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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Getting A Second Opinion

By MalaMaal.com

Getting A Second Opinion

Getting a second opinion is standard medical practice these days. There are millions of surgical procedures performed in the United States every year and the majority of these operations are necessary for the health and well being of the patient. But, according to recent studies, a percentage of surgeries may be unnecessary.

Many people are now seeking second opinions, especially when it comes to elective surgery procedures. Also some insurance companies are encouraging second opinions for surgical procedures and more people than ever are beginning to take an active role in their health care options.

Based on all of the surgeries performed, one can conclude that overall we have a good system. However, we still hear of horror stories and botched operations from time to time, both in this country and around the world.

A second medical opinion can save you time and money, and it is possible that the condition in question can be treated by means other than surgery. Your doctor's approach to treating your condition is influenced by his training, experience, and exposure to new techniques. Getting a second opinion is standard medical practice, and you will find that most physicians welcome second and even third opinions. You can be candid and open with your physician about this as you tell him your feelings and how much more comfortable you'd feel getting another doctor's opinion.

If you decide to get a second medical opinion on a surgical procedure, you may wish to ask your doctor to refer a colleague or specialist. If you'd rather seek out another doctor yourself, you can take the matter up with your local medical society or area medical school.

When you go to a second doctor, tell him or her the name of the recommended surgical procedure and do over the various tests you have already had. This can save you the unnecessary expense of running duplicate medical tests. If the second doctor agrees that the surgery is necessary, he or she will usually send you back to the first doctor.

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If you make the decision to have the recommended surgery, there are a number of questions you may like to have answered such as from what medical school did the surgeon graduate, and in what specialty did the surgeon complete an accredited residency program. You might also want to inquire as to how many operations like yours the particular surgeon has performed and how many of those patients have required additional surgery.

A good indicator of a surgeon's competence is certification by the American Board of Medical Specialties. The letters F.A.C.S. (Fellow of the American College of Surgeons) after the surgeon's name is another sign of a surgeon's qualifications.

Once you are comfortable with your choice of a surgeon, find out what your options are. Ask about possible risks, complications and side effects, and the length of the recovery period. Talk to others

who have had the same procedure. Also, don't forget to check with your insurance company to learn if the surgical procedure is covered under your policy, and if so, whether it is covered as in-patient or out-patient surgery. Remember, you deserve to be informed of all your health care options, especially when it involves a surgical procedure.

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Add Personality And Stir 3 Times!

By Gordon Bryan

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"Be who you are and say what you feel, because those whose mind don't matter, and those who matter don't mind."

–Dr. Suess.

Oooh, good quote, and it sums up the thrust of this article.

People buy from people that they know, like and trust.
How will they get to know you, to like you, to trust you?

Not by putting up a website the same as everyone else's, that's for sure.
And not by hiding your light under a bushel either.

One of the paradoxes of the internet is that although it is one of the most miraculous developments in communication we have ever seen, people are afraid to be themselves.

Most people think that they have to appeal to everyone, that any opinion will alienate potential customers.

Yes, your opinion will indeed alienate some people, but these are not the people you want to do business with anyway.

Being yourself will attract as many people as you might push away, so the theory just doesn't stand up.

This particularly applies if you publish a newsletter.
Let people know what is going on in your life.
People will come to know all about your life, which is great, because they will also like you and trust you.

And what will people do if they know, like and trust you?
They will believe what you say if you recommend a product, because they have faith in your integrity.

Who do you seek out on the internet? Who do you listen to, and enjoy reading?
Is it someone who expresses his or her opinion freely, tells you how it is?
Or is it someone who you have no idea what they think?
Well it's the person who already agrees with what I'm writing here, of course!

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So, any formula you come across, any recipe for success, whether online or offline, don't forget to add your personality and stir 3 times - it's just about the best free resource you can get, and it comes in unlimited supply!

*****Gordon Bryan's new book, "Transform Your Life in 21 Days!has been described as 'a must read', 'awesome', and 'a true gem'.If you liked this article, see the book for yourself at:<http://www.transformyourlifefor.com>*****



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