

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Golf Essentials**

**By James Anderson**

Without question, golf clubs are the most essential pieces of golf equipment. They are your keys to greatness and your weapons of battle. Without the proper set of clubs, you might as well be playing croquet, because you're not going to make a game winning long drive, or a precision putt.

>From rookie to pro, the right clubs are undisputed golf essentials. According to the official rules of golf, a player can have no more than 14 clubs in his or her bag. One of those clubs is your putter, leaving you with 13 tools that will make or break your game.

To properly arm yourself with the golf essentials, it's important to be honest with yourself about your skill level, the quality of your swing, and exactly what kind of player you are. This will help in making your choice of woods and irons to match your game, and it can save you a bundle of money. If you fess up to the fact that you are indeed a beginner golfer, you can save hundreds of dollars on an inexpensive starter set of clubs.

To match your skill level with your golf equipment, you need to know your handicap. There are low-handicap, mid-handicap, and high-handicap golfers. The term 'handicap' measures how well you will compare with an average golfer in shooting an 18-hole golf course. Golf experts classify low-level golfers as those who will shoot an average of 82 or less on a typical course. This equals 9 or fewer strokes over par, or a single digit handicap. If you have been designated a low level handicap, you'll want to pack your bag with high performance golf essentials. Choose the best clubs and maximize your abilities.

Golf essentials include clubs to get you through, or around, any situation. Be sure to pack a driver and at least one other wood, such as the 3-wood. Low irons, such as the 3- or 4-iron, are also necessary. Low-level handicap players can make more accurate shots, and these essential clubs can help you hit the green from 200 or more yards. Your pitching wedge and high trajectory irons, like the 8 and 9, will benefit your mid-range approach shots.

Anyone can hit a ball with any golf club, but the right clubs for you are definite golf essentials. Choose your weapons wisely, and be sure to bring the right ones along. Oh, don't forget your sand wedge.

Life's a beach after all, and you could find yourself right in the middle of it.

James Anderson contributes articles to several online magazines, including

<http://fylar.com>

and

<http://first-fun.com>

## **All For The Love Of Golf**

### **By George Gabriel**

Golf is supposed to be an enjoyable game. We golf over and over again, because we love the game. So why do we beat ourselves up, just before we get off the first tee box? Have you ever heard yourself with a bunch of negative emotions before the golf round?

"Another day out on the golf course and my back is killing me." Why would you even consider golfing, if it were painful? Why did those even consider golfing with a bad back? I'll tell you why. All for the love of golf!

"I have to get through this eighteen with the least amount of pain." Why not play nine holes instead of eighteen? I'll tell you why. All for the love of golf!

"I am not too sure if the mental part of my game can take any more. It's tough mentally when things just aren't going right." If your confused mentally, why even bother picking up a golf club? I'll tell you why. All for the love of golf!

"I hope this is not going to be another brutal round, like the other day?" When things are not going right, why not take a day off from golf and meditate instead? I'll tell you why. All for the love of golf!

"If I do not hit the fairway on the first tee box, I think I'll quit playing golf after eighteen." Why quit after eighteen when the first shot may be the reason to quit? I'll tell you why. All for the love of golf!

"If I do not make par on the first hole, I am not going to keep score for the rest of the round." If your temper is that bad, why carry a scorecard at all? I'll tell you why. All for the love of golf!

"The first water hazard my ball ends up in, my golf clubs are going in with it." Do yourself a favor and play with rentals. Why? All for the love of golf!

"I better not three putt any greens today. I'll break my putter on the first three putt green, if I do." Do yourself a favor and pick up for two. Why? All for the love of golf!

"Frosty will never see winter, if I get a snowman today." Do not play golf with anybody by the nickname

Frosty. Why? All for the love of golf!

To help avoid some of these negative emotions, booking a tee time in advance will help keep your mind on a positive level. Why? All for the love of golf!

Learned to play golf as a caddie. Caddied for as many as three players at once. Played as much as 54 holes of golf in a day. Why? All for the love of golf! Now running a tee time site at

<http://www.gofanchor.net>

and a golf site at

<http://www.gofanchor.com>



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)  
Menopause, Andropause And Other Hormone Imbalances  
Impair Healthy Healing In People Over The Age Of 30!**

# Golf Essentials

