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## Golf Swing For Sand Traps

By Edward Charkow

A good golf game is hard to find, especially a good game of your own. We watch the PGA tour

players and they make it seem so simple. However, if you are sincerely interested in learning new and great ways in which to play the game, then you have come to the right place.

The first suggestion I'm going to give you is by far the best and that would be to employ the services of a local PGA approved golf pro. The job of a pro is to assist you in finding the best swing for your particular golf game. Unlike the tapes and books you see in infomercials and widely available online, golf pros will actually watch you play and offer advice and guidance that are specific to your personal strengths and weaknesses. Golf pros can offer assistance, especially with the trouble shots such as sand traps and chip shots.

The next series of suggestions that I can make are geared to help those that are either skeptical of the assistance that golf pros can offer, can not afford the services of a golf pro, or simply have no desire to employ the services of a golf pro. That advice for a proper swing when faced with the sand trap is:

1) The goal of golf is to get the ball in the hole in as few shots as possible. With this in mind, it makes sense when stuck in the sand traps, to play smarter rather than harder. The goal is to get out of the trap as quickly as possible. If the best play is to hit the ball backwards on the course make it a very short hit and take the loss once rather than landing yourself in the same trap over the course of several strokes.

2) This may sound like a no brainer, but using the correct club is extremely helpful in getting your ball out of the sand trap. Remember that the sand trap is less than desirable terrain from which to hit a ball, with that being said, using a pitching wedge, sand wedge, or other high lofted club you have the best shot at not only getting your ball out but at having some control over where it goes once this is accomplished.

3) Follow through. Let me say this again; follow through with your shots, even in the sand trap.

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4) Open the clubface, by rotating the club head. This increases the loft and increases the chances for a soft landing.

These tips are not foolproof nor are they one size fits all. Golf is a sport that is largely based on fit and feel. If it feels right for you, then it is probably the way to go. I still encourage you to strongly consider employing a pro golfer to assist you in finding what works best. If that is not the course you wish to take or feel you can take at the moment, I hope this helps.

Edward Charkow is the administrator for Golf Swing Analyze. For more information please visit:

<http://www.golfswing-analyze.com>

### **Avoiding The Golf Traps**

**By Ken Snowie**

It's every golfer's worst-case scenario - You're golfing great, you've got a perfect swing, the perfect stance, and you were able to get rid of that slice that's been on your back. NO matter how well everything goes, even the best golfer can find himself (or herself) occasionally stuck in a sand trap, stuck in the grass or trapped behind a giant tree on the golf course. Unfortunately, the traps are what make the game interesting. Without them, the game would probably become boring for even the most devoted golfer. Obstructions help to make golf a more interesting and challenging game, and you'll learn to appreciate the traps when you find the best ways to get out of them.

The odds that your golf ball will roll to a stop right behind a tree are slim, but it does happen. There are ways out of this situation. You could chop down the tree, or drill a hole in the tree large enough to hit your ball through, but that's probably not going to make the maintenance crew of the golf course very happy.

A lot of golfers just sacrifice one putt so that they can place the golf ball in a more favorable position. How well this works depends on your ability as a golfer, and what you're willing to risk on one play. If there is another tree close by, you can try a ricochet shot, but it's not very reliable. You can't judge where the ball will go once it hits the rough bark of the tree.

A good solution is to practice a curve ball before you get into this situation, so that you'll know what to do when the time comes.

Sand is a whole other problem completely on the golf course. Many golfers opt for the "whack and see" technique. To do this, pull a sand wedge from your golf bag, hit the general vicinity of the ball, then watch the sand to see if your golf ball takes flight as well.

Consistency is the crucial to your golfing game on the whole, and getting out of a sand trap is not exclusive to this. It is hard to control a golf ball in the sand. Golf balls don't really roll in sand and difficult to control a putt from a sand trap. In addition, you are probably going to be dealing with an upward slope of the trap before you're out on the course again. Therefore, the only really dependable

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way to get out of a sand trap is to use the wedge and try to get enough lift on the ball to clear the sand.

Make sure that you choose your wedge cautiously. Keep in mind that you want enough lift to clear the sand. However, less lift is usually easier to manage.

No matter what obstacle you're facing on the golf course, having good control of the ball, choosing the right club for the job, and setting up your shot just right are the ways that you will be able to get out of those sticky situations on the golf course.

If you would like to know more about golf visit

<http://www.golfrevealed.info>



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