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Get Rid Of Some Of That Stuff!

By Gabriel Adams

If you're not careful about periodically removing kid toys and games from the home, you could easily find yourself hoarding literal piles of this stuff as if they were precious metals. This goes for kids clothes as well, which wouldn't be such an issue if they were being used. The problem is that oftentimes, they haven't been used for years. Toys get broken, games miss pieces, and clothing no longer fits. Yet year after year, these items seemingly stake a claim in the home as if they're part of the family tree.

What is it about these things that make them so hard to get rid of? Is it their nostalgic value? Do we actually believe that one day, we'll fix those broken toys? Is anyone else in the house convinced that we'll really replace the tokens in our favorite board games? And what about kids clothes? We might be able to persuade ourselves that those old hand-me downs will come in handy by the time the second generation family rolls around. But is there any guarantee that this generation will even want to wear them?

Yes, it's hard to get rid of some personal items. They remind us of good times, children's laughter, or maybe they remind us of the first day that our children step foot in elementary school. But if you're craving a more efficient lifestyle and more living space the way that most of us are, you're going to have to head to clutter court and divorce yourself from the things that are no longer applicable to your everyday "modus vivendi."

Take the toys and games that are no longer functioning to a recycle center, and pack up the clothing for a charitable function. Your closets, drawers, garage, and basement will thank you!

Once you get rid of the old stuff, bring in the new!

<http://www.edealsuk.com/toys-and-games-shops.aspx>

<http://www.kidsmoda.com/>

<http://www.edealsuk.com/cashback-mother-and-baby.aspx>

What's Simple?

By Angie Dixon

If you walk up to a stranger in the grocery store and ask them to define "simple," as in "simple life," they'll probably say something like "having less stuff." Or they might hit you with a frozen turkey. But probably they'll associate simple with stuff.

The thing is that simple is not about how much or how little you have. You can have all the stuff you want and have a simple life. That's the key, though—the stuff you want. Simple is about having more of what you want and less of the things that get in your way and trip you up.

If you continue questioning the guy with the turkey, he may hit you with it again, or he may spit out some more associations with the word "simple." Those words might include "nature," "inexpensive," "boring," "organized," "miserly." Those are words we think of when we think of simple living, but none of them has to be associated with simplicity—certainly not boring and miserly. Sure, if you want to live your simple life with nature, you can. If you want to get rid of most of your life and live on a shoestring, you can.

The key to simple living is to have, as much as possible, only what you want. Naturally you have to have things in your life that you don't want, like traffic and Monday mornings. But your goal in reaching simplicity is to have more of the things you do want, like good books and doughnuts on Sunday morning, and maybe a good CD to listen to in the car while you're in traffic on Monday morning.

Simple is really simple. It's what you want, not what you don't.

Angie Dixon helps small business owners get their acts together. She is a personal development coach specializing in helping people integrate their home and work lives so they feel less stretched and more balanced. Get her FREE EBOOK on balance at

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What's Simple?

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