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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

"Good-Bye To A Friend"

By Jo McNamara

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It's strange, but I lost a "friend" on Sunday, February 3, 2002. You might be thinking, "What's so strange about that? It's unfortunate, but it's a fact of life that we will see friends pass away."

What's so strange is I never met this "friend."
Yet this gentleman touched my life in ways I'm still discovering.

The gentleman was Dale Armin Miller, creator of the Internet Marketing Success Arsenal.

I have been a member and affiliate of the Success Arsenal since June 2001. I became a member after reading one of Dale's articles, which I thoroughly enjoyed. Dale was able to inject his humorous, no-bull, down-to-earth personality into his articles. Read a few of them and you felt like you knew Dale.
>From his words, you were able to form a mental image of the person.

Dale and the Success Arsenal took someone who had been kicking around with Internet marketing for nine months and taught her how to become a serious promoter.

Because of the Success Arsenal, I took a hidden, life-long desire and acted on it, I started writing.

It was through writing, I discovered a side of myself I didn't know existed. I treasure that discovery.

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It was through writing articles, I gained the kind of self-confidence that is achieved by seeing a dream blossom and thrive.

It was through writing articles, I was privileged to meet some wonderful human beings that otherwise I would not have met.

The follow-through was mine; the courage to start I attribute to Dale.

In the cold, sterile world of CyberMarketing, I never felt alone. Where others stumbled blindly, I had 20-20 vision. When everyone else was scrambling for their first sale, I was receiving commission checks every month.

This I attribute to Dale Armin Miller.

I have carried joy in my heart for achieving on the Internet what I set out to do. Now I must make room for sadness as I grieve for my "friend", the one I never met.

This article is dedicated to the loving memory of Dale Armin Miller.

Your One Year-Old's Development

By Adwina Jackson

The first birthday is always exciting to celebrate. If you're a new parent, this event always lingers in your mind and you just probably can't wait to invite your families and friends to have fun in the extraordinary occasion.

Day after day, you've seen them growing bigger and smarter. Each time they're able to reach the next developmental stage, you and your spouse are indulged in great happiness.

One of the most cheering moments about this is when you see them make their first steps alone. You'll get into the unspoken emotion just like other parents do.

However, some of you perhaps haven't been going through this feeling as your one year-old baby isn't able to walk yet. Actually, you shouldn't be worried about this. Each child is unique and has a different development from the others.

Then, what things babies can do when they reach their first year of life? Generally, here they are:

1. Take their first steps alone – Once you see them walking, you'll be surprised on how far they can walk without your hand on theirs guiding. Sometimes they tiptoe, and it's exactly a funny and incredible thing you shouldn't miss out. Get a camera to capture the moment!

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2. Say 'mama', 'papa', 'dada' – Encourage your babies to talk by always talking, too. Most babies can say the three words mentioned when they're one year-old, even though they probably don't understand the meaning of them yet.

3. Understand simple instructions – It's exciting to see your babies understand what you want them to do. When you say 'bye-bye', they will abruptly move their hands and make the bye-bye gesture. Or, when you tell them to look at you or your spouse, for example 'where's Daddy?', they'll move their head and look into their daddy's eyes. Of course you need to stimulate them over and over to make them recognize which one is which.

4. Point at things they're interested in – Your babies will point at objects they're fond of. They'll also say 'ooh' while pointing, making the 'target' precise.

5. Move their hands and body rhythmically to a music played – Some babies begin to 'dance' between the ages of 7–10 months-old. Whenever they listen to music, especially the one that they love, you'll grin as you see their hands and body flourishing along the tune.

If your babies don't do the things above, again, no need to worry. They'll reach the stage in several weeks or months. Develop the bonds of love between the two of you.

Enjoy the moments you all have together with the kids. Happy first birthday to your babies!

Adwina Jackson is a wife and mother of a young boy. She's also the editor of Inspiring Parenting, an online source of valuable parenting information. Please visit

for

helpful and free parenting info. Observe your children's health, growth and development by clicking the website.

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