

HOT TOPIC: PATENT-PROTECTED ANTIOXIDANT CAN HELP DURING SLEEP

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

HOT TOPIC: PATENT-PROTECTED ANTIOXIDANT CAN HELP DURING SLEEP

By Dr. Nikos Linaardakis

HOT TOPIC: PATENT-PROTECTED ANTIOXIDANT CAN HELP DURING SLEEP by Dr. Nikos

Linaardakis

HOT TOPIC: PATENT-PROTECTED ANTIOXIDANT CAN HELP DURING SLEEP

Tharos Laboratories, Inc. introduces NYTEXTM Natural Sleep Supplement with a powerful antioxidant ingredient, PROCIDINTM

BOSTON, MA—Tharos Laboratories, Inc. (TLI), a nutraceutical and phytochemical ingredient company, today announced the introduction of NYTEXTM, an innovative sleep supplement that contains a fruit-derived antioxidant ingredient, PROCIDINTM and additional ingredients that address all phases of sleep, promote daytime alertness, and have additional health benefits.

"Clinical studies have shown that antioxidants help reduce oxidative stress," says Nikos Linaardakis, M.D., founder and CEO of TLI. "During sleep, we want to oppose oxidative stress and rejuvenate the body. NYTEXTM is a ground-breaking product to help people attain optimal health during the most important cycle of life—their sleep cycle."

"Sleep is a growing topic of interest, and the science of sleep has gained international attention over the last several years. Sleep deprivation has been known to contribute to health issues such as weight gain and problems with daytime alertness. Most recently, this important health issue merited the December 20th cover story of Time Magazine." Says Norman Wainwright, Ph.D., Director of Research and Development for TLI.

NYTEXTM: THE NATURAL SCIENCE OF SLEEPTM

NYTEXTM addresses all phases of sleep, including relaxation, sleep initiation, sleep maintenance, and rejuvenation of the body, leading to stable sleep architecture. By introducing the first sleep supplement with a natural antioxidant derived from fruits, NYTEXTM removes the catalysts of irritation and restlessness at bedtime, helping to achieve restful, calm sleep. Antioxidants support the immune system and help restore the body's internal equilibrium by fighting off free radicals that are continually

HOT TOPIC: PATENT-PROTECTED ANTIOXIDANT CAN HELP DURING SLEEP

released through normal processes in the body. TLI's PROCIDINTM in NYTEXTM, is unlike any other antioxidant on the market. It is extracted through intricate processes from wild blueberries and select varieties of grapes to create a highly concentrated antioxidant.

PROCIDINTM contains proanthocyanidins, the natural phytochemicals that have been studied for their health benefits, and demonstrate a number of valuable properties:

- Maintains immune system health
- Promotes cardiovascular health
- Supports urinary tract health
- Provides antioxidant and neuroprotective support

"We see the antioxidant-enhanced NYTEXTM as a breakthrough product for the sleep health market.

NYTEXTM is a great natural alternative as a first choice approach to restful sleep, without the use of prescription medications," says Dr. Linardakis, who is also a physician and scientist, and worked with researchers at the Sleep & Behavior Medicine Institute of Chicago studying the phases of the sleep cycle.

PROCIDINTM has been over a year in development, and NYTEXTM is the first supplement to introduce its blend of ingredients to the supplement market. NYTEXTM sleep supplement and the ingredient PROCIDINTM were formulated by physicians who have researched sleep issues such as anxiety, sleep apnea, restless leg syndrome/movement disorders, jet lag, insomnia, and pain related conditions. In addition to PROCIDINTM, NYTEXTM, contains other natural, pharmaceutical-grade ingredients that have been clinically shown to restore normal sleep patterns.

NYTEXTM also includes:

Melatonin—a hormone naturally released by the body's pineal gland to promote deep, calm sleep and keep the circadian cycles in tune

Vitamin E—a powerful antioxidant vitamin shown to increase the efficiency of melatonin in aiding sleep

Suntheanine® amino acids—proven to help with relaxation and to restore restful sleep

Vitamin B complex—to help induce sleep and act as cofactors in important biochemical reactions in the body

Valerian root extract—a relaxant herb known to have calming effects on the nervous system

The right combination and proper dosage of each ingredient in NYTEXTM allows people to relax, fall asleep, sleep peacefully, and wake up feeling rejuvenated and not groggy. NYTEXTM can be taken for jet lag, irritation at bedtime, restlessness through the night, and to restore normal sleep patterns.

Tharos Laboratories, Inc. is launching a sleep educational campaign and advertising NYTEXTM through TV, radio, and magazines in 2005. NYTEXTM is available for purchase online at www.BuyNYTEX.com, through call centers (866-NYTEX-4-U), and at specialty retail stores nationwide. Dr. Nikos is available to speak on various issues relating to sleep. (i.e. sleep and diet, sleep and weight gain, sleep and stress). To request NYTEXTM product samples, photos, and additional information, please contact Rachel Clementi.

HOT TOPIC: PATENT-PROTECTED ANTIOXIDANT CAN HELP DURING SLEEP

About Tharos Laboratories

Tharos Laboratories, Inc. is a nutraceutical and pharmaceutical ingredient and retail finished product company focused on extracting naturally occurring phytochemical compounds derived from plant sources. TLI creates high-grade, physician formulated and effective nutritional supplements with clinically-recognized health benefits.

If you would like more information about Tharos Laboratories, Inc. and its Products, please contact Customer Service, Email: Info@TharosLabs.com, visit www.TharosLabs.com, www.BuyNYTEX.com or call 1-781-793-9041.

Contact:

Rachel Clementi

Tharos Laboratories, Inc.

781-793-9041

email: Rachel@TharosLabs.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CEO of Tharos Laboratories, Inc. – a nutritional supplement company
Published author of over a dozen books, including *The World of Children's Sleep*
Former Editor-in-Chief of McGraw-Hill Companies, Health Sciences Division in New York.

The Importance Of Getting A Patent

By Edward Bryce

Even if you don't invent things for a living, you might still have a great idea. Chances are, if you actually pursued your invention you will have found that you don't exactly have the resources necessary to produce it yourself. Any plans you create will need to be shipped off to someone else. How, though, can you protect your idea from being stolen?

1. What A Patent Means

First of all, you should know that a patent is significantly different from a copyright. All a patent means is that you have the exclusive rights to profit from a physical invention. Not all inventions are physical. The most common use for patents is for pharmaceuticals and plastics. Things like chemical formulas like aspirin have their own patent for the formula, for example, but the name aspirin will be protected by a copyright instead.

2. Not Everything Can Be Patented

It might be impossible to get a patent if you show off your physical product before you patent it. Furthermore, the more technology and expertise is required to produce the product, the better. Inventions that seem like a no-brainer are more difficult to get a patent for. For example, silly putty.

3. Banned Items

You can't apply for patents on many items – a scientific or mathematical theory or method, a work of art (books, plays, etc. - computer programs are included), a way of doing things (eg. a new business method). Many of these things are, instead, covered by copyright.

4. How To Apply For A Patent

You need to visit a patent office to get a patent. First, apply for a patent for your country with the help of a lawyer under a strict non-disclosure agreement. Depending on where you live this can be absurdly expensive or quite cheap. Next, file for patents you might want for the rest of the world. Yes, you have to file individually for every country in the world. Alternatively, you can use the patent co-operation treaty that allows you to apply once and eventually receive protection in all 126 countries signed up to the treaty.

For more great patent related articles and resources check out



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)

**Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**