral thrush has been treated then the thrush itself can be cured.

Oral thrush treatment usually consists of anti-fungal medicines in the form of pastilles that are sucked or oral suspensions that are held in the mouth before swallowing. If unfortunately complications occur then oral thrush treatment that is systematic should be applied. This can be in the form of dosage of anti-fungal tablets or if advanced form of oral thrush treatment is needed then maybe through injection.

As in any disease, the important thing is early detection and being pro-active about the entire case at hand. There will always be that period of observation for cases like thrush but it should not last very long. The key really is to never ever hesitate to see your doctor for oral thrush treatment. Others may think that thrush is something that over the counter drugs can cure so there is no use to go to the doctor. Then again as mentioned, in the earlier paragraphs, the doctor has to see you to assess if what you have is a plain thrush or is a manifestation of something else.

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