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**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Grandparents --- Homeschool Your Grandchildren And Feel Younger**

**By Joel Turtel**

Grandparents, what better way to stay close to your grown children than to advise them about

important issues like the dangers of public schools for your grandchildren? What better way to feel younger if you offer to help homeschool your grandchildren?

When your children grow up and get careers of their own, that doesn't mean you have to be lonely in a big, empty house and lose contact with your kids. Helping to homeschool your grandchildren can be a wonderful way for you to stay in close and loving contact with your grown children and grandchildren. You can be a loving part of the family again.

If you read "Public Schools, Public Menace," tell your grown children about how your grandkids are in real danger by going to public schools. Don't let your grandchildren's mind's, self-confidence, and love of learning go to waste in public schools. Give your grown children the book to read.

Even better, then offer to help watch the grandkids and homeschool them if your grown children and their spouses work. Who better to help your children and adorable grandchildren than you? Doing so could make your retirement years the happiest years of your life.

You have so much wisdom and knowledge that you have accumulated over the years. You have so much love you still have to give. How your children would appreciate your love and help with your grandchildren! If you helped homeschool your grandchildren, what a wonderful gift that would be for your children, your grandkids, and most of all, yourself. Think about it.

Joel Turtel is the author of "Public Schools, Public Menace: How Public Schools Lie To Parents and Betray Our Children." Website:

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## **Practicing, "Bringing Generations Together"**

**By Don Schmitz**

### **Practicing, "Bringing Generations Together" by Don Schmitz**

Sharing ourselves with younger generations keeps us young.

Childtrends reports 47% of all grandparents provide child care assistance with young grandchildren living nearby and a growing number of grandfathers are getting involved as well. I found this fact rather surprising, a higher number of grandparents who are employed and live close to their grandchildren provide child care than those who are retired. Childtrends also reported that approximately 1 in 5 grandparents are being paid for their help.

What do all these information mean? Families need the assistance of family and close friends and we can all benefit from time together. More than one of our friends who are grandparents have made the decision that they want to live close to their grandchildren, sold their houses and moved closer to their families. Another couple reported taking their son and five other young adults to the Boundary Waters. Most of these teenage children had never been fishing or had the experience of eating fresh fish over the open fire.

This past month, I enjoyed the opportunity of getting together with two of my son's, two of my brothers, four of my cousins, my father and friends on a trip to Lake Milac, MN. We spent the day on a launch, caught two fish and had a wonderful time catching up on life experiences. Summer is not over. There is still time for you to "Bring Generations Together." Make plans now! If you have read or personally experienced the benefits of spending time with children, we would love to hear your story.

Don Schmitz is a popular speaker and writer on parenting and grandparenting. He is the author of *The New Face of Grandparenting ...Why Parents Need Their Own Parents* and founder of *Grandkidsandme*, which includes: Grandparent Camps and Grandkid Days. Don holds graduate degrees in Education, Administration, Human Development and father to three sons and seven grandchildren. Contact [Don@grandkidsandme.com](mailto:Don@grandkidsandme.com).



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