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**Get Thyself A Mentor**

**By Sue Dyson**

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While there are many secrets to success, they are only secrets until you know about them. I'm about to let you in on a little known "secret" shared by many successful people.

Ask any person who has already succeeded in their chosen field, and they could likely provide you with the name of at least one other person who has inspired them in their success. This is the process of mentoring.

Mentoring can occur in whatever field you have chosen for yourself, be it business, healthcare, trades or even parenting.

You may be wondering what exactly is mentoring? Formal mentoring involves a close personal relationship with someone who has succeeded in your chosen field. A mentor is someone who is doing what you want to do, or, more specifically, being how you want to be.

A quality mentor generously shares their knowledge and resources. They may live by the philosophy of 'More for All, Less for None'. They consider themselves successful when their mentees (that would be you) succeed.

A mentor agrees to take you under their wing and show you the ropes, so to speak. They share their own resources with you, help you develop your own, teach you to develop critical decision-making skills, and simply provide you with moral support in your journey towards success.

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There are formal organizational structures that match up mentors and mentees, particularly in student situations. Sometimes, too, a mentoring relationship develops casually, in work and parenting situations. This is also just as effective.

You can set up a formal mentoring relationship on your own, if this is what suits you. To do so involves identifying and approaching someone you would like to be your mentor, someone whose qualities and abilities you admire. A formal mentoring relationship is a time/energy commitment. As mentioned previously, though, most successful people have been helped in this manner themselves and acknowledge the benefits of giving in a mentoring situation.

Mentoring is a truly reciprocal situation. As a mentee (again, that would be you!), you may feel you are getting more than you are giving. You really need to just allow the mentor to give. Your job is to gratefully receive all they have to offer. No greater gift could be given to a mentor, than for them to see their mentee succeed.

This formal method of mentoring involves sharing your thoughts and ideas with another person, and them sharing theirs with you, guiding you along the way. It isn't always this definite, though. Read on, I have a few suggestions for finding a mentor even if you are painfully shy or socially isolated.

We may not all have the opportunity, or the courage, to approach someone and ask them to mentor us. If you are currently in a socially isolated situation, or – up `til now – have lacked the courage to approach someone, there are alternatives to having a living, breathing, face to face mentor in your life. Consider these points:

Choose a person with qualities you admire, who has passed on. Read biographies, study their philosophies. This can be a close family member or friend, or even someone like Albert Einstein, Eleanor Roosevelt, or Amelia Earhart. (Okay, some of my personal favorites!) Studying successful people you admire can inspire you to success.

Another alternative, and don't limit yourself to just one – is to study from afar, someone living and breathing, who has those qualities you admire. They don't need know you to mentor you. Their successes and the way they conduct their lives can inspire you to YOUR success.

Consider the way Michael Jordan has conducted his life. At the top of his game of basketball, he wanted to try baseball. That took what I consider great courage.

Whomever you choose, they will demonstrate qualities you admire. This is what I have done with Robert G. Allen and Mark Victor Hansen, authors of *The One Minute Millionaire*. It was in this book that I first discovered the benefits of mentoring. They inspired me to think outside the box I was in, to take a good look at what I wanted in my life and make plans for achieving

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my goals. So, though I don't know them personally, their words have affected me personally. I truly appreciate what they have given me.

Hopefully you are now imagining a few ways to find YOUR mentor – living or not. It could even be a combination.

Don't limit yourself! You could have a casual, one on one relationship with another mother whom you consider a mentor, someone who has already been through the trials and tribulations of the parenting journey. You may set up a more formal mentoring situation for yourself in your work situation. Then, you may chose a distant, less formal mentor for your personal success development.

Which ever method or combination of methods you chose, mentoring gives you the support you require to succeed – even if it's an innocent illusion!

Sue Dyson, a stay at home mom to three children and one large dog, publishes SuccessfulMama Ezine, offering down to earth tips and resources to help moms balance personal goals with the craziness of motherhood. Visit <http://www.SuccessfulMama.com>

### **The Importance of a Mentor**

**By Troy Arden**

When I first started this long but exciting home business journey I didn't know which way was up. I had so many questions and absolutely zero answers. Where do I start? More important was how do I start? What to do, how to do it, where to look, what to look for and so forth. To be honest, I was lost.

Then came along my mentor. She helped me every step of the way. I was coached on what to start off with and how to go about doing it. Step by step my mentor tutored me so my business could get off the ground and start rolling. Without her I would be nowhere near where I am today.

My advice to all new home business entrepreneurs is to get a mentor. Things will run a lot smoother and you won't be left shaking your head.

For information on starting a home business including articles, ebooks and business opportunities please visit:

Troy Arden is a succesful home business entrepreneur and can be contacted at

The Importance of a Mentor

Use A Mentor To Get Your Online Riches!

Do You Really Need A Home Business Mentor?

A Home Business Mentor Can Help You Earn Big Bucks

Bully Victims Need an Adult Relationship

Mega-Wealth Audio Library  
How To Create HOT Information Products  
Profitable Crafts Vol 4  
About Niches  
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