

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Getting Your Family Involved In Your Home Business**

**By Craig Binkley**

**Getting Your Family Involved In Your Home Business**

by: **Craig Binkley**

Do you own your own home business? Is your family involved with your daily business? Yeah, I know at times it seems easier to just do everything yourself. It is an easy trap to get into. Why take the time to explain the job, show them how it should be done, make sure it is done properly, and then possibly have to redo the project if it is not done to your liking? Yes, we have all been through this at some point. The question is: what are you going to do about it?

You basically have two options: Do everything yourself or invest the time to get your family involved. For me, the second one is the ONLY option.

First off, if you are doing everything yourself, you are probably spending a lot more time with your business than with your family. Secondly, you are depriving your spouse and children of the joy of owning a home business.

Why not take some of the burden off of yourself by allowing your family to help you in your daily tasks. Here are a few ideas that you can implement to start getting your family involved.

**SPOUSE:** If your spouse is not involved with you in your home business you are missing a great opportunity to spend some much needed time with him/her. I know, this may not be everyone's idea of quality time with your beloved, but is it not better than the alternate - you doing your thing and he/she doing theirs? My wife is my biggest supporter. She is the person I bounce ideas off of. She is also my proofreader. If your spouse is not in tune with what you are doing, do what you can to peak their interest and get them involved today.

**YOUNG CHILDREN:** Obviously there is not much for a toddler to do, but as they grow older you can give them small jobs to start out (dumping your trash can, sharpening your pencils, etc.) and continuing to give them more challenging jobs as they become more mature. No matter what the job, kids feel a sense of pride in knowing they are "pitching in".

## Getting Your Family Involved In Your Home Business

**TEENAGERS:** This is the group you need to get! There are so many things that a teen can get involved with (sports, music, friends, drugs). Wouldn't it be nice if what they are involved with were your business? If you have been giving them jobs as younger children then most likely they are already involved. If you are just getting started with your business and/or getting to those teens, try giving them some things that they might not expect that you would delegate to them (typing a letter or making a call to a supplier to place an order). Let them see that you have the confidence in them and they will respond likewise.

Our teen daughter makes her own jewelry so we decided to make it a part of our business with a section of our website dedicated to her creations only. After seeing this, our oldest son decided he wanted something to do, so he started making wood-burned signs. We added a page for him also. They both are very proud of the fact that the stuff they are making is actually on the web. It has gotten them very interested in what we do as a family business and allows us to get them even more involved

as time goes by.

In conclusion, do whatever you can to get your family involved. Not only will it alleviate some of your workload, it can truly draw you family closer together.

Craig Binkley - husband, father and home business owner assisting in the restoration of the "traditional" family through home business ownership.

## **Balancing Your Home And Business Life Without Having Super Powers**

**By Aurelia Williams**

For moms who work from home, balancing the home and business sides of their lives can feel downright impossible, especially when the reason they began working from home was so they could spend more time with family. However, many home businesses actually fail because moms don't manage to balance business and home life. How can you juggle your family's needs, your business needs and occasionally find some time for your needs without being a super hero?

The first thing any mom should do to achieve balance is to get the family involved. If your children and husband support you, you will find that they interrupt less often and are more likely to pitch in to get household chores done. You're probably thinking that will happen the day the moon turns to blue cheese, right? However, if you mention that you need to get a major project done and will be able to buy a pizza and rent a video when you are paid, you may be surprised at how quickly everyone pitches in to help out.

If you have young children, they may not be able to understand the concept of waiting for a reward. To get your younger children involved, try explaining what you are doing in very simple terms and having them help you. Set up a small desk or table for your toddlers and add crayons and paper so they can help you with your work by drawing some pictures or writing a letter. Children that are a bit older can put stamps on envelopes and seal them, paperclip papers together or do other simple organizational

## Getting Your Family Involved In Your Home Business

tasks.

Of course, no matter how supportive your family and friends are, they are not going to be happy if you work 15 hours a day. Make sure that you ask for uninterrupted time to do your job or run your business, but also make sure that you schedule time for your family and friends. While you are making up that schedule, don't forget your significant other. If you sit at your computer all evening after the children are tucked away for the night, you may end up with some serious relationship issues!

Once your family and friends are involved and you've scheduled time for them in your life, it is time to consider a few ways to make the most of your valuable work time. While you may be tempted to work non-stop during the time you have dedicated to your business, you should actually try to take some breaks. Taking a half-hour walk or having lunch away from your desk can really help you recharge your mind and keeps your body from growing stiff and tired. When you sit back down, you can do so with a clearer view of your goals and fresh energy and focus.

Also, don't be afraid to make a "to do" list for your business. Write the four or five items you absolutely must do on your list and promise yourself that you will get them done before you visit your favorite forums or check your email. This can really help you get more work accomplished in less time.

So, although you may not have super powers, you can still have a home life, a business life and some time for yourself. The next time you are feeling overwhelmed, take a deep breath, ask your family for some help and try out a few of these great ideas for balancing your life.

Aurelia Williams, is the owner of Real Life Solutions (  
) , a Family

Resource site that helps you lead an emotionally & physically healthier and less stressful life.

Related Content:

Read more Content at

Related Products:

: A genuine resource center for Quality Ebooks and Softwares



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**