

This Free E-Book is brought to you by Natural-Aging.com.

**[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

Grand Italian Wedding Traditions

By Sarah Williams

Couples who are of Italian descent may choose to incorporate a variety of Italian traditions into their

wedding even if they have never even set foot on Italian soil. This is a fun way to honor your ancestors with a nostalgic glimpse into the past. The religious aspects, dances and food at a wedding may all hold traditional values.

The dominant religion in Italy is Roman Catholicism. Therefore a traditional Italian wedding would also be linked to a traditional Catholic wedding and would include a full Mass with the ceremony. Although, not all Italians are also Catholics and if you and your future spouse are not Catholic you can still have a traditional Italian reception to celebrate your marriage. Immediately after the wedding ceremony the couple may release a pair of white doves. These doves symbolize the love and affection that the couple hold for each other.

There are a few other small traditions that apply to the ceremony. One of these traditions is to adorn each entry way that the couple will pass through with elaborately tied ribbons. These ribbons are symbolic of the unity of the couple. It is also customary for the groom to carry a small piece of iron in his pocket during the wedding ceremony. This piece of metal is said to ward off evil spirits and ensure a happy future for the couple. The bride may also rip her veil slightly. This is said to bring good luck to the couple.

The reception that follows the wedding ceremony is where the majority of Italian traditions take place. It is customary for the guests to assemble in the reception room before the bride and groom arrive. You should arrange for your guests to be served alcoholic beverages during this time. The women are traditionally served sweet liquors while the men are served stronger drinks. It is important that these drinks be served before the couple arrives at the reception because tradition holds that the guests offer a toast to the bride and the groom the moment that they arrive at the reception.

There are a few traditional dances that are typically performed at traditional Italian weddings. The Tarantella is one example of these dances. There are several different stories on the origin of this dance but most of the stories revolve around a spider bite. In just about every version of the story, la tarantella was a dance that was performed either to counteract the venom of the spider or as an

Grand Italian Wedding Traditions

uncontrollable response to the venom. In modern times this dance is performed as a way of wishing the couple good luck in their future together. La Tarantella is a group, circle dance where the participants dance in a clockwise direction until the music speeds up and then they reverse directions. These tempo changes occur several times and each time the tempos speeds up the group changes direction again. This continues until it is impossible to keep up with the tempo of the music.

No authentic wedding would be complete without a scrumptious feast featuring several courses. A traditional Italian wedding reception begins with an antipasto course that features olives, pickled sweet peppers, mushrooms and cheeses. That is followed by many other courses that include pastas, meats, soups, salads and desserts that are each accompanied by free flowing wine. There are certain foods that have symbolic meanings. For example guests are usually presented with an odd number of almonds. The almonds represent the fact that marriage is often bittersweet. They are presented in odd numbers that have different traditional meanings. For example three almonds wish the couple luck with children while five almonds wish the couple monetary wealth.

Another Italian wedding tradition is to have the couple break a glass or vase at the conclusion of the reception. The Jewish faith has a similar tradition where the groom will break a wine glass at the conclusion of the ceremony but these traditions vary in their intentions and symbolism. Jewish couples break a glass as a symbol of human frailty and the hardship that their ancestors have endured because of their faith. An Italian couple, however, breaks a glass or vase for a completely different reason. According to Italian tradition the number of pieces that the glass breaks into represents the number of happy years that the couple will enjoy together.

It is fun for couples of Italian descent to incorporate traditional elements into their wedding. Even if the couple only has distant relatives that originated from Italy and have never even been to Italy, it is still acceptable to follow these traditions. Couples of other nationalities may also choose an Italian themed wedding just for the enjoyment of trying something different.

Ex-Wedding Planner Assistant Reveals How Anyone Getting Married Can Put At Least \$2474.11 Back Into Their Pockets... Get more details at

<http://www.weddingsguru.com>

You may reproduce this article

as long as the hyperlink is accompanied with it.

Important Steps In Your Wedding Program

By Ken Donald

You have probably heard of others who have used one. A wedding program. Do you really need one to manage your upcoming wedding? It all depends on how big a wedding you are planning. A regular wedding has thousands of things and stuff who needs to be taken care of on the right moment. If each

Grand Italian Wedding Traditions

thing is not done at the proper time and place, the whole wedding can get side tracked and course a lot of trouble.

You need to take care of wedding invitations in good time before the wedding. The invitation of your guests is very important to get done early in your preparations. Things like wedding flowers for decoration, the wedding dress for the bride, ordering a wedding band perhaps, etc.. The list goes on and on. Planning your wedding can be difficult on a piece of paper. You really need a plan where every aspect has been thought of.

You also have to think about wedding favors, wedding rings and wedding accessories. Not to forget your honeymoon? Where should you go on this special occasion?

You have to think ahead. Try a search on the internet for wedding programs. You can find information in abundance. It is all out there on the internet online: wedding music, wedding photographers, wedding ideas and wedding cakes, etc.

With the wedding process written down on paper step by step, you are in control of the situation. And you know that you can relax and even enjoy the process from beginning of planning and all the way to your grand wedding day.

If your budget is a bit tight and your wedding program must save money where it is possible, you can make your own wedding invitations, and perhaps you know someone who can make the wedding flowers for example. The wedding party could be held at a less expensive place. The great thing about doing many things yourself is the personal touch you wedding will get. Great idea for creative people.

A wedding program is the most important step to stay on track from start to finish. Planning a wedding is no easy task to manage. Get a wedding program, and make that special wedding day perfect.

Thank you for your time.

You can find more wedding information and mostly about wedding programs at

<http://www.wedding-programs-e.com/index.html>

. Check it out!



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!