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**Golf Tips - Tips To Improve Your Putting**

**By Ally Canaway**

If you are seriously considering lowering your scores, then you must take your putting seriously, as

roughly half the strokes you play in a round of golf are likely to be on the putting green. However good you are at driving, pitching and chipping, if your putting is not up to standard, you will never make the next level. My Dad told me the famous quote when I was probably about 12 or 13, 'Drive for show putt for dough', this says it all! That is why it is quite incredible that putting is not often concentrated on.

Tips for setup:

First of all I'd just like to say that there is no one correct putting grip/posture/stroke, there are wide variations, so if your technique is different, don't worry, some of the top golfers have very different putting actions e.g. Bernhard Langer, Ben Crenshaw and Tom Watson all have very different techniques. These are basic tips that can be applied to most techniques to help improve your game.

An ideal putting stroke should strike the ball on the up, to do this the ball should be placed opposite the inside of the left heel (for a right hander), this results in the ball being hit on the up and top spin is generated.

In relation to setup, the hands should be either inline with the ball or ahead of the ball, if the hands are behind the ball, then a clean consistent strike of the ball is not likely, and the common result is the ball popping up in the air.

Tension on the green is one the most destructive things that can happen to your putting, especially with the short putts, this is known as getting the 'yips', this is caused by moving during the stroke. This causes you to 'fluff' your shot and miss your putt. To avoid this happening, concentrate on the spot where the ball was after impact rather than following the ball. This ensures that you do not move your head during impact and will help give you the clean smooth impact you require.

A simple technique to reduce the tension in the body and the stroke is simply to let your arms dangle in front of you before you putt and gently shake them. This should relax your muscles enabling an enhanced sensation of feel and touch, both vital for reliable consistent putting.

## Golf Tips – Tips To Improve Your Putting

### Tips for the swing

Your grip should not be too tight, and your arms should be relaxed. Gently and smoothly in a one piece action, sweep the putter backwards. It is important to keep the triangle formed between your arms and the line joining your shoulders consistent through the whole shot and the shape should not change. The move backwards should be like a pendulum movement with your arms, while your wrists remain stiff. A good tip for making sure that this is correct is by starting the action by dropping your left shoulder; this will get the pendulum motion started.

Keeping the triangle mentioned before in tact, in a pendulum motion, accelerate the putter smoothly through the ball; the ball should be hit on the up. Throughout this whole period, keep your eyes fixed on the ball to avoid fluffing the putt and keep the eyes fixed on that spot after impact.

It is vital after impact that the left wrist remains firm and does not break; the follow-through should go inline with the direction you were aiming and should be the same length as the backswing.

### Key points

Try and relax before playing the stroke, this will help enhance your feel and touch and help avoid the yips due to excess tension

The stroke should be a pendulum action swinging with your shoulders and arms while the wrists remain stiff.

Don't move your head during the swing.

Swing in a relaxed smooth fashion with a smooth and constant rhythm.

Keep the wrists firm throughout the stroke.

Play the ball from underneath the eyes.

Have the ball in the front of the stance to ensure that the ball is hit on the up.

Discover amazing free golf tips and secrets to help you take your game to the next level and shave a minimum of five shots off your best round. Visit

<http://golf-tipsandsecrets.blogspot.com>

### **Which Golf Tips Should You Listen To?**

#### **By David Ferrers**

There are good golf tips and bad golf tips. The question is, "how do you decide which golf tips to listen

to?"

This question has been brought home to me recently because a good friend took up golf about two years ago. He has really caught the bug and plays several times a week. He also has lessons and practices frequently. Whenever we play together he is constantly asking for tips and advice about his swing.

It is my belief that you should only give a player a golf tip if you are sure that it will fit in with the rest of his swing. I have seen far too many players lose their swings when trying to adopt a golf tip which simply does not fit in with everything else that goes on when they swing the club.

OK, I know, there are certain golf tips which are universally sound, like, "keep your head still." But equally there are plenty of other golf tips that can be ruinous even when given with the best of intentions.

In particular I recall a good player with whom I'd played many rounds who always drew the ball right to left, usually with good control. One day when his draw was a bit exaggerated, his partner suggested this perfectly sound golf tip: "You know, if you were to keep your right elbow well tucked in on the downswing you would lose that nasty hook."

The suggestion was well meant. However, for a player who had a well grooved habit of swinging slightly over the top of the ball, as Arnold Palmer was wont to do, it proved to be one golf tip too much. He became so conscious of his right elbow that it threw the whole of the rest of his swing out of shape and it took him months to get it back again.

The point is that the golf tip didn't fit in with the rest of his swing.

This is a mistake that many golfers make. They listen to all the golf tips out there and try to adopt them all in their desperate search for a good swing. It is my belief that your aim should be to groove a golf swing that will give you streams of straight and long golf shots by modelling your swing on one set of advice. Then you should develop a mind movie of that swing so that you can reproduce it whenever you play a shot.

Think how long some of the most famous partnerships between players and their swing coaches have lasted. Think of Jack Nicklaus and Jack Grout, Tiger Woods and Butch Harmon, Nick Faldo and David Leadbetter to name but a few. All these great players relied on one coach's vision of their swing to keep their mind movie in shape. They did not go asking for golf tips from other players.

David Ferrers wrote *The Golf Swing Mind–Movies Power Pack* one of ClickBank's top selling publications – read more here:

<http://www.Thegolfbandit.com/golf-tip-Golf-Mind-Movies.htm>

He

researches and writes quick, easy-to-use ways to play golf well.



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