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Ghosts vs. Demons: Real or Coincidence

By Gloria Young

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As a ghost hunter and paranormal investigator, I have had my share of experiences with ghosts. I have also had my share of people asking me how I know it was a ghost that made those experiences happen. My response goes something like, 'when I get my hair pulled, my shirt pulled or I get pushed and, when turning around there is no one there, it's hard for me to say that it's not a ghost. When performing an investigation, I know where the other members of the group are and the realization that I was touched by something that no longer exists as a part of this world, becomes very profound to me. It took an extreme amount of energy for that ghost to perform that action and he/she picked me to do it to. I feel very honored. It is not often that one is chosen for such an honor.

As I am able to discuss the effects of dealing with a ghost, I think it is proper at this point to discuss the possibilities of demons. First, let me make it very clear that in over ten years of performing investigations in buildings, graveyards and homes I have never come across anything evil or malevolent. I am not saying that there isn't anything like that out in this world but it is not something that I have ever come across.

Personally, I don't believe that such things exist. I also don't believe that these things have anything to do with religion or God. You cannot demand them to go away in the name of the Lord. The Lord didn't make them. How can you expect the Lord to take them away? Religion has nothing to do with any of these things.

Demonologists cannot take away things that are evil. Taking the word for what it is and means - demon is obvious in that it is something not from this world but -ology is "the study of", therefore, demonologist stands for someone who studies demons. The word doesn't stand for remover of demons. I have a difficult time understanding, let alone believing that someone...a human being can take away something that is made from evil. Standing in the middle of a room with a cross that has probably been blessed does not make evil leave. It does make the person performing this ritual and the person who lives in the house feel much better but it serves no other purpose.

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The idea that someone can be possessed is not an impossibility I suppose, however, I find that more often than not, it is merely the "raging hormone syndrome". This is a phrase I have coined recently to explain the pre-pubescent hormonal feelings that emerge from young children that are soon to be young adults.

Demons are beings from the underworld, beings that might have super powers or are able to make humans submit to its' whims. Demons are beings that have been made up by placing them in movies and on television. In my religion, there is heaven, hell and purgatory. I have learned of hell and what it constitutes, that is, the raging fires that burn in hell and all who must remain there because they have sinned. I don't know if there is a hell but I do believe that there is a heaven. I believe that there is an all-knowing God.

I think that there are plenty of explanations that are manmade or natural that will explain the demons

that present themselves in our world these days. I believe it is more of a psychological or psychosomatic entity than an entity that can overpower a young person's mind and make them do whatever they want.

Our world has so many pressures in it that we are no longer the easygoing people we once were. We live in a world of hate, war, famine and to deal with our family life diminishing before our eyes makes it harder and harder to be surrounded by positive energy. We need to go to extremes to make the negative energy remove itself from our presence and continue to allow the positive energy, which makes us happy and comfortable, continue to thrive in our lives. Hopefully we are able to continue this ritual and be able to grow in our spiritual and physical lives.

Gloria Young has been a ghost hunter and paranormal investigator for over 10 years. She has dedicated her life to researching paranormal activity. She has written, "Faces of a Ghost Hunter" as well as three other books. She founded the paranormal research group, "Ghost Trackers". She has co-produced two documentaries on ghost hunting. (www.ghost-trackers.org)

Real Ghosts, Ghost Hunting, and Quantum Physics

By Robbin Renee Bridges

One of the benefits of a lifetime of afterlife communication is that I know a lot about ghosts ... what they are and what they're not. For instance, they're not "caught between worlds." And they don't need us to help them "move on." They're exactly where they're supposed to be. You don't honestly think that God, the Creator of the Universe, would leave their eternal fate in your and my hands, do you?

You CAN say that they are "earthbound," but that's because their consciousness never left the earth. And when you die, yours won't either. We're all right here together forever. That's just the nature of the afterlife. Yes, knowing the laws of the afterlife can make these things a lot clearer.

Lately, I've been researching what folks believe about ghosts and hauntings. I've investigated the

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investigations. Repeatedly I've read, "We don't use ouija boards, séances, mediums or occult methods." Yet it's common for ghost researchers to accept, as an underlying condition of their investigations, the erroneous claims of psychics, mediums, and channels.

I'm referring to such concepts as "caught between worlds," "unfinished business," "earthbound souls," and ghost children in distress. At the same time ominous warnings urge vigilant caution in case non-human demons and malevolent entities are encountered. Oh, and don't forget the Hollywood expression, "Go to the light." Scientific research can't be conducted properly on a foundation of superstition.

Let me tell you some things that are true about ghosts. Actually there are only two kinds of ghosts: real and not-real.

The real ghosts are everywhere. They're in your home, in your car, in your school, and in your dreams. Ghost researchers call these interactive ghosts. I call them soul-ghosts, or disincarnate souls. I don't care for the term, disembodied because they do have a body. We just can't see it for the same reason that we can't see sound waves and ultraviolet light. They're outside the range of our sentient boundary.

Soul-ghosts are interactive. They reach out to you, and you feel no fear ... absolutely none. They envelop you in a blanket of warm fuzzies. Real ghosts can be mistaken for angels. This isn't a paranormal experience. It's a supernatural and spiritual experience.

The not-real ghosts seem to be everywhere too, but only for people that believe they exist, or at least believe that they might exist. They rarely bother unbelievers. Ghost researchers call the not-real ghosts ... residual ghosts. These ghosts seem to defy the Law of Conservation of Matter and Energy because they pop in and out of existence like virtual particles. The appearance of this type of ghost can be explained by quantum physics. From the Copenhagen Interpretation, which states that nothing is real until you look at it, to the holographic theory of the universe, all ghosts abide by the laws of quantum physics.

People that experience residual ghosts say that they seem to be caught in a time-loop replaying the same scene over and over. The above mentioned physics also apply to residual ghosts but with the addition of Schrodinger's equations. For every "now" that we experience, a positive wave flows into the

future and a negative wave flows into the past like concentric ripples created by a rock thrown into a pond.

The fact that some people experience residual ghosts is due to normal functions of human consciousness. Although some might rather think of it as a "glitch." Residual ghosts are unusual and fascinating experiences with natural causes.

Briefly, a few more types of not-real ghosts are poltergeists, demons, and shadow people. Abnormal psychology applies to poltergeists and demons. The physiology of the eye accounts for shadow people.

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So, what's the truth about ghosts? Do they exist? Yes, of course they do. Can the scientific method be used to investigate them? Yes, they use measurable amounts of energy. Can you record their voices and photograph ghosts? Yes, but one needs to be alert to pattern recognition tendencies.

The science of ghost investigation has the potential to make a huge difference in a society still tormented by superstition and fear. You have the equipment. You have the rationale. And you have the compassionate desire to help others.

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Robbin Renee Bridges, a chaplain and grief counselor for more than thirty years, is the author of numerous published articles and the landmark book, "A Bridge of Love between Heaven and Earth: Self-Induced Contact in the Afterlife." For more articles about death, ghosts, and the nature of the souls in the afterlife visit



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