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Golf Swing Secrets Of Successful Players

By David Ferrers

You can have a golf swing which will grind out powerful and accurate shots just like a champion, let me tell you how.

The golf swing of a successful player differs from that of an ordinary player in two main respects; it is both correct and well grooved.

What do I mean by a correct golf swing? I mean that when the player swings the club with maximum power their body moves through a series of linked positions which enable them to control the club and thus achieve accuracy. Conversely, when an ordinary golfer tries to exert power they throw their body into incorrect positions and lose control and power.

A good golf swing is actually made up of a series of movements each of which positions the club correctly. It is this ability to make the correct body movements that allows the player to position the club correctly.

These different positions of the golf swing are not hard to achieve. The difficulty for most players is stringing them together and then keeping them together when they try to hit the ball hard.

If your golf swing tends to become erratic the moment you try to hit the ball hard you need to go back to basics. No, you don't have to start learning all over again, but you do have to analyze each position and make sure that it is correct.

Then, once you know that each position is as it should be, you can start to link them together into an entire swing. And that is what I mean by well-grooved. The linked-together golf swing repeats itself time and again, even under the greatest pressure.

When you watch a really successful golfer swing the club you will notice that they all have a routine. The way they set up to the ball is always the same. Their pre-swing routine is always the same. The actual golf swing always looks the same – except when they make a poor shot. Then you will notice that they look off balance and their body is often leaning over as they anxiously watch the flight of their

ball.

The easy way for an ordinary golfer to achieve a correct and well-grooved golf swing is to develop a mind movie of their swing. Then, simply by running this mind movie every time you set up to the ball you will set your well grooved swing in motion. This is what Jack Nicklaus always did.

You can learn how to do build your own golf swing mind movie by going to the Google Internet search engine and type in the words 'golf mind movies'. There you will find a number of sites which will tell you how to develop a powerful and accurate golf swing that repeats even under pressure.

David Ferrers wrote The Golf Swing Mind-Movies Power Pack one of ClickBank's top selling publications – read more here:

<http://www.Thegolbandit.com/golf-swing-Mind-Movies.htm>

He

researches and writes quick, easy-to-use ways to play golf well.

Which Golf Tips Should You Listen To?

By David Ferrers

There are good golf tips and bad golf tips. The question is, "how do you decide which golf tips to listen to?"

This question has been brought home to me recently because a good friend took up golf about two years ago. He has really caught the bug and plays several times a week. He also has lessons and practices frequently. Whenever we play together he is constantly asking for tips and advice about his swing.

It is my belief that you should only give a player a golf tip if you are sure that it will fit in with the rest of his swing. I have seen far too many players lose their swings when trying to adopt a golf tip which simply does not fit in with everything else that goes on when they swing the club.

OK, I know, there are certain golf tips which are universally sound, like, "keep your head still." But equally there are plenty of other golf tips that can be ruinous even when given with the best of intentions.

In particular I recall a good player with whom I'd played many rounds who always drew the ball right to left, usually with good control. One day when his draw was a bit exaggerated, his partner suggested this perfectly sound golf tip: "You know, if you were to keep your right elbow well tucked in on the downswing you would lose that nasty hook."

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The suggestion was well meant. However, for a player who had a well grooved habit of swinging slightly over the top of the ball, as Arnold Palmer was wont to do, it proved to be one golf tip too much. He became so conscious of his right elbow that it threw the whole of the rest of his swing out of shape and it took him months to get it back again.

The point is that the golf tip didn't fit in with the rest of his swing.

This is a mistake that many golfers make. They listen to all the golf tips out there and try to adopt them all in their desperate search for a good swing. It is my belief that your aim should be to groove a golf swing that will give you streams of straight and long golf shots by modelling your swing on one set of advice. Then you should develop a mind movie of that swing so that you can reproduce it whenever you play a shot.

Think how long some of the most famous partnerships between players and their swing coaches have lasted. Think of Jack Nicklaus and Jack Grout, Tiger Woods and Butch Harmon, Nick Faldo and David Leadbetter to name but a few. All these great players relied on one coach's vision of their swing to keep their mind movie in shape. They did not go asking for golf tips from other players.

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