

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**HOW TO OVERCOME WRITER'S BLOCK**

**By Craig Lock**

**HOW TO OVERCOME WRITER'S BLOCK by Craig Lock**

Just thought I'd share a few thoughts on how to use the amazing powers of your creative imagination to the fullest in overcoming "writer's block"...

Letting you know that I start all my novels with a BASIC PLOT (plan) and don't have much idea how it's all going to end up ("pan out". I don't use techniques, like "mindmapping" and have found that by writing one chapter at a time then simply "letting go", the story simply flows onto the next naturally (at least I think it does!).

When I get "stuck" for a while, I take a long walk along the stunningly beautiful beaches here, which really relaxes me and then the thoughts simply "flow into my head". This takes hold and I get a clear vision of the next small step ahead (always)– through the amazing powers of the subconscious mind , which is where our INSPIRATION comes from. .. and this leads, impels (nice word!) us into ACTION.

I study and write quite a bit about the amazing powers of the human mind... and truly believe the "powers" are available to ALL writers, when they simply relax and trust their intuition.

"Let Go and Let God, the Universe reveal plot (or ANY IDEA to move forward) to you" through your CREATIVE IMAGINATION...

and it never fails to work for me (in all areas of life, I believe)!

Enough "spiritual thoughts" and back to writing!

Hope this may help in whatever endeavour you choose (artistic or otherwise), as it does me.

## HOW TO OVERCOME WRITER'S BLOCK

Craig Lock

Authors Note:

This short article was a reply to a question in a literary magazine on how I use my creative imagination (or subconscious mind) to overcome writer's block .

N.B: I truly believe we ALL have this amazing power within us (not only writers) and like any skill, it just needs to be developed with practice. The creative imagination can solve any problem you may encounter down

the "river of life".

P.S:

Sorry about all the "eyes" in the article, but didn't know how to write it any other way.

Perhaps I should have left the "problem" to my creative imagination!

" I truly believe we can all create and enthuse magic into 'so-called humdrum little lives'.

You don't just have to be the choreographer, or the conductor of your life script – rather paint your life as the the masterpiece it could (one day) be.

There is a rich tapestry of talent in every human soul, that flows through (and from ), the Source of our Being, the Spirit of God, Life. So don't spend your days stringing and tuning your instrument; start making and playing your unique tunes of music now."

– Craig Lock

Craig LockThe ORIGINAL onlineCreative Writing  
Course<http://www.nzenterprise.com/writer/creative.html>

### **Thawing Your Writer's Block**

**By Mary Anne Hahn**

#### **Thawing Your Writer's Block by Mary Anne Hahn**

When I go through bouts of writer's block, my fingers stiffen, and my brain goes as blank as the snowy screen of a television on the fritz.

## HOW TO OVERCOME WRITER'S BLOCK

I don't know about you, but I picture writer's block as something cold—like the frozen engine of a car in the dead of winter, or the way your PC sometimes "freezes up" on you when your system gets too busy.

Looking at it that way actually helps to overcome it. Rather than feeling like you are grasping at fog, visualizing writer's block as something three-dimensional can provide you with both the strength to confront it, and the weapons to conquer it.

How can you thaw your writer's block of ice? Try any or all of the following:

1. Chip away at it. No need to write "War and Peace" in one sitting; Tolstoy certainly didn't. Fifteen minutes a day are all you need to give your writing dream some life and structure. Use them to write anything, anything at all—as many article ideas as you can think of, a synopsis of a story idea, a climactic scene in your novel, a limerick, a character sketch, step by step instructions for making the perfect omelet or what you would do if you won the lottery.

Have some fun with these 15-minute exercises, and you'll probably rediscover the truth in the adage that "time flies" when you do.

2. Light a match to it. By this I mean, don't think about the fact that you are not currently writing; rather, think about why you ever wanted to be a writer in the first place. Better yet, *\*write\** about why you want to be a writer. Do you have stories burning inside you that need to be told? Or do you see writing as your key to personal fulfillment or freedom? Melt away writer's block by reigniting your passion for writing—the old daydreams, the past feelings of triumph or accomplishment when you finished a piece of work.

3. Carve a sculpture out of it. If you simply can't break it down or melt it away, make something from your writer's block of ice. As I did above, write about how you feel when you experience writer's

block, or what you think writer's block looks like. Maybe look for humor in it ("What did one writer's block say to the other?" "Nothing—it couldn't find the right words!" Okay, that's a bit lame, but you get the idea).

Whenever writer's block tries to come between you and your writing aspirations, don't try to avoid it. Instead, face it head on. Play

## HOW TO OVERCOME WRITER'S BLOCK

with it, laugh at it, scoff at it, or befriend it. Make it something that you can take into your hands and deal with.

Turn it into one more tool that you can use to achieve your writing success.

Mary Anne Hahn is editor and publisher of "WriteSuccess," THE biweekly ezine of ideas, information and inspiration for writers. To subscribe, <mailto:writesuccess-subscribe@yahoogroups.com>



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)  
Menopause, Andropause And Other Hormone Imbalances  
Impair Healthy Healing In People Over The Age Of 30!**