

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Got Attitude?

By Kathryn Lord

Got Attitude?

by: **Kathryn Lord**

Probably you do have attitude, but what is it? Jaded, self-protective? Frightened? Is "scared to death" too strong?

What you want, a plan to get there, and an attitude to match is vital for partnering success. Think about it: if you are sure that what you are doing won't work, chances are very good that you will be right.

It's like planning a trip to where you really don't want to go, but it is the only route you know. Who wants to spend their vacation in the city dump? That's just what you are deciding to do if you are saying things to yourself like "There are no good men out there," or "Women are just looking for a fat wallet," or "It's not going to work, so why try?" You can be sure with those kinds of attitudes, you won't find any good men, or will just find gold-digging women, or you won't get anywhere at all.

Do you know how, when you suddenly become interested in something, you start noticing it everywhere? A few months ago, I got a sudden inspiration that I wanted a white convertible, right out of the blue. And then I started noticing convertibles. Never knew that there were so many of them around, but then again, I hadn't been looking before. It's the same way with those PT Cruisers -- I think they are as cute as a button, and I notice them. I do not notice Cadillac's or Chevrolets or BMW's.

That's the way it works with attitude and dating. You get a "destination" in your mind, where you are heading, and then, both consciously and unconsciously, you notice things and make choices that get you there. So it is very important, if you want success, to have success as your destination.

I am convinced, that for everyone who wants one, there is a perfect mate Out There. And, if you are looking, it is crucial for you to believe that too.

The question is where this person is, finding him or her, and how long it will take. Those are the real questions.

Got Attitude?

So can you believe? Can you adopt an attitude of bemused curiosity? Of wondering who your sweetheart will be and when and where he or she will manifest themselves? Of readying your life to accommodate sharing with another? Of hopeful expectancy? Of an opening to possibility and an acceptance of what is to come?

Just try an Attitude Adjustment and see what happens.

Kathryn Lord, Romance Coach / Helping Singles Find A Sweetheart!
eBk: "Find A Sweetheart Soon! Your Love Trip Planner for Women"

Purchase ebook at:

Teleclasses: "Find A Sweetheart Quick Start" & "Platinum Profiles"
Stay current with my complimentary eNewsletter *eMAIL to eMATE*
Subscribe at

/ email:

4870 Oak Ridge Road, Vicksburg, MS 39183 / Ph.601-619-0030

Think and Grow Well

By World Image Naturals, Inc.

It is important to your health to keep a positive attitude. Your mental attitude is directly connected to your physical state. You've heard the saying "you are as young as you feel." It turns out there is something to it.

Your attitude affects your body down to the cellular level. Your cells are intelligent. They listen to you. Tell yourself you are greatly ill and your cells will begin to act accordingly. When you believe something terrible is going to happen to you, your cells respond with tension, rapid heartbeat and pulse, and an increase in the flow of hormones and chemicals that prepare you for an emergency. These responses can be harmful if they are triggered unnecessarily or too often.

On the other hand, a positive attitude can help create a state of health and well-being. Each time a negative thought or feeling comes over you, counter it with a positive one. Keep it up and it will become a healthy habit. Your cells will reward you with health and mental fitness.

Copyright © 2004 World Image NaturalsTM, Inc. All Rights Reserved.

World Image NaturalsTM is a nutritional supplements manufacturer of additive-free products. Informative articles are posted regularly to a Health & Fitness Weblog available at

.

Got Attitude?

Related Content:

Think and Grow Well

Looking Briefly at Our Attitude

Attitude Attracts

There is Attitude and Attitude

Achieving Success Through Attitude

Read more Content at

Related Products:

Motivate Your Way To Success

Mind Power Creative Thinking

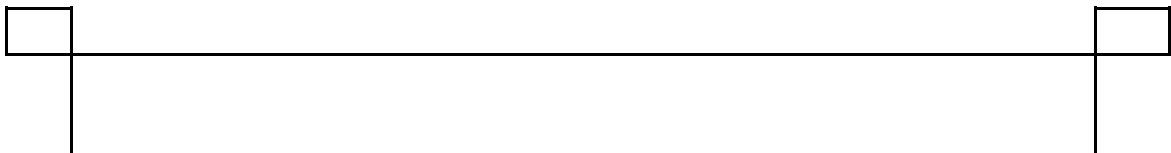
The Ultimate Guide To Acing ANY Job Interview

Forum Fortunes – Make a Living with Online Forums

: A genuine resource center for Quality Ebooks and Softwares



This Free E-Book has been brought to you by Natural-Aging.com.



Got Attitude?

100% Effective Natural Hormone Treatment

**Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**