

This Free E-Book is brought to you by Natural-Aging.com.

**[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

Ground Breaking Book Busts Myth of Breast Implant Surgery

By Julie Walker

Reveals New World of Options to Women Looking to Increase Their Breast Size

A newly released book explodes the common notion that implant surgery is the only way for women to increase their breast size, revealing over 12 alternative techniques, involving massage, simple exercise, diet, herbs and creams.

"To All Women Who Want To Enhance Their Breasts Naturally, But Don't Know How To Start" describes and details the most important breast enhancement techniques from every corner of the world. Author Yvonne Lee, provides an unbiased pro-and-con analysis of each technique, in addition to practical information such as how and where to get it, cost, and potential impact on insurance coverage.

The ebook version of the book is now available at:

<http://www.breastenhancementbook.com/ebook/>

"It's about time someone wrote a book outlining all of the different options women have to enhance their breasts," said Cynthia M. Goodman, Chief of Plastic Surgery at Marin General Hospital in Greenbrae, California. "Yvonne's extensive research on the subject will really help any woman and I will definitely recommend it to my patients."

"In an age where the only publicized way to enlarge your breasts is the 'Pamela Anderson way' — through implants," said Lee, "I want women to know that there are dozens of other choices. However, I want women who are contemplating augmentation surgery to know that this book contains the critical information they need as well."

Lee's book is the result of over 600 hours of researching and cataloging dozens of options for women looking to achieve size and shape augmentation to their breasts. It includes special diet and exercise programs, massage techniques and a comprehensive list of the benefits and properties of breast

enhancement creams and pills.

The book chronicles modern and ancient techniques from around the world and Lee points out the techniques can help women of any age.

Lee's book is endorsed by more than 83 highly respected doctors from 28 countries internationally. In addition to the information in her book, Yvonne offers a website which will contain updated information on a regular basis, and readers can opt for personal consultation services with the author as well.

Feel free to use this article on your website or ezine as long as the following information about author is included.

Julie is the customer service guru of ANBES.com. ANBES.com is offering Free Sample, Limited Period Only. Latest Nanotechnology Breast Enhancement Serum That Show Immediate Results In 5 Minutes ... While stock last! Hurry Click Here Now>

<http://www.anbes.com/article/>

Basics Of Breast Augmentation

By Stephen Kreutzer

Breast augmentation is one of the most sought after plastic surgery procedures. Women of all ages, sizes and walks of life get breast augmentation. For some women the choice is a matter of looking better, for others it may be a way to aid recovery after breast cancer. Whatever the reason it is still surgery. Surgery should always be taken seriously and before undergoing this surgical procedure a women should know as much as they can about it.

Breast augmentation is surgery to enhance or change the size or shape of the breast. Women seeking this procedure are cautioned to understand that it will not solve problems they may be having in their life. Unrealistic expectations regarding breast augmentation can lead a woman to regretting her decision. What breast augmentation can do is help the way you see and feel about yourself.

There was once a lot of media attention directed towards breast implants. Silicone implants were found to be susceptible to leakage which could cause health problems. Today the only approved implants are saline implants. Saline is a natural product already found in the body and leakage, if any, is not threatening. Other concerns, however, are still present with saline as with silicone.

There are always risk with surgery. General risks can range from infection to anesthesia problems. Complications that are specific to breast augmentation include, loss of sensation, problems being able to breastfeed in the future, and hardening of the implant. The most common complications are breast pain and numbness. The most serious complication that can occur are toxic shock syndrome, implants breaking the skin and skin dying.

Ground Breaking Book Busts Myth of Breast Implant Surgery

The long term look at breast augmentation shows that many patients will have a need for at least one additional surgery within 10 years. There have not been studies to indicate how long an implant will last, but it is proven that they can break.

Breast augmentation is an expensive procedure. Most insurance companies do not cover this surgery. It is very important to understand why you want the surgery, what results can be achieved and what long term effects can occur. Reversing the surgery means extra pain and money.

Stephen Kreutzer is a freelance publisher based in Cupertino, California. He publishes articles and reports in various ezines and provides breast augmentation resources on Breast Augmentation Facts!

<http://www.breastaugmentationfacts.info>



This Free E-Book has been brought to you by Natural-Aging.com.

**[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**